

# OCTOBER | 2021

St. Anthony



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1
4 No School	5 No School	6 Hot dogs 1 ea Cauliflower ½ c Baked beans ½ c Fruit ½ c	7 Bruno's Pizza 1 ea Cucumbers ½ c Broccoli ½ c Chips 1 ea Fruit ½ c	8 Bosco Sticks 2 ea Spinach salad ½ c Peas ½ c Fruit ½ c
11 Cheeseburger 1 ea Tater tots 6 ea Green beans ½ c Fruit ½ c	12 Pizza 1 ea Carrots ¾ c Salad 1 c Fruit ½ c	13 Chicken Wrap 1 ea Corn ½ c Lettuce 1/8 c Baked beans ½ c Fruit ½ c	14 Gen Tso 3 oz Rice ½ c Broccoli ½ c Fruit ½ c	15 Lasagna roll up 1 ea Spinach salad 1 c Juice 1 ea Fruit ½ c Bread 1 ea
18 Chicken Sandwich 1 ea Red beans and rice ½ c Carrots ½ c Fruit ½ c	19 Pancakes 1 ea Tater tots 6 ea Sausage 2 ea Juice 1 ea Fruit ½ c	20 Marco's Pizza 1 ea Carrots ¾ c Salad 1 c Fruit ½ c	21 Taco 1 ea Refried beans ½ c Lettuce/tomatoes ½ c Cheese/sour cream 1/4 c Fruit ½ c	22 Fish sticks 4 ea Broccoli ½ c Corn ½ c Fruit ½ c
25 Salisbury steak 1 ea Potatoes 1/2 c Corn ½ c Fruit ½ c Roll 1 ea	26 Bruno's Pizza 1 ea Carrots ¾ c Salad 1 c Fruit ½ c	27 Chicken alfredo 4 oz Spinach salad 1 c Mixed veggie ½ c Fruit ½ c Roll 1 ea	28 BBQ Pork 1 ea Broccoli ½ c Baked beans ½ c Fruit ½ c	29 NO SCHOOL

## **News**

Menu is subject to change without notice

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