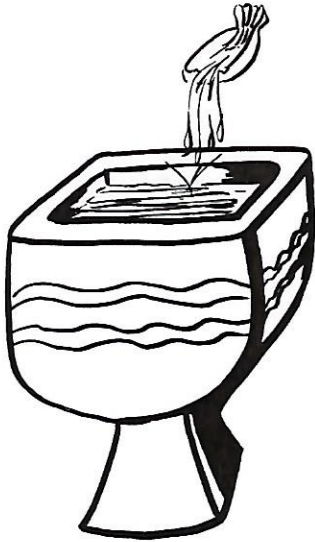


# The Seven Sacraments and Their Symbols

The Seven Sacraments are efficacious signs of grace, instituted by Jesus and entrusted to the Church, by which divine life is dispensed to us.

## The Sacraments of Initiation



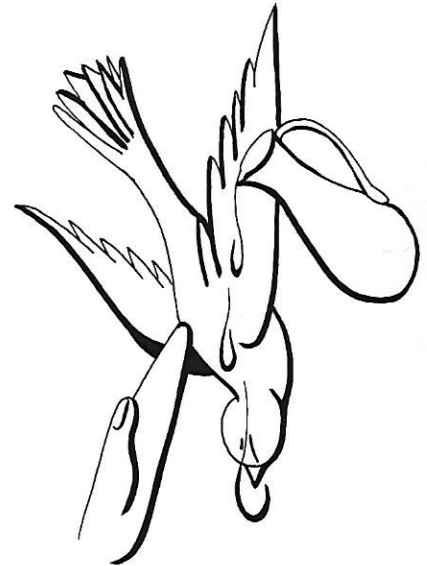
### Baptism

Water makes our souls clean.



### Eucharist

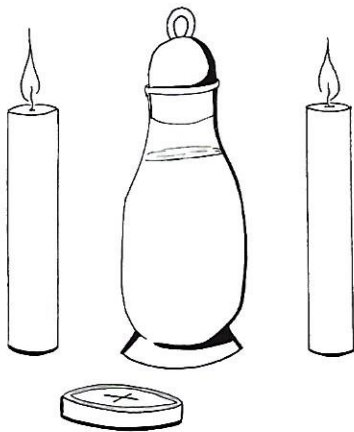
Ordinary bread and wine become the Body and Blood of Jesus.



### Confirmation

We are given the gifts of the Holy Spirit when the bishop lays hands on our heads and anoints us with the oil of chrisam.

## The Sacraments of Healing

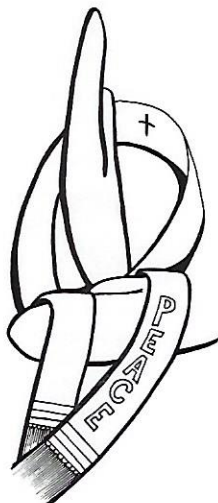


### Sacrament of the Sick

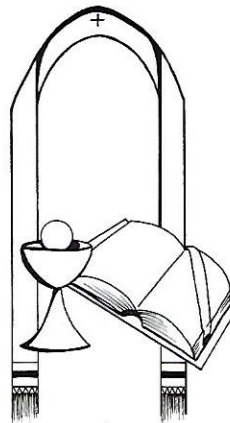
Someone who is sick is anointed with the oil of the sick.

### Reconciliation

We express our sorrow, confess our sins, receive absolution, do a penance and change our lives.

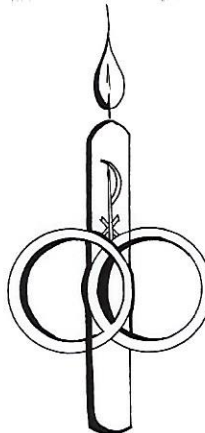


## The Sacraments of Mission



### Holy Orders

The stole is a sign of priestly office. Our priests represent Jesus when they help us receive all the Sacraments.



### Matrimony

A man and a woman pronounce marriage vows and exchange rings.