

Saint Benedict's Roman Catholic Church

2969 Otis Avenue, Bronx, New York 10465

The Home Parish of Terence Cardinal Cooke ~ (March 1, 1921 - October 6, 1983)
Cardinal Archbishop of New York—Motto: *Fiat Voluntas Tua*, meaning, "Thy Will Be Done"

RECTORY TELEPHONE NUMBER: 1-718-828-3403

(see page 6 for rectory staff extensions)

Fax: 1-718-829-1304

E-mail: stbenedict@optonline.net

Website: <http://www.stbenedictchurchny.org>

Twitter: @Saintbenchurch

RECTORY SUMMER HOURS 2019: (unless otherwise noted)

Monday - Thursday:

9:00am until 12:30pm

1:30pm until **4:00pm**

Friday: 9:00am until **12:00 Noon**

Saturday: 9:00am until **4:00pm**

Sunday: **Closed**

SCHOOL:

1016 Edison Avenue, Bronx, NY 10465

Tel: 1-718-829-9557

Fax: 1-718-319-1898

Website:

<http://www.stbenedictschoolbx.org>

CLERGY:

Reverend Stephen P. Norton

Pastor

Reverend Daniel P. Tuite

Parochial Vicar

Deacon A. Michael Salvatorelli

Deacon John Scott

PASTORAL STAFF:

Mr. Ray Vitiello, *School Principal*

Sr. Joan Quinn, I.H.M., *Religious Education Office - School*

1-718-829-1200

Mrs. Anne Myers, *Director of Music*

SERVING YOUR SACRAMENTAL NEEDS:

The Sacrament of Baptism: Please call the Rectory for a date soon after the birth of your child.

The Sacrament of Marriage: Please call the Rectory at least six (6) months prior to date of Marriage.

The Sacrament of the Anointing of the Sick: Please inform the priests if you have a family member in the hospital.

The Sacrament of Holy Orders: If you feel called to serve the church as a priest, deacon or in consecrated life, please call the rectory to speak to one of the priests or deacons for guidance.

Interested in possibly becoming Catholic? Please contact the rectory to arrange a meeting to discuss your questions. We have classes to help people learn about our faith and decide if becoming Catholic is best for you. This whole process of inquiry and potential conversion is called RCIA-The Rite of Christian Initiation of Adults.

We will respect your personal journey with God!

Welcome to Our Parish



MASSES:

Weekdays: 6:45am and 8:30am

Saturdays: 8:30am and 4:00pm

Sundays: Vigil: 4:00pm (Saturday evening),

Sundays: 7:00am, 9:30am, 11:00am, 7:00pm

Holy Days of Obligation:

Vigil 7:00pm (Night before)

6:45am, 8:30am and 12:00 Noon

THE SACRAMENT OF RECONCILIATION: (CONFESSION)

Saturdays: 9:00am until 9:30am and

3:00pm until 4:00pm

Any time by appointment

EUCCHARISTIC ADORATION: Tuesdays and Fridays

MIRACULOUS MEDAL NOVENA: Monday 8:30am - Church

Sunday, July 21, 2019

Sixteenth Sunday in Ordinary Time

It is [Christ] whom we proclaim, admonishing everyone and teaching everyone with all wisdom, that we may present everyone perfect in Christ.

— Colossians 1:28b

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MASSES FOR THE WEEK:

SUNDAY, July 21st - Sixteenth Sunday in

Ordinary Time

7:00 Louis S. Dinino
8:00 St. Benedict's Parish
9:30 Louis Balogh
 "Happy Birthday in Heaven"
11:00 Sarah & William Tuttle
 "3 Year Anniversary in Heaven for Mom"
 "1 Year Anniversary in Heaven for Dad"
7:00 Deceased Members of the
 Salomone and Carroll Families

MONDAY, July 22nd - St. Mary Magdalene

6:45 Frances Woods
8:30 William & Ludvica Koppas

TUESDAY, July 23rd - St. Bridget

6:45 Minnie & Michael Perrino
8:30 Mary Tague

WEDNESDAY, July 24th - St. Sharbel Makhlūf

6:45 Andy Werkhoven
8:30 Gabriella Grace Donovan

THURSDAY, July 25th - St. James

6:45 Antonio Polcini
8:30 Anthony & Antonette Lorento

FRIDAY, July 26th - Ss. Joachim and Anne

6:45 Florence O'Halloran
8:30 Joseph Ferzoli and the
 Deceased Members of the Ferzoli Family

SATURDAY, July 27th - Blessed Virgin Mary

8:30 Misael Vasquez
4:00 Gabriella Grace Donovan

SUNDAY, July 28th - Seventeenth Sunday in

Ordinary Time

7:00 St. Benedict's Parish
8:00 Luigi Lafergola
9:30 Ismael Rojas, Sr.
 "34th Anniversary in Heaven"
11:00 Teresa & Rocco Tomanelli
 "Rest in Peace"
7:00 Giulio Cortina

**THIS WEEK'S ALTAR BREAD, WINE AND ALTAR
CANDLES HAVE BEEN DONATED BY:**

*Loving Wife Lorraine, Children and
Grandchildren*

IN LOVING MEMORY OF:

*Loving Husband, Father, and Grandfather
Frank N. Parisi, Sr.*

**Please Remember to Pray for the Sick!
May they find healing and comfort in Jesus Christ!**

Zobeida Almodovar	Kenneth Marin
Blanch Ross-Anderson	Ann Marro
Anthony Battista	Jenny Mauro
Judy Berardinone	Kevin McCarthy
Apollonia & Wendelin	Chris McPadden
Brenner	Denise McPadden
Amy Buscamonte	Sue McVey
John Caminiti	Maylee Roman Overman
Inez Cantamessa	Rob Passanisi
Lillian Corrado	Kim Rappold
Tom Curran	Antonette Roublick
Mike & Louis D'Annuncci	Margaret Geddis Schmidt
Sean Fagan	Nina Serpati
John Fernandez	Pasquale Tartaglione
Marion Gruber	Alex Trebek
Eileen Jennings	Jean Varela
Frankie Lettera	Thomas Vecchio
Louis	Leeann Williams
Elizabeth Mandile	Paul Yeancades
Elaine Marin	Patricia Zayas

Babies/Children

Baby Amari, Danielle Grace Comblo, Charli Mary Carozza, Sebastian DeLuca, Caleb DeJesus, Marco Garcia, Joseph Gentile, Blake Salvatore Haddock, Baby Olivia Iafelice, Baby Noelle Jablonka, Infant Savannah Longo, Sophia Lopez, Infant Lucas Ortiz, Tiffany Toro, Azalea Vargas, Rayne Weiner

**+ Please Pray for the Recently Deceased Members
of our Parish and their Grieving Families +
Dante Bruno, Donato Rita**

***Please Pray for all those who have no one to
pray for them!***

IF THERE IS AN EMERGENCY DURING MASS

**If you witness someone having a medical emergency,
please call 911. If you do not have a cell phone, please
ask someone else to use their phone. The Celebrant
cannot leave the Sanctuary once Mass begins.**

Thank you for your understanding and cooperation!

Spiritual Readings for the Week of July 21st:

Monday: Sg 3:1-4b or 2 Cor 5:14-17; Ps 63:2-6,
8-9; Jn 20:1-2, 11-18
Tuesday: Ex 14:21 — 15:1; Ex 15:8-10, 12, 17;
Mt 12:46-50
Wednesday: Ex 16:1-5, 9-15; Ps 78:18-19, 23-28;
Mt 13:1-9
Thursday: 2 Cor 4:7-15; Ps 126:1bc-6; Mt 20:20-28
Friday: Ex 20:1-17; Ps 19:8-11; Mt 13:18-23
Saturday: Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15;
Mt 13:24-30
Sunday: Gn 18:20-32; Ps 138:1-3, 6-8; Col 2:12-
14; Lk 11:1-13

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From the Pastor:

My Dear Parish Family:

On Monday evening (July 22nd) at Providence Rest Nursing Home I would like to invite all the members of the parish to the Prayer Group beginning at 8 PM with Praise and Worship. Please do not be afraid to join in the Charismatic Prayer Group and to allow yourself to be filled with the Holy Spirit. Charismatic prayer is deeply rooted in the Catholic Faith and it is a wonderful time of prayer, music and being together as God's people. The evening will also have Mass where we will be praying for healing. We all need to be healed by Christ in the power of the Holy Spirit and, in fact, God wants to heal us! Please consider coming Monday evening to the Charismatic Prayer Group at Providence Rest. I look forward to praying in the Spirit with all the members of the parish.

On this coming Friday, July 26th the Church celebrates the feast day of Joachim and Anne (*the parents of the Virgin Mary.*) They were the two people who provided the world with the extraordinary gift of Mary, the Mother of Jesus. Joachim and Anne were good faithful people who loved God and through the ordinary ways of life conceived and gave birth to Mary. They loved her and brought her up to love God. Mary is a special gift from God to the whole world as the Immaculate Conception meaning she was born without original sin. She was to become the Mother of the Son of God. Therefore, Joachim and Anne would have been grandparents to Jesus. This feast day gives us all the chance to remember and pray for our own grandparents, as well as the opportunity to thank you, the grandparents, in our parish family. Being a grandparent is a special gift in the lives of grandchildren. I remember all four of my grandparents with great affection and pray for them often. One of my grandmothers use to always call me "her boyfriend!" It was a special relationship and I still have a small black and white picture of my grandmother holding my hand as we were about to cross a busy street. I cherish that picture and those memories. My other grandparents lived across the street from us when we were growing up. For me and my brothers and sisters they were a part of our daily lives as children. I hope all the members of the parish have a special memory of your grandparents. Grandparents today may be the person watching the children of our parish who are home for summer vacation. Grandparents are an important part in the lives of their grandchildren for many reasons and on many levels. Therefore, we want you to know that we are praying for all of the grandparents in our parish.

In a special way this week let us ask Saints Joachim and Anne for their special intercessory prayers for all grandparents, living and deceased.

Until next week, peace and prayers! St. Benedict and Cardinal Cooke, Servant of God, pray for us!

Fr. Stephen P. Norton



RECTORY SUMMER HOURS 2019

Effective July 1st through September 2nd, the rectory summer hours will be as follows:

Monday through Thursday

9:00am until 12:30pm and 1:30pm until **4:00pm**

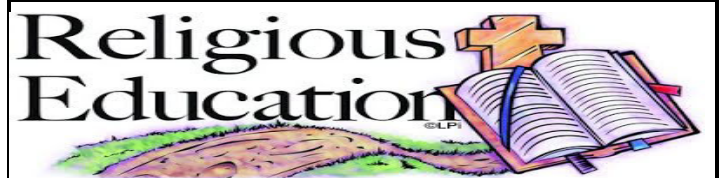
Friday 9:00am until **12:00 Noon**

Saturday 9:00am until **4:00pm**

Sunday **Closed**

Thank you for your understanding and cooperation!

Have a Blessed and Safe Summer!



St. Benedict RE (CCD) Program Re-registration/Registration for 2019-2020 is now Open for Grades 1 - 8 and high school

If anyone would like to re-register/register your child(ren) for the **2019-2020** RE (CCD) Program, please note the following tuition rates:

1 child	\$125.00
2 children:	\$175.00
3 children:	\$225.00

You can contact Sr. Joan Quinn at her office (at St. Benedict's School) at 718-829-1200. During the summer, Sr. Joan will be in her office during the month of July.

**Classes begin on Sunday, September 8, 2019 and
Wednesday, September 11, 2019, respectively!**



A NIGHT OF WORSHIP AND PRAISE For the Young and Young of Heart ...

Providence Rest, 3304 Waterbury Avenue

The evening will be led by Stephen Eguino and Liturgy celebrated by Fr. Stephen Norton on:

Monday, July 22nd from 8:00pm-10:00pm

All Welcome!

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WEEKLY OFFERINGS

SUNDAY, July 14, 2019 **\$7,826.59**

50/50 WINNER:

Mr. & Mrs. Donald Grillo **\$115.00**

Thank you to everyone for your generosity and for all that you do for St. Benedict's Parish throughout the year. God Bless you!

Healing Mass at 11am - Sat., August 3rd

St. Kateri Tekakwitha Catholic Church, 1925 Route 82, Lagrangeville, NY 12540.

www.saintkateriparish.com

www.catholiccharismaticny.org

AMVETS Post #38

will be having Bingo at 1440 Shore Drive on **Monday, August 5th and Monday, August 26th.**

The doors open at 7:00pm.

All Proceeds go to the Veterans!



Prayer in Honor of St. Dymphna

Lord Jesus Christ, you have willed that St. Dymphna should be invoked by thousands of clients as the patroness of nervous and mental disease and have brought it about that her interest in these patients should be an inspiration to and an ideal of charity throughout the world. Grant that, through the prayers of this youthful martyr of purity, those who suffer from nervous and mental illness everywhere on earth may be helped and consoled.

I recommend to You in particular:

(Here mention those you wish to pray for)

Be pleased to hear the prayers of St. Dymphna and of Your Blessed Mother. Give those whom I recommend the patience to bear with their affliction and resignation to do Your divine will. Give them the consolation they need and especially the cure they so much desire, if it be Your will. Through Christ Our Lord. Amen!

Eucharistic Adoration



ADORATION CHAPEL DAYS AND HOURS

During the Summer 2019

- **Tuesdays from 9am-4pm**
- **Fridays from 9am-12:00 Noon**
- **Fridays we pray the Rosary at 11:00am (not 12:00)**

EFFECTIVE TUESDAY, JULY 2nd, there will be a change in the time for Adoration on Tuesdays and Fridays as stated above. The reason for a change in time is because the Rectory will close at 4:00pm on Tuesdays and at 12:00 Noon on Fridays. Therefore, for the safety of our Adorers, it is in everyone's interest that the Chapel and Rectory close at the same time. We will continue to pray the Rosary **EVERY FRIDAY at 11:00am (not 12:00 Noon)** in the adoration chapel. Please stop by the chapel and spend some quiet time with Jesus. Please tell a friend, neighbor and/or relative. **Thank you for your cooperation and God Bless you!**

+ Prayer List For Our U.S. Servicemen and Women + U.S. Air Force:

1st Class Airman Eric Bosco, Lt. Col. Thomas D. Crimmins, Ismael Guiles, Major Roger Illari, Stephanie Mendez, Air Force Airman, Msgt. Daniel Rivera, Major Alicia Stumpf, Major Sean Stumpf.

U.S. Army/U.S. National Guard:

Pvt. Michael Careswell, Fr. (Chaplain) James Collins, Pvt. Matthew Dooley, Sgt. Scott Douglas, Jason Engeldrum, Sgt. Pedro Flores, Pvt. Anthony Grieco, Jr., 2nd Lt. Christopher Hackett, Johnny Jiminez, 82nd Airborne, Corporal Jenna Kuhl, Sergeant First Class Javier Mendoza, PV2 James McCarthy, Captain Peter Anthony Orlando, Pvt. Anthony Ottaviano, Captain Fr. Peter Pompisello, Major Lori Robinson, Thomas Robinson, Jr., Pvt. Justin Roman, Ryan Shank, Timothy S. Valentine, S.J., Capt. Javi SanJuan, 1st Lt. Renee SanJuan, Col. Raymond Van Pelt, Franky Perez, PV2 Manual Ramirez, Sgt. Andrew Santander, Staff Sgt. Matthew Wickes, SPC Albert Zapata, Staff Sgt. William Ziegler.

U.S. Coast Guard:

Jayke Hooks, Seaman Apprentice, Thomas J. Hooks, Brandon A. Moreno, Seaman Apprentice, PO3 Eberlee Santander.

U.S. Marine Corps:

Master Sgt. Mark S. Lynch, Corporal Kevin S. Major, LCpl Erik M. Mango, Major Frank Parisi-Reserves, Sgt. Benjamin Rodriguez, Staff Sgt. Randy Vaccaro-Reserves, Pvt. 1st Class, Jason R. Wager-Reserves.

U.S. Navy:

Diplomat John Brunetti, Petty Officer Gillen, Lt. Jennifer Groger, ABH3 Christopher Hough, Naval Airman E-3, Sea Bee Sammy Pizzano, Petty Officer William F. Ramos, Ralph Romero Sanchez, Richard Torrens, Lt. Victor Schaeffer, Pvt. Nicholas Zayas

ST. BENEDICT'S SCHOOL

St. Benedict's School offers FULL & HALF DAY Pre-K 3 and 4 Year Old Programs and FULL DAY Kindergarten through Grade 8. If you are interested in having your child(ren) attend St. Benedict's School for the **2019-2020** school year, please visit our website at: www.stbenedictschoolbx.org for important registration/application information. Please feel free to contact St. Benedict's School (718-829-9557) for a tour. A limited amount of scholarships are available for those eligible. Thank you!

PROVIDENCE REST - WE NEED YOU!

Whatever your talent, whatever your skill, whatever your hobby, we need you! Whatever day, and whatever time, we want you! Please share our mission and become a volunteer at Providence Rest Nursing and Rehabilitation Center. Just call us at 718-514-8406. Thank you!

Friendly Reminders



Sun., 07/21	11:00 Mass	Baptisms
Tues., 07/23	9am-4pm	Adoration Chapel
Thurs., 07/25	7:30pm	Men's Cornerstone mtg., convent, upstairs, large room
Fri., 07/26	11:00am	Rosary - Chapel
Fri., 07/26	9am-12 Noon	Adoration Chapel
Fri., 07/26	Rectory closes at 12:00 Noon	
Sun., 07/28	11:00 Mass	Baptisms
Tues., 07/30	9am-4pm	Adoration Chapel
Thurs., 08/01	12:30pm	(AARP #1242) Summer Bingo Convent downstairs
Fri., 08/02	9:00am	Adoration Chapel <i>All Souls in Purgatory</i>
Fri., 08/02	11:00am	Rosary - Chapel
Fri., 08/02	9am-12 Noon	Adoration Chapel
Fri., 08/02	Rectory closes at 12:00 Noon	
Sun., 08/04	11:00 Mass	Baptisms
Mon., 08/05	7:00pm	Baptism Instructions
Tues., 08/06	9am-4pm	Adoration Chapel
Thurs., 08/08	7:00pm (NOT 08/01)	Women's Cornerstone mtg. convent, upstairs, large room
Thurs., 08/08	7:30pm	Men's Cornerstone mtg., convent, small room
Fri., 08/09	11:00am	Rosary - Chapel
Fri., 08/09	9am-12 Noon	Adoration Chapel
Fri., 08/09	Rectory closes at 12:00 Noon	

Archdiocese of New York

Archways

The Summer 2019 edition of *Archways*, the quarterly magazine of the Archdiocese of New York, is now out. You can view or download it at:

archny.org/archways. In our cover story, "Harvest of Faith," we look at some of the ways Catholic organizations are working to preserve the integrity and beauty of the earth and feed their communities. Elsewhere in the issue, you will find many other stories.

Archways is published digitally four times per year; two issues per year are distributed in print to those who contribute to the *Cardinal's Annual Stewardship Appeal*. The next issue will be the Fall 2019, at the end of August.

Ft. Schuyler Chapter AARP #1242

The next meeting will be **Thurs., August 1st** at 12:30pm in the convent downstairs.

Summer Bingo!

SOULS IN PURGATORY

The **First Friday of every month** the Legion of Mary will have: "**Holy Hour to the Sacred Heart of Jesus in Honor of the Holy Souls in Purgatory.**" The next Holy Hour will be at **9:00am in the Adoration Chapel on Friday, August 2nd** and we will pray for the Souls in Purgatory. Please join us!

I LOVE GOD

I'm proud to say that

MARRIAGE SAVEHOUSE

Problems in your Marriage? Come to **Marriage SaveHouse**, a parish-based ministry aimed at helping spouses overcome the stress and issues that plague so many couples. Our team of married couples will help and guide you to a long and happy marriage. **We will meet with you and your spouse discreetly.** For an appointment, please call Deacon Mike at **718-828-3403, x107.**

TRAVELLING? - If you will be traveling in the United States and want to find the nearest Roman Catholic Church and its Mass schedule, you can visit the website: Masstimes.org

JESUS IS NEVER ON VACATION!

Mt. St. Michael School, 4300 Murdock Avenue
"BINGO" Fridays at 7:00pm AND
Sundays at 6:00pm
Come visit us - we are one of a kind "Bingo"

ORGANIZATIONS:

AA Friday at 8:00pm - *FAH - 1-347-387-0079
Al Anon - Friday from 7:00pm-8:00pm for Beginners and from 8:00pm-9:00pm for the regular meeting in the **Convent - 1-646-281-9522
Bereavement Group - Spring and Fall Sessions Saturday from 11:00am until 12:30pm - **Convent 718-828-3403, ext. 101
Bible Study - Tuesday 7:00pm **Convent upstairs
CCD—RE-CCD Classes Sunday from 10:30-12:00pm and Wednesday from 4:15-5:45pm - *Parish School*
Children of Light Charismatic Group - Monday 7:30pm - *Providence Rest, Waterbury Avenue*
Choir (Adult) Rehearsal Wednesday from 7:15-8:30pm and Sunday Mass at 11:00am
Choir (Children) Rehearsal Wednesday from 2:45pm-4:00pm and Sunday Mass at 9:30am
Fife and Drum Corps - Monday 6:00pm - *Parish School*
Legion of Mary - Wednesday 7:30pm - *Convent Chapel*
NA - Wednesday 7:00pm - **Convent
Nar-Anon - Wednesday 7:00pm to 8:15pm - **Convent
RCIA Sunday at 11:00am Mass and then over to the **Convent at 12:00 Noon - Classes begin in September and end in May
Respect Life **Convent (*Please call the rectory if you are interested - 718-828-3403, x101*)
St. Benedict's Knights of Columbus
 Website: www.kofc11590.org
 *FAH-Father Albert Hall or **Convent, 1082 Edison Avenue

Reasons to be Registered in the Parish:

- * Helps support the Church;
- * Proves that you are a practicing Catholic;
- * Helps to obtain sponsor certificates, release letters, or any other documentation needed from the Church;
- * Enables you or members of your family to become eligible for any of the sacraments (Baptism, Reconciliation, Holy Communion, Confirmation, Marriage, Anointing of the Sick);
- * Enables you to have your children registered in our Parish School or our Religious Education Program (RE-CCD) for their religious education;
- * Give you a sense of belonging to the Parish Family;
 Stop by the rectory **Monday-Friday**, 9:00am-12:30pm and 1:30pm-7:00pm. and **Saturdays**, 9:00am-4:00pm. 718-828-3403, ext. 101 or go to the website: <http://www.stbenedictchurchny.org>
Closed on Sundays.

We're Always Looking For...

BOX TOPS - EDUCATION: All you have to send in are the actual squares of the box tops, the bar codes of the item you purchased are not needed. You can send them to the school, attention Cristina Cherubino. Everything helps and the school appreciates your participation with this. Go to BTFE.com.

For Your Information: If anyone would like to listen to Radio Maria English...type the web address **radiomaria.us**. Then...on the bottom left where it says "24/7 Live Listening..Listen Live" ..click on "Live Stream" on the Radio 620am

RECTORY TELEPHONE #: 1-718-828-3403
TELEPHONE EXTENSIONS

When the recording comes on, please dial the extension. The extension numbers are as follows:

Fr. Stephen Norton	109
Fr. Dan Tuite	104
Deacon Michael Salvatorelli	107
Reception Desk	
(Isabelle Welsh)	101
Carole Janicki	102
Carl Triano	117
Sr. Joan Quinn (CCD)	1-718-829-1200
School	1-718-829-9557

Helpful Information for Our Parish Family:

If anyone would like to donate furniture, clothing, etc. to charity, contact any of the following organizations:

Bronxworks:	718-731-3114
Catholic Charities:	718-292-9090
Greymore:	845-230-8337
POTS (Part of the Solution):	718-220-4892
Salvation Army:	800-728-7825
St. Ann's Church:	718-585-5632
St. Mary's Church:	718-529-6070 or 718-529-7825

St. Peter's Episcopal Church:	718-931-9270
Thorpe: They do <u>NOT</u> pick up.	718-933-7312 or
You have to bring your donation to Thorpe. (drop-offs only)	718-295-2550

The above organizations may set a date with you to pick up your donation(s) unless otherwise specified. Thank you for caring.

The NEXT Clothing Drive will be Fall 2019

Catholic Directory:

Familink.com - Internet Protection - www.familink.com
 Catholic Internet provider service which filters the Internet.

PROTECT YOUR FAMILY: Make your computer safe for your children and for yourself. BSAFE ONLINE internet filter will protect you from chat rooms, pornography, violence and other harmful websites. To order and install go to their website at: www.bsafehome.com

Sisters of Life-Post Abortion Help www.sistersoflife.org
 1955 Needham Avenue, Bronx, NY 10466. Pro-Life Sisters who pray and fight for all human life, born and unborn. Retreats for women who have had an abortion, please call 1-718-881-8008 and ask for Theresa.

The Catholic League - www.catholicleague.org
 1011 First Avenue, NYC, NY 10022. Fighting anti-Catholic bias in the media and entertainment field. If interested, they ask for a \$15.00 donation for their newsletter.

If you have an emergency, at any time of the day or night, please call the Rectory at 1-718-828-3403



STRENGTH AND GUIDANCE

A prayer for strength is often needed during difficult times. Please remember that God is always here for us, to give us strength, guidance and lift our hearts when all seems hopeless.

