

# SEPTEMBER | 2020



## St Anthony

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>7</b> Hot Dog 1 ea Baked Beans 4 oz Spinach Salad 1 c Fruit ½ c	<b>8</b> Salisbury Steak 1 ea Potatoes ½ c Corn ½ c Fruit ½ c Roll 1 ea	<b>9</b> Hot Ham and cheese Fresh veggies ½ c Chips 1 ea Fruit ½ c	<b>10</b> Marco's Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	<b>11</b> Bosco Sticks 12 ea Marinara 1 ea Broccoli ½ c Fruit ½ c
<b>14</b> Cheeseburgers 1 ea Green beans ½ Tater tots 6 ea Fruit ½ c	<b>15</b> Pancakes 1 ea Sausage 2 ea Fruitable 1 ea Fruit ½ c	<b>16</b> Stuffed Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	<b>17</b> Gen Tso 3 oz Broccoli ½ c Rice ½ c Fruit ½ c	<b>18</b> Fish Sandwich 1 ea Spinach salad 1 c Malibu Blend ½ c Fruit ½ c
<b>21</b> Tacos 1 ea Cheese/sour cream 1 oz Refried beans ½ c Lettuce/tomatoes 2 oz Fruit ½ c	<b>22</b> Chicken Alfredo 6 oz Salad ½ c Roll 1 ea Fruit ½ c	<b>23</b> Bruno's Pizza 1 ea Cucumbers ½ c Spinach salad 1 c Fruit ½ c	<b>24</b> Mini corn dogs 6 ea Baked beans ½ c Mixed veggies ½ c Fruit ½ c	<b>25</b> Cheese quesadilla 1 ea Black bean salsa ½ c Tostitos 1 ea Fruit ½ c Sour cream 1 oz
<b>28</b> Chicken patty 1 ea Broccoli ½ c Fruitable 1 ea Fruit ½ c	<b>29</b> Beef Nachos 1 ea Cheese/sour cream 3 oz Lettuce/tomatoes 2 oz Refried beans ½ c Fruit ½ c	<b>30</b> Marco's Pizza 1 ea Salad 1 c Carrots ¾ c Fruit ½ c	<b>1</b> Spaghetti w/ meat sauce 4 oz Garlic Bread 1 ea Cauliflower ½ c Fruit ½ c	<b>2</b> Baked Potato 1 ea Spinach salad 1 c Malibu Blend ½ c Fruit ½ c

**News**