



SACRED HEART OF JESUS PARISH

Staffed by the Redemptorists since 1891

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September 27, 2020 Twenty-Sixth Sunday in Ordinary

He Emptied Himself

In the Gospels, Jesus seldom teaches doctrine. Rather, the stories themselves provide examples of how we are to model our lives after him. He was a man for others, a compassionate healer, an understanding friend. As clear as such stories might be, because we can be selfish people, the example they offer us is difficult to follow. If it is hard to follow a man who lived a human life with others, how are we to follow the example sketched by Paul in today's second reading?

Paul declares in Philippians: "Have among yourselves the same attitude that is also yours in Christ Jesus" (2:5). What attitude is he talking about? Jesus emptied himself of the preeminence that was rightly his as possessing "equality with God" (2:6). He did not demand that they treat him with the reverence and veneration that was due him. Rather, "he emptied himself...he humbled himself" (2:7, 8).

Why does Paul insist on this? It seems the Philippians were having internal problems that were threatening their unity. Various forms of arrogance were tearing them apart: Don't you know who I am? I am a celebrity. I have more money. I know the right people. And who are you? Who do you know? What can you do? These attitudes of arrogance infect our communities even today. To this Paul proclaims: If Jesus, who "though he was in the form of God" (2:6) could empty himself of such dignity for the sake of others, you certainly should be able to put aside your trivial vainglory and be "united in heart" (2:2).

—Sr. Dianne Bergant, CSA



For Reflection:

In what circumstances does your arrogance raise its ugly head? What do you do about that?

What might you do to strengthen the bonds of unity in your family? Your workplace? Your parish?

"Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves." Philippians 2:3

Pastor: Fr. Rich Luberti, C.Ss.R. rich_luberti@compuserve.com

Brother Paul Jorns, C.Ss.R.

Calendar

Monday
 SEPTEMBER 28
 Weekday
 Job 1:6–22
 Luke 9:46–50

Tuesday
 SEPTEMBER 29
 Sts. Michael, Gabriel, and Raphael, Archangels
 Deuteronomy 7:9–10, 13–14
 or Revelation 12:7–12a
 John 1:47–51

Wednesday
 SEPTEMBER 30
 St. Jerome, Priest and Doctor of the Church
 Job 9:1–12, 14–16
 Luke 9:57–62

Thursday
 OCTOBER 1
 St. Thérèse of the Child Jesus, Virgin and Doctor of the Church
 Job 19:21–27
 Luke 10:1–12

Friday
 OCTOBER 2
 Holy Guardian Angels
 Job 38:1, 12–21; 40:3–5
 Matthew 18:1–5, 10

Saturday
 OCTOBER 3
 Weekday
 Job 42:1–3, 5–6, 12–17
 Luke 10:17–24

Sunday
 OCTOBER 4
 Twenty-seventh Sunday in Ordinary Time
 Isaiah 5:1–7
 Philomen 4:6–9
 Matthew 21:33–43
 Matthew 21:28–32

Dear Padre,

Where does the tradition of praying with your hands together originate? I pray with my fingers intertwined. Is that acceptable?

According to the Caeremoniale Episcoporum (The Ceremonial of Bishops, 1985), "palms extended and joined together in the front of the breast, with the right thumb over the left in the form of a cross" (CE 107, n. 80) is the correct Catholic hand posture at Mass and prayer.

The origin of praying with hands folded is not known, but there's mention of it in the Jewish Talmud. Historians have also asserted that it's modeled on the practice of citizens in ancient Rome who joined their hands in the presence of rulers to communicate loyalty and submission to that higher authority.

Gestures and postures should allow our whole body to pray, as well as our heart and mind. Moreover, they are expressions of our faith. For example, like the early Christians, we stand during prayer and worship to express our readiness for Christ's return, and as a sign of reverence to hear the gospels. Kneeling and striking the breast are expressions of penitence, humility, and our lowliness before God.

Likewise, at Mass the priest assumes the ancient posture of outstretched arms and hands, slightly elevated, to symbolize surrender in a gesture that reverences Christ's outstretched arms on the cross. When we join hands together in prayer, it's a gesture of supplication and a symbol of total submission to God, our supreme authority.

— Fr. Byron Miller, CSsR (Sundaybulletin@Liguori.org)



A word from POPE FRANCIS



Today let us look at our hands, so often empty of love, and let us try to think of some free gift that we can give without expecting anything in return. That will please the Lord. And let us ask him: "Lord, let me rediscover the joy of giving."

—Epiphany Sunday, January 6, 2018



Know Someone Overly Anxious About Sin?

For more than fifty years, Redemptorists have ministered compassionately with those struggling with scrupulosity. For more information and to sign up for our free monthly

newsletter, visit: ScrupulousAnonymous.org

DAILY MASS INTENTIONS

Sun.	Sept 20	9:00 a.m.	Rev. Fr. Olivette Rojas +
		11:00 a.m.	Domingo Garcia +
		5:30 p.m.	George Cooper +
Mon.	Sept 21	12:00 p.m.	Sacred Heart Church
Tues.	Sept 22	12:00 p.m.	Caroline Velasco
Wed	Sept 23	12:00 p.m.	Carolina Velasco
Thur.	Sept 24	12:00 p.m.	Bernadette Evans +
Fri.	Sept 25	12:00 p.m.	Sacred Heart Church
Sat.	Sept 26	5:30 p.m.	Christin Rojas Palma +

MASS SCHEDULE AND PARISH EVENTS

September 20, Sunday

- Masses 9:00 a.m., 11 a.m., 5:30 p.m.

September 21, Monday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- YAMS Bible Study 7:00 p.m. Zoom

September 22, Tuesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- MPH Devotion after noon Mass

September 23, Wednesday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

September 24, Thursday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.

September 25, First Friday

- Confession 7:30 a.m.
- Confessions 11:00 a.m. — 12:00 p.m.
- Mass 12:00 p.m.
- Adoration and Benediction after Mass—2:00 p.m.

September 26, Saturday

- Confession 4:00—5:00 p.m.
- Live Streamed (Sunday Vigil) Mass 5:30 p.m.

STEWARDSHIP

Offerings (September 7—13)	\$2,880
Online Giving (September 7—13)	\$710
Total Sacrificial Giving	\$3,590
YTD Sacrificial Giving (June 29 - Sept 13)	\$32,398
Parish Improvement (June 29 - Sept 13)	\$3,260