


LENT 2019 March/April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8th Sun in Ord Time 3	4	Mardi Gras 5	ASH WEDNESDAY 6	7	8	9
NO 5 PM Mass	NO 6:30 AM Mass 8:30 AM Mass at Holy Spirit	Shrove Tuesday Office Closed NO 6:30 AM Mass 8:30 AM Mass at Holy Spirit	Fast & Abstinence Masses at St Ann 6:30AM 12:10 PM 6:00 PM	6:30 AM	Abstinence Stations of Cross 5:30 PM	Lenten Day of Recollection 10AM ~ 3PM
1st Sun of Lent 10	11	12	13	14	15	16
	6:30 AM Mass	6:30 AM Mass <i>3rd Grade Confession</i> 6:30 ~ 7:30	6:30 AM Mass	6:30 AM Mass <i>S. E. Training 5:30 -6:00</i> 5 ~ 8 Grade	Abstinence Stations of Cross 5:30 PM	
2nd Sun of Lent 17	18	19	20	21	22	23
	6:30 AM Mass	6:30 AM Mass <i>4th & 6th Grade Confession</i> 6:30 ~ 7:30	12:10 PM Mass LIGHT IS ON 6:30PM	6:30 AM Mass	Abstinence Stations of Cross 5:30 PM	
3rd Sun of Lent 24	25	26	27	28	29	30
	6:30 AM Mass	6:30 AM Mass 5th Grade Confession 6:30 ~ 7:30	12:10 PM Mass LIGHT IS ON 6:30PM	6:30 AM Mass	Abstinence Stations of Cross 5:30 PM	
4th Sun of Lent 31	APRIL 1	2	3	4	1st Friday 5	1st Saturday 6
LAETARE SUNDAY	6:30 AM Mass	6:30 AM Mass <i>7th Grade Confession</i> 6:30 ~ 7:30	12:10 PM Mass S. <i>E. Training 5:30 -7:00 High School</i> LIGHT IS ON 6:30PM	6:30 AM Mass <i>S. E. Training 5:30 -6:00</i> 1 ~ 4 Grade	Abstinence 6:30 AM Mass Stations of Cross 5:30 PM	8:00:00 AM Mass
5th Sun of Lent 7	8	9	10	11	12	13
	6:30 AM Mass	6:30 AM Mass <i>8th Grade Confession</i> 6:30 ~ 7:30	12:10 PM Mass	6:30 AM Mass <i>1st Reconciliation 5:30</i>	Abstinence Stations of Cross 5:30 AM	
PALM SUNDAY 14	15	16	17	Holy Thursday 18	Good Friday 19	Holy Saturday 20
	6:30 AM Mass	6:30 AM Mass	12:10 PM Mass	Maundy Thursday 7:00 PM Mass	Fast and Abstinence 3:00 PM Service	8:00 PM Easter Vigil
EASTER 21						
HE IS RISEN HE IS RISEN INDEED	The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.			Every person 18 years or older must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent.		