

We Profess our Faith

After the Resurrection, Jesus appeared to the Apostles several times. On the last occasion, he appeared to them on a mountainside in Galilee. The Apostles were happy to be with Jesus again, but they were also filled with doubts.

Read: Teach All Nations **Matthew 28:16-20**

Jesus commissioned the Apostles to go out into the world and teach the people all that he had taught them. With the help of the Holy Spirit, the Apostles and Jesus' other disciples proclaimed the Good News of salvation. They also developed a creed, or a statement of their beliefs. This creed became known as the Apostles' Creed. It contains the central truths of the Catholic faith.

When we pray the Apostles' Creed, we proclaim our belief in the Blessed Trinity. The Blessed Trinity is the central mystery of the Christian faith and of Christian life.

We pray the Apostles' Creed because it is the true summary of the Apostles' faith. The Church has been praying the Apostles' Creed for almost 2,000 years. St. Ambrose, who lived in the fourth century, called the Creed, "the treasure of our soul."

When we pray the Apostles' Creed, we are uniting ourselves with God the Father, God the Son, and God the Holy Spirit. We are also uniting ourselves with all the members of the Body of Christ, the Church.

WE BELIEVE

We believe in one God in three persons. We believe in God the Father, God the Son and God the Holy Spirit.

FAITH WORDS

The **Apostles Creed** contains the central truths of the Catholic faith.



The Apostles' Creed

**I believe in God, the Father almighty,
Creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the power of the Holy Spirit
And born of the virgin Mary,
He suffered under Pontius Pilot,
Was crucified, died, and was buried.
He descended into hell.
On the third day he rose again.
He ascended into heaven,
And is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
The holy catholic Church,
The communion of saints,
The forgiveness of sins,
The resurrection of the body,
And the life everlasting. Amen.**

Our Creed

The early disciples passed on to us the Apostles' Creed.
In the Creed we say what it is that we believe.

Complete the following phrases. Number them in the order they appear in the Creed

buried Creator Mary third day living and the dead
dead Holy Spirit Son heaven Pontius Pilate

Jesus was conceived by
the power of the

God the Father is

_____ of heaven and earth.

Jesus was born of

Jesus suffered under

Jesus Christ is God's

Jesus descended to the

Jesus died and was

Jesus will judge the

Jesus ascended into

Jesus rose on the

BLEST ARE WE

Our Creed

The early disciples passed on to us the Apostles' Creed. In the Creed we say what it is that we believe.

Complete the following phrases. Number them in the order they appear in the Creed

buried
dead

Creator
Holy Spirit

Mary
Son

third day
heaven

living and the dead
Pontius Pilate

3 Jesus was conceived by
the power of the
Holy Spirit

1 God the Father is
Creator
of heaven and earth.

4 Jesus was born of
Mary

5 Jesus suffered under
Pontius Pilate

2 Jesus Christ is God's
Son

7 Jesus descended to the
dead

6 Jesus died and was
buried

10 Jesus will judge the
living and the dead

9 Jesus ascended into
heaven

8 Jesus rose on the
third day

Parents, Catechists, Teachers: A creed is a list of things we believe. In the Apostles' Creed we profess what we believe and trust about the triune God. Talk with your child about what happens when we profess the Apostles' Creed with faith.