

Saint Benedict's Roman Catholic Church

2969 Otis Avenue, Bronx, New York 10465

The Home Parish of Terence Cardinal Cooke ~ (March 1, 1921 - October 6, 1983)
Cardinal Archbishop of New York—Motto: *Fiat Voluntas Tua*, meaning, "Thy Will Be Done"

RECTORY TELEPHONE NUMBER: 1-718-828-3403
(see page 6 for rectory staff extensions)

Fax: 1-718-829-1304
E-mail: stbenedict@optonline.net
Website: <http://www.stbenedictchurchny.org>
Twitter: @Saintbenchurch

RECTORY HOURS: (unless otherwise noted)

Monday - Friday:
9:00am until 12:30pm
1:30pm until 7:00pm

Saturday:
9:00am until 4:00pm

Sunday: Closed

SCHOOL:

1016 Edison Avenue, Bronx, NY 10465
Tel: 1-718-829-9557
Fax: 1-718-319-1898
Website:
<http://www.stbenedictschoolbx.org>

CLERGY:

Reverend Stephen P. Norton
Pastor

Reverend Daniel P. Tuite
Parochial Vicar

Deacon A. Michael Salvatorelli
Deacon John Scott

PASTORAL STAFF:

Mr. Ray Vitiello, *School Principal*
Sr. Joan Quinn, I.H.M., *Religious Education Office - School*
1-718-829-1200
Mrs. Anne Myers, *Director of Music*

THE SACRAMENT OF BAPTISM: Please call the Rectory for a date soon after the birth of your child.

THE SACRAMENT OF MARRIAGE: Please call the Rectory at least six (6) months prior to date of Marriage.

THE SACRAMENT OF THE ANOINTING OF THE SICK:
Please inform the priests if you have a family member in the hospital.

**If you have an emergency,
at any time of the day or night,
please call the Rectory at 1-718-828-3403**

Welcome to Our Parish



MASSES:

Weekdays: 6:45am and 8:30am
Saturdays: 8:30am and 4:00pm
Sundays: Vigil: 4:00pm (Saturday evening),
7:00am, 9:30am, 11:00am, 7:00pm

Holy Days of Obligation:
Vigil 7:00pm (Night before)
6:45am, 8:30am and 12:00 Noon

THE SACRAMENT OF RECONCILIATION: (CONFESSION)

Saturdays: 9:00am until 9:30am and
3:00pm until 4:00pm

Any time by appointment

EUCCHARISTIC ADORATION See page 4

MIRACULOUS MEDAL NOVENA: Monday 8:30am - Church

Sunday, March 10, 2019
First Sunday of Lent

*The word is near you,
in your mouth and in your heart.*

— *Romans 10:8*

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MASSES FOR THE WEEK:

SUNDAY, March 10th - First Sunday of Lent; Rite of Election; Rite of Calling the Candidates to Continuing Conversion; Rite of Sending; Daylight Saving Time begins; Girl Scouting Sunday

7:00 Louis S. Dinino
8:00 Angelo & Theresa DelliCarpini
9:00 Honorary Grand Marshals
11:00 Lauren Savino
7:00 St. Benedict's Parish

MONDAY, March 11th

6:45 Souls in Purgatory
8:30 Edward J. Soehngen

TUESDAY, March 12th

6:45 Souls in Purgatory
8:30 Joan Squillante

WEDNESDAY, March 13th

6:45 Souls in Purgatory
8:30 Benedetta Ficarra

THURSDAY, March 14th

6:45 Souls in Purgatory
8:30 Rose Lamarca

FRIDAY, March 15th - Abstinence

6:45 Souls in Purgatory
8:30 Giuseppe Assalone

SATURDAY, March 16th

8:30 Aniello Romano
4:00 Rose Lamarca

SUNDAY, March 17th - Second Sunday of Lent

7:00 St. Benedict's Parish
8:00 Domenick & Pietro Viscogliosi
"16th Anniversary in Heaven"
9:30 Catherine R. Dunne
11:00 In Honor of Padre Pio
7:00 Charles Halton

SECOND COLLECTION

There will be a second collection **THIS** weekend for Catholic Relief Services. Thank you for your support.

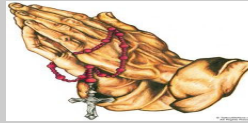
IMPORTANT

Sunday, March 10th the 9:30am Mass will change to **9:00am** due to the St. Patrick's Day Parade in Throggs Neck. This change to 9:00am is **ONLY** for Sunday, March 10th.

THIS WEEK'S ALTAR BREAD, WINE AND ALTAR CANDLES ARE SPONSORED BY:

The Knights of Columbus
IN LOVING MEMORY OF:

The Venerable Father Michael J. McGivney
who founded the Knights of Columbus
on March 29, 1882



Please Remember to Pray for the Sick!
May they find healing and comfort in Jesus Christ!

Zobeida Almodovar
Blanch Ross-Anderson
Anthony Battista
Judy Berardinone
Amy Buscamonte
John Caminiti
Inez Cantamessa
Lillian Corrado
Tom Curran
Mike & Louis D'Annunci
Louise Duscio
Linda Fabrizio
Sean Fagan
John Fernandez
Marion Gruber
Eileen Jennings
Frankie Lettera
Elizabeth Mandile
Elaine Marin

Kenneth Marin
Ann Marro
Jenny Mauro
Kevin McCarthy
Margie McCarthy
Chris McPadden
Denise McPadden
Sue McVey
Maylee Roman Overman
Kim Rappold
Antonette Roublick
Jennie Schuette
Kathy Selvaggio
Nina Serpati
Pasquale Tartaglione
Jean Varela
Thomas Vecchio
Leann Williams
Patricia Zayas

Babies/Children - Baby Amari, Danielle Grace Combo, Charli Mary Carozza, Sebastian DeLuca, Caleb DeJesus, Marco Garcia, Joseph Gentile, Blake Salvatore Haddock, Baby Olivia lafelice, Baby Noelle Jablonka, Infant Savannah Longo, Sophia Lopez, Infant Lucas Ortiz, Gerard Peter Selvaggio, Sydney Selvaggio, Tiffany Toro, Azalea Vargas, Rayne Weiner

+ Please Pray for the Recently Deceased Members of our Parish and their Grieving Families +
Donna Lynch

The Season of Lent



Please remember every Friday during Lent, we have:

- **Italian Stations of the Cross at 12:00 Noon in the Church;**
- **English Stations of the Cross at 7:00pm;**
- **Adoration from 9am-7pm every Tuesday and Friday and the Rosary at 12:00 Noon on Fridays in the Chapel (all year long)!**

ATTENTION: ANY CATHOLIC WHO HAS NOT RECEIVED THE SACRAMENT OF CONFIRMATION (18 years or older)

In Lent, St. Benedict's will offer a class for Catholics who may be missing the Sacrament of Confirmation; those attending the class may receive Confirmation in the Easter Season. **Please bring proof of your Baptism and First Holy Communion sacraments. Classes will be held each Wednesday in Lent at 7:00pm in the Rectory. The first class will begin Wed., March 13th until Wed., April 17th.** If you are interested, please call the rectory at 718-828-3403, x101

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From the Pastor:

My Dear Parish Family:

The month of March, in the Bronx, is all about “the wearing of the green.”

Happy St. Patrick’s Day here in the Bronx and I pray everyone enjoys the parade!

Last weekend I was so proud to be honored by the Knights of Columbus at the annual St. Patrick’s Dinner/Dance in Fr. Albert Hall. My dear parents, looking down from heaven, undoubtedly were as proud as I was to be honored by this amazing fraternity of Catholic men. The Knights do so many good works for so many throughout the world and support the Catholic Church in countless ways. They also put on a great party! Thank you my brother Knights and to all the members of the parish who came out to enjoy the evening. As always, the meal was delicious and the evening was filled with laughter, dancing and having a grand time together as only the Irish can! Thank you all. May God continue to shine His gracious blessings upon all the members of St. Benedict’s Parish and our families.

Next Sunday is actually St. Patrick’s Day with the parade in Manhattan along Fifth Avenue. I will not be attending that parade this year, but have often and so I am praying for everyone to be safe and to enjoy the day. As you undoubtedly know, St. Patrick is the Patron Saint for the Archdiocese of New York and that is why it is such a big celebration for us New York Catholics. When you are enjoying St. Patrick’s Day in whatever way you celebrate the day, please take a moment to pray for the Catholic Church of New York, Cardinal Dolan, as well as all the auxiliary bishops, priests and deacons of the Archdiocese. We all know of the troubles of the Church and prayer is the only answer to assist all of us priests in returning to the heart of Christ and to humbly serving our people. St. Patrick, please intercede for us and bring us all closer to Christ, now and always.

Until next week, St. Patrick pray for us.
St. Benedict, pray for us! Terence Cardinal Cooke,
Servant of God pray for us!

Fr. Stephen Norton



Spiritual Readings for the Week of March 10th:

Monday:	Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
Tuesday:	Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday:	Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Friday:	1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19
Saturday:	Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
Sunday:	Gn 15:5-12, 17-18; Ps 27:1, 7-9, 13-14; Phil 3:17 — 4:1 [3:20 — 4:1]; Lk 9:28b-36

Fasting & Abstinence

As a way of reminding everyone about the guidelines for the Lenten Fast and Abstinence, I offer the following explanation:

LENTEN FAST AND ABSTINENCE:

During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fast and abstinence.

- Lent began on Ash Wednesday, March 6th and will end on Holy Thursday, April 18th.
- Good Friday is a day of fast and abstinence. This is a serious matter within Church law.
- Fasting means only one full meal a day may be taken. Two smaller meals can be eaten to maintain physical strength but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics ages 18-59 are obliged to fast on Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.
- Abstinence forbids the eating of meat or poultry. Those who have reached the age of 14 are obliged to abstain on all Fridays of Lent and continues to oblige throughout their lives. Those who are not specifically obliged to abstain from eating meat are encouraged to join in the discipline of abstaining to the extent that they are able.
- Remember all Fridays of the year are designated as days of penance during which we are encouraged to practice self-denial out of gratitude for the suffering and death Jesus accepted for us.
- The time for fulfilling your Easter Duty extends from the First Sunday of Lent (March 10th) to Holy Trinity Sunday (June 16th.)

Come Holy Spirit - 40 Days For Life - Let the graces flow!

We are readying our hearts to be united with you in prayer and fasting for an end to abortion. **40 Days for Life is a light in the darkness.** We leave you with a message from Bishop Peter J. Byrne, capturing the importance of the 40 Days for Life Lenten Campaign in our Archdiocese at this time. “*With the passage of the Reproductive Health Act in New York—which permits abortion up to the moment of birth—many parishioners are understandably upset and desire to do something in response.*” The Bronx campaign, for example, is in dire need of people to pray and witness outside Bronx Abortion on 2070 Eastchester Road, Bx. (Public right-of-way outside.) Contact: Thomas (347-316-3728);

dataarchitect1@outlook.com

We ask for your renewed effort in making 40 Days for Life and pro-life intentions a focus for your prayers and works of mercy this Lent. We are most grateful for your attention to this matter. https://www.health.ny.gov/statistics/vital_statistics/2016/tables_7_and_21

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WEEKLY OFFERINGS

Sunday, March 3, 2019 **\$9,374.49**

50/50 WINNER:

Mr. & Mrs. Phil Reitano \$147.00

Thank you to everyone for your generosity and for all that you do for St. Benedict's Parish throughout the year. Many, many thanks.

ST. BENEDICT'S SCHOOL

St. Benedict's School offers FULL & HALF DAY Pre-K 3 and 4 Year Old Programs and FULL DAY Kindergarten through Grade 8. If you are interested in having your child(ren) attend St. Benedict's School for the **2019-2020** school year, please visit our website at:

www.stbenedictschoolbx.org for important registration/application information. Please feel free to contact St. Benedict's School (718-829-9557) for a tour. A limited amount of scholarships are available for those eligible.

St. Benedict's School Annual Parish Raffle

Friday, March 22, 2019 - Order forms are available at the school and the rectory. You may purchase your ticket at the school office, Monday through Friday from 9:00am until 3:00pm. Tickets are \$100.00 each. The drawing will be held on **Friday, March 22nd** in our school.

Winnings are subject to taxes to be withheld!

1st Prize: \$10,000.00
2nd Prize: \$ 2,000.00
3rd Prize: \$ 1,000.00
4th Prize: \$ 500.00

Please help us raise money for our parish school. Thank you for always supporting us.

Winners need not be present!

Northeast Bronx Senior Citizen Center (NEBXSCC)

The Northeast Bronx Senior Citizen Center will hold a Flea Market on **Tuesday, March 12th** from 9:00am-12:00 Noon. Jewelry, bric-a-brac, Avon, etc. Vendors by appointment 1-718-892-6090.

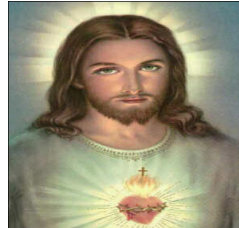
Throggs Neck Homeowner's Association Meeting

The next meeting will be **Tuesday, March 26h at 7:30pm** at the Villa Barone Manor, 737 Throggs Neck Expressway. Please join us!

BIBLE STUDY - The next Bible Study session will be **Tuesday, March 12th** from 7:30pm until 9:00pm in the convent upstairs. We will be studying a 3-week series on Mary Magdalene. Fellowship at 7:00pm. All Welcome!

Retreat for Grieving Parents

to meet the spiritual needs of parents whose children of any age have passed away by any cause - no matter how long ago - the Family Life Office of the New York Archdiocese offers the Emmaus Ministry for Grieving Parents retreats. **Our next retreat is at the Church of the Magdalene in Tarrytown, NY on March 16th.** To register, please go to: www.emfgp.org/2019-archny



EUCCHARISTIC ADORATION - CHAPEL HOURS

Tuesdays

9:00am until 7:00pm Adoration Chapel

Fridays

9:00am until 7:00pm Adoration Chapel
12:00 Noon Rosary in the Adoration Chapel

We have **Eucharistic Adoration** here at St. Benedict's Parish in the Adoration Chapel on **Tuesdays and Fridays**, unless otherwise noted. Please stop by and spend some quiet time with Jesus. Please tell a friend, neighbor and/or relative. See for yourself how peaceful and relaxed you can feel. You can stay as long as you want or as little as you want.

Thank you and God Bless you!

+ Prayer List For Our U.S. Servicemen and Women + U.S. Air Force:

1st Class Airman Eric Bosco, Lt. Col. Thomas D. Crimmins, Ismael Guiles, Major Roger Illari, Stephanie Mendez, Air Force Airman, Msgt. Daniel Rivera, Major Alicia Stumpf, Major Sean Stumpf.

U.S. Army/U.S. National Guard:

Pvt. Michael Careswell, Fr. (Chaplain) James Collins, Pvt. Matthew Dooley, Sgt. Scott Douglas, Jason Engeldrum, Sgt. Pedro Flores, Pvt. Anthony Grieco, Jr., 2nd Lt. Christopher Hackett, Johnny Jiminez, 82nd Airborne, Corporal Jenna Kuhl, Sergeant First Class Javier Mendoza, PV2 James McCarthy, Captain Peter Anthony Orlando, Pvt. Anthony Ottaviano, Captain Fr. Peter Pompisello, Major Lori Robinson, Thomas Robinson, Jr., Pvt. Justin Roman, Timothy S. Valentine, S.J., Capt. Javi SanJuan, 1st Lt. Renee SanJuan, Col. Raymond Van Pelt, Franky Perez, PV2 Manual Ramirez, Sgt. Andrew Santander, Staff Sgt. Matthew Wickes, SPC Albert Zapata, Staff Sgt. William Ziegler.

U.S. Coast Guard:

Jayke Hooks, Seaman Apprentice, Thomas J. Hooks, Brandon A. Moreno, Seaman Apprentice, PO3 Eberlee Santander.

U.S. Marine Corps:

Master Sgt. Mark S. Lynch, Corporal Kevin S. Major, LCpl Erik M. Mango, Major Frank Parisi-Reserves, Sgt. Benjamin Rodriguez, Staff Sgt. Randy Vaccaro-Reserves, Pvt. 1st Class, Jason R. Wager-Reserves.

U.S. Navy:

Diplomat John Brunetti, Petty Officer Gillen, Lt. Jennifer Groger, ABH3 Christopher Hough, Naval Airman E-3, Sea Bee Sammy Pizzano, Petty Officer William F. Ramos, Ralph Romero Sanchez, Richard Torrens, Lt. Victor Schaeffer, Pvt. Nicholas Zayas

**2019 Cardinal's Annual Stewardship Appeal
Supporting His Church for 40 years**

Stewardship Prayer

Heavenly Father, you have called your Church to be a community of faith, hope, and charity. Perfect in us, O God, these virtues, so that our hearts may belong completely to you and our words and deeds may serve to continue your work of salvation. Increase our faith, that we may bear witness to the Gospel in a world so burdened by pain and anxiety. Strengthen our hope, that we may trust your infinite love that will bring healing to a broken humanity and to a suffering Church. And deepen our charity, that we may serve you and our neighbor with greater devotion.

We ask this through Christ our Lord. Amen.

Prayerfully consider Your Gift! Thank you!

Access to Appeal resources online:

Please go to: cardinalsappeal.org then click on parish resources at the bottom left side of the page. Password is: **downloads**

REMINDERS:

Sun., 03/10	11:00 Mass	Baptisms
Sun., 03/10	Daylight Saving Time. Set all your clocks one hour ahead	
Tues., 03/12	9am-7pm	Adoration Chapel
Wed., 03/13	7:00pm	Adult Confirmation Class at the rectory
Thurs., 03/14	7:30pm	Men's Cornerstone meeting, convent, large room, upstairs
Fri., 03/15	9am-7pm	Adoration Chapel
Fri., 03/15	12:00 Noon	Rosary - Chapel
Fri., 03/15	12:00 Noon	Italian Stations of the Cross - Church
Fri., 03/15	7:00pm	Stations of the Cross
Sat., 03/16	11am-12:30pm	Bereavement Session Convent downstairs
Sun., 03/17	11:00 Mass	Baptisms
Mon., 03/18	7:00pm	Baptism Instructions Convent
Tues., 03/19	9am-7pm	Adoration Chapel
Wed., 03/20	7:00pm	Adult Confirmation Class at the rectory

SECOND COLLECTION - There will be a second collection **THIS** weekend for Catholic Relief Services. Thank you for your support.



**21st Annual
Throggs Neck
St. Patrick's Day
Parade
Sunday, March 10th**

TODAY

GRAND MARSHALS:

Margaret "Peggy" McKeegan and Joseph Crowley
Religious Honoree:

Sr. Teresa Barton, CND

9:00am Mass at St. Benedict's Church
11:00am Line of March Assembly at the corner of East Tremont and Lafayette
12:00 Noon Parade begins - Reviewing Stand on East Tremont and Harding Avenues (Parade route begins at East Tremont and Lafayette Avenues and continues down East Tremont. Right onto Harding Avenue and concludes at Harding and Brinsmade Avenues.)

Bereavement Support Group

The Bereavement Support Group is a time for prayerful reflection, sharing one's grief journey, learning strategies for coping, and discovering that you are not alone as you begin to find healing and consolation. **The Bereavement Support Group here at St. Benedict's is held in the Convent downstairs, 1082 Edison Avenue, every Saturday from 11:00am until 12:30pm. If interested, please call the rectory at 718-828-3403, x101.**

Problems in your Marriage?

Come to **Marriage SaveHouse**, a parish based ministry aimed at helping spouses overcome the stress and issues that plague so many couples. Our team of married couples will help and guide you to a long and happy marriage. We will meet with you and your spouse discreetly. **For an appointment, please call 718-828-3403, x107. Thank you!**

**Archdiocese of New York - Respect Life Office
To Build A Culture of Life**

Thurs., March 14th at St. Francis of Assisi, Mt. Kisco
Thurs., March 21st at Holy Name of Jesus Parish Hall, Halligan St., New Rochelle
Thurs., March 28th at St. Barnabas H.S. Cafeteria, 420 East 241st Street, Bronx

ALL at 7:00pm

We would like to offer you guidance on how the Holy Spirit can move in and through the hearts of those who desire to build a culture of life. Please join us at one of the above meetings.

**Sr.Virginia.Joy@archny.org or
Sr.Pia.Jude@archny.org**

ORGANIZATIONS:

AA Friday at 8:00pm - *FAH - 1-347-387-0079
Al Anon - Friday from 7:00pm-8:00pm for Beginners and from 8:00pm-9:00pm for the regular meeting in the **Convent - 1-646-281-9522
Bereavement Group - Spring and Fall Sessions Saturday from 11:00am until 12:30pm - **Convent 718-828-3403, ext. 101
Bible Study - Tuesday 7:00pm **Convent upstairs
CCD—RE-CCD Classes Sunday from 10:30-12:00pm and Wednesday from 4:15-5:45pm - *Parish School*
Children of Light Charismatic Group - Monday 7:30pm - *Providence Rest, Waterbury Avenue*
Choir (Adult) Rehearsal Wednesday from 7:15-8:30pm and Sunday Mass at 11:00am
Choir (Children) Rehearsal Wednesday from 2:45pm-4:00pm and Sunday Mass at 9:30am
Fife and Drum Corps - Monday 6:00pm - *Parish School*
Legion of Mary - Wednesday 7:30pm - *Convent Chapel*
NA - Wednesday 7:00pm - **Convent
Nar-Anon - Wednesday 7:00pm to 8:15pm - **Convent
RCIA Sunday at 11:00am Mass and then over to the **Convent at 12:00 Noon - Classes begin in September and end in May
Respect Life 2nd & 4th Friday 7:00pm - **Convent
St. Benedict's Knights of Columbus
 Website: www.kofc11590.org
 *FAH-Father Albert Hall or **Convent, 1082 Edison Avenue

Reasons to be Registered in the Parish:

- * Helps support the Church;
- * Proves that you are a practicing Catholic;
- * Helps to obtain sponsor certificates, release letters, or any other documentation needed from the Church;
- * Enables you or members of your family to become eligible for any of the sacraments (Baptism, Reconciliation, Holy Communion, Confirmation, Marriage, Anointing of the Sick);
- * Enables you to have your children registered in our Parish School or our Religious Education Program (RE-CCD) for their religious education;
- * Give you a sense of belonging to the Parish Family;
 Stop by the rectory **Monday-Friday**, 9:00am-12:30pm and 1:30pm-7:00pm. and **Saturdays**, 9:00am-4:00pm. 718-828-3403, ext. 101 or go to the website: <http://www.stbenedictchurchny.org>
Closed on Sundays.

We're Always Looking For...

BOX TOPS - EDUCATION: All you have to send in are the actual squares of the box tops, the bar codes of the item you purchased are not needed. You can send them to the school, attention Cristina Cherubino. Everything helps and the school appreciates your participation with this. Go to BTFE.com.

For Your Information: If anyone would like to listen to Radio Maria English...type the web address **radiomaria.us**. Then...on the bottom left where it says "24/7 Live Listening..Listen Live" ..click on "Live Stream" on the Radio 620am

RECTORY TELEPHONE #: 1-718-828-3403

TELEPHONE EXTENSIONS

When the recording comes on, please dial the extension. The extension numbers are as follows:

Fr. Stephen Norton	109
Fr. Dan Tuite	104
Deacon Michael Salvatorelli	107
Reception Desk	
(Isabelle Welsh)	101
Carole Janicki	102
Carl Triano	117
Sr. Joan Quinn (CCD)	1-718-829-1200
School	1-718-829-9557

Helpful Information for Our Parish Family:

If anyone would like to donate furniture, clothing, etc. to charity, contact any of the following organizations:

CATHOLIC CHARITIES: 718-292-9090
ST. MARY'S CHURCH: 718-529-6070 or 718-529-7825

HOUSING WORKS: 212-366-0820
SALVATION ARMY: 800-728-7825
ST. PETER'S EPISCOPAL CHURCH: 718-931-9270
THORPE: (They do NOT pick up. You have to bring your donation to Thorpe). 718-933-7312 or 718-295-2550

The above organizations may set a date with you to pick up your donation(s) unless otherwise specified. Thank you for caring.

Catholic Directory:

Familink.com - Internet Protection
www.familink.com - Catholic Internet provider service which filters the Internet. **PROTECT YOUR FAMILY:** Make your computer safe for your children and for yourself. BSAFE ONLINE internet filter will protect you from chat rooms, pornography, violence and other harmful websites. To order and install go to their website at: **www.bsafefhome.com**

Sisters of Life - Post Abortion Help
www.sistersoflife.org
 1955 Needham Avenue, Bronx, NY 10466. Pro-Life Sisters who pray and fight for all human life, born and unborn. Retreats for women who have had an abortion, please call 1-718-881-8008 and ask for Theresa.

The Catholic League - www.catholicleague.org
 1011 First Avenue, NYC, NY 10022.
 Fighting anti-Catholic bias in the media and entertainment field. If interested, they ask for a \$15.00 donation for their newsletter.



STRENGTH AND GUIDANCE

A prayer for strength is often needed during difficult times. Please remember that God is always here for us, to give us strength, guidance and lift our hearts when all seems hopeless.

