



CHRIST

in your home

First Sunday in Lent

[Stand]

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Leader: Let us call to mind our sins.

Penitential Act

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Leader: Lord, have mercy.

All: Lord, have mercy.

Leader: Christ, have mercy.

All: Christ, have mercy.

Leader: Lord, have mercy.

All: Christ, have mercy.

Opening Prayer

Leader: Let us pray

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen.

LITURGY OF THE WORD

[Only Reader Stands]

Reader: A reading from the Book of Genesis

God said to Noah and to his sons with him:

“See, I am now establishing my covenant with you

and your descendants after you

and with every living creature that was with you:

all the birds, and the various tame and wild animals

that were with you and came out of the ark.

I will establish my covenant with you,

that never again shall all bodily creatures be destroyed

by the waters of a flood;

there shall not be another flood to devastate the earth.”

God added:

“This is the sign that I am giving for all ages to come,

of the covenant between me and you

and every living creature with you:

I set my bow in the clouds to serve as a sign

of the covenant between me and the earth.

When I bring clouds over the earth,

and the bow appears in the clouds,

I will recall the covenant I have made

between me and you and all living beings,

so that the waters shall never again become a flood
to destroy all mortal beings.”

[Gn 9:8-15]

The word of the Lord.

All: Thanks be to God.

RESPONSE: Your ways, O Lord, are love and truth to those who keep your covenant.

All: Your ways, O Lord, are love and truth to those who keep your covenant.

Reader: Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior. **Response**

Remember that your compassion, O LORD,
and your love are from of old.
In your kindness remember me,
because of your goodness, O LORD. **Response**

Good and upright is the LORD,
thus he shows sinners the way.
He guides the humble to justice,
and he teaches the humble his way. **Response**

[Ps 25:4-5, 6-7, 8-9]

Reader: A reading from the first Letter from St. Peter

Beloved:

Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God.

Put to death in the flesh,
he was brought to life in the Spirit.

In it he also went to preach to the spirits in prison,
who had once been disobedient
while God patiently waited in the days of Noah
during the building of the ark,
in which a few persons, eight in all,
were saved through water.

This prefigured baptism, which saves you now.

It is not a removal of dirt from the body
but an appeal to God for a clear conscience,
through the resurrection of Jesus Christ,
who has gone into heaven
and is at the right hand of God,
with angels, authorities, and powers subject to him.

[1 Pt 3:18-22]

The word of the Lord.

All: Thanks be to God.

[All Stand for Gospel]

Leader: A reading from the holy Gospel according to Mark

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.

He was among wild beasts,
and the angels ministered to him.

After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:
“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”

[Mk 1:12-15]

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

Reflection/Discussion

Creed

All: I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Universal Prayer

Leader: Confident in our loving God, we bring our needs before him.

Leader: Let us pray.
For the leaders of the Church, may they renounce every temptation of power and gratification in favor of the cross of Christ... *[Pause for silent or spoken intentions.]*

We pray to the Lord.

All: Lord, have mercy.

Leader: For the leaders of nations, may they commit themselves to the preservation of the environment and protection of endangered species... *[Pause for silent or spoken intentions.]*

We pray to the Lord.

All: Lord, have mercy.

Leader: For those on the journey to the Easter sacraments, may they experience the welcome and support of their communities... *[Pause for silent or spoken intentions.]*

We pray to the Lord.

All: Lord, have mercy.

Leader: For all gathered here, may we be drawn more deeply into the paschal mystery through prayer and fasting... *[Pause for silent or spoken intentions.]*

We pray to the Lord.

All: Lord, have mercy.

Leader: God of compassion, hear our prayers, that we might serve you with fidelity all the days of our lives. We ask this by the power of the Holy Spirit through Christ our Lord.

All: Amen.

Leader: Let us gather all of our intentions into the prayer that Jesus taught us.

All: Our Father, who art in heaven...

Leader: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

All: For the kingdom, the power and the glory are yours now and forever.

Leader: May the Lord bless us, protect us from all evil, and bring us to everlasting life.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.