## **Confirmation Service Project and Spiritual Enrichment Guidelines**

Christ asks us to help others and use our gifts and talents to meet the needs of others. The community service requirement of this program helps us to put this into practice. In order to live out this service to others, we must be properly nourished ourselves. The spiritual enrichment component ensures that we put into practice good habits of prayer and devotion that will sustain us on our journey as a Confirmed Catholic. You will discuss a plan of action with Fr. Tom for both community service and spiritual enrichment.

## \*\*\*\*24 credits must be completed\*\*\*

## **Outreach/Community Service projects (12 Credits)**

Here are just a few examples

- Food Drives
- Coat Drives
- Giving Tree
- Helping decorate the Church for Christmas/Easter
- Letters to: service men and women, homebound
- Participation in a Youth Group Meeting
- Christmas Pageant/Choir participation
- Additional suggestions can be found on the STARS page of our website. You may receive emails notifying of new opportunities as well.

## **Spiritual Enrichments (12 Credits)**

Here are just a few examples

- Rosary
- Holy Hour
- Stations of the Cross
- Watch a Christian movie
- Write a poem of prayer or song
- Paint or draw a picture of a saint, Jesus, Mary
- Read a book about a saint/ or Christian inspirational book
- Attend a baptism/wedding/Confirmation
- Go to the Sacrament of Reconciliation
- During Lent: attend Holy Thursday Mass, Good Friday Services, Easter Vigil
- Additional suggestions can be found on the STARS page of our website. You may receive emails notifying of new opportunities as well.