

## Faith Formation Families

Thank you for your patients during this difficult time. As a Parish we are walking in new territory regarding Faith Formation and how to proceed with keeping the families informed and continue the Faith formation program moving forward.

There are a few updates.

As many of you are aware, all Masses are currently suspended by the Syracuse Diocese until further notice. This also included Holy Week and Easter. While we as Catholics are unable to attend Sunday Mass, the Syracuse Diocese is offering the Mass on its web page. Simply go to the Diocese website and search for the Mass. This past Sunday was by Fr. Zachary Miller and was done beautifully.

Also number of Pastor's in our area are offering reflections on YouTube. Fr. Salerno of Our Lady of Our's, Fr. Servatius from Historical Old St. Johns and Fr. Kamniski from St. Anthony's/St. Agnes. Please take the time to review these pages if you wish.

Due to the COVID-19, the Diocese has suspended certain requirements during Lent. I have enclosed the letter from the Diocese for all to read.

Lastly, the Diocese has advised that First Communion and Confirmation are all currently cancelled. Once approval is granted from the Dioceses to all both of these Sacraments, I will be working with Fr. Arthur and the teacher's for the new date as well as preparation for the children.

As promised, here are the Gospel Weeklies for Grades K-1st Grade for the Sunday Mass on March 22, 2020 as well as March 29th. Please share with your children, the Gospel weekly and the activities included.

If you have children in other grades, you will be receiving the same message as I am sending the publication to each grade level.

Should anyone have any questions, please feel free to contact me at any time to talk.

During this time, I found this pray which is fitting

Lord,

Here I am facing a new day. I know that without yielding to your calmness and contentment, I will succumb to frustration and irritation.

I seek your help today.

Make me more aware of my emotions and my attitudes. Remind me that I have control over the attitudes that I choose to present to the world.

Remind me that I can learn to overcome every challenging situation today by putting on the shoes of peace and displaying an even temper.

Remind me to show kindness.

Give me more ability to receive your love and give it away to others today.\*

Help me to work hard and do my best. But help me to care more about loving others than I care about getting tasks done.

Lord, I want to grow spiritually this day. I want to be more Christ-like tonight when I go to bed than when I got up this morning.

Today I will focus on developing the fruit of the spirit instead of pleasing myself.

Today I will thank you, Lord, for leading me toward love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Today I will praise you, Lord, and I will celebrate your love for me.

In Jesus' name I pray,

Amen

Lynn M. Springer  
Faith Formation Director