



# The Good Shepherd Parish

The Good Shepherd Parish is a Catholic community rooted in the Gospel where all are invited to encounter Christ, grow in holiness, and proclaim His Good News to the world.

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## Sixth Sunday in Ordinary Time

### Mass Intentions

#### Saturday 13 February – Sixth Sunday in Ordinary Time

5:00 pm † Souls in Purgatory  
Intentions of Saverina and Vincenzo Procopio requested by the family  
† Cesar Ramos requested by Cynthia and Andrew Klymchuk  
Mass of Special Intentions requested by a parishioner

#### Sunday 14 February – Sixth Sunday in Ordinary Time

9:00 am † Souls in Purgatory requested by a Parishioner  
Intentions of Gabriela Caparroz, Pasquale, Vincenzo and Brunella Procopio  
11:15 am No Intention

#### Tuesday 16 February – Shrove Tuesday

† Souls in Purgatory

#### Wednesday 17 February – Ash Wednesday

Intentions of Amy McKeller requested by Sean and Anna May O'Carroll

#### Thursday 18 February | No intention

#### Friday 19 February

Intentions of Marianne, Hans and Holger Nobel requested by Michael and Fabiana Nobel

#### Saturday 20 February – First Sunday of Lent

5:00 pm Intentions of Daniela Capparoz, Mariana Estela, Rodrigo Estela and Gustavo and Doelia requested by Michael and Fabiana Nobel  
† Michael Lynch requested by Sean and Anna May O'Carroll

#### Sunday 21 February – First Sunday of Lent

9:00 am † Madeleine Bedard requested by Bill and Lorraine Coveny  
11:15 am No intention

#### Tuesday 23 February

Intentions of Jorge Assandri requested by Michael and Fabiana Nobel

#### Wednesday 24 February | No intention

#### Thursday 25 February | No intention

#### Friday 26 February

† Nelida Caparroz requested by Michael and Fabiana Nobel  
† Keith Moffett requested by Nancy Moffett

#### Saturday 27 February – Second Sunday of Lent

5:00 pm † Frank Faure requested by Carol Faure  
† Bernice Sheldrick requested by Dr. G.M. Lusignan

#### Sunday 28 February – Second Sunday of Lent

9:00 am No Intention  
11:15 am † Antonio Perreira requested by Odilia and Paul Garcia

#### Tuesday 02 March | No intention

#### Wednesday 03 March | No intention

#### Thursday 04 March | No intention

#### Friday 05 March | No intention

#### Saturday 06 March – Third Sunday of Lent

5:00 pm † Gordon Willick requested by the family

#### Sunday 07 March – Third Sunday of Lent

9:00 am No Intention  
11:15 am No Intention

Dear friends and parishioners of The Good Shepherd Parish –

It is with great joy that we look forward to the lifting of the severe lockdown restrictions under which we have all been living. On Tuesday 16 February, Ottawa will move to the orange/restrict level that will permit us to hold Mass and activities as we were in December. We will continue to have the careful COVID protocols followed (advance registration for Sunday weekend Masses, welcoming team at the door (with temperature taking if you have not done so at home) and the social distance seating by our ushers, etc. We have the protocols down and so it will be so very wonderful to again gather in our church as one faith family to celebrate the Holy Sacrifice of the Mass, together. Weekday Mass resumes on Friday 19 February, with COVID protocols.

While there is excitement to returning to church, some of you may still not feel comfortable in returning to the church until the vaccine program has given us the protection we all need; this is very understandable. Archbishop Marcel has extended the exemption of the Sunday obligation to attend Mass. We will still have our Mass uploaded to our YouTube channel and I encourage you all to continue to pray along with us via those means. One day we can all be comfortable to attend Mass together in our beloved church. Until then, we continue to offer prayers for everyone suffering with COVID and for their families; for all those frontline workers who are assisting the afflicted; and in a very special way, let us pray for the vaccination program that is underway and for those who are charged with its efficient and speedy delivery.

With the re-opening of our Church, on Ash Wednesday we will hold two Masses: one at 9:00 am and one at 6:00 pm. At both of these Masses you will be registered on arrival and all COVID protocols will be followed. All in attendance will receive ashes sprinkled on the head as described by Archbishop Marcel; the following is an excerpt from a recent message from him: "The liturgical season of Lent is fast approaching. On February 17, the Church will begin the holy season with Ash Wednesday. For many of the faithful, this is a sacred day when a visit to the church is desired to celebrate Mass and receive the ashes.... This year, the imposition of ashes can only be done by sprinkling ashes on the top of the head (not on the forehead). This is a form permitted by the Roman ritual."

At both of these Masses we will have the outside speakers on, so that parishioners who wish to attend Mass, while remaining in their cars, may do so; you need to tune to 100.7FM on your radio. At the appropriate time (and when the assembly has departed the church out the side door), all those in their vehicles will be invited to proceed to the church front door, maintaining proper social distancing to receive the ashes and also to receive Holy Communion (all no touch). I will have said the "Body of Christ" over the microphone during Mass, so there will be no speaking when you come up to receive the Blessed Sacrament. Simply hold out your hand very flat and I will place the Holy Eucharist on your hand; step aside, remove your mask and consume the Holy Eucharist while standing in place. Replace your mask and return to your car. Ashes and Holy Communion will be distributed at the front door from the end of each Mass until 10:30 am and 7:30 pm respectively. The Ash Wednesday Mass at 9:00 am will be recorded and uploaded to the parish YouTube for praying along at 2:00 pm that same day.

Let us continue to pray for the well-being of ourselves and for one another... this pandemic is taking such a toll on everyone, particularly the most vulnerable. Let us remember to bring all our cares to the Lord in our daily prayers.

As we proceed to Ash Wednesday and the beginning of the Season of Lent, let us take the time to pause and consider to what this Season is calling us... to live a fuller, holier life.

I hold you and your families in my prayers, and I ask you to continue to pray for me. God bless you.

Yours in Christ,

Fr. Virgil

**SACRAMENT OF RECONCILIATION**  
Available one-half hour before every Mass;  
other times by appointment.

Please call Fr. Virgil at 613-824-4394, ext 2.

**\* WEEKDAY MASSES WILL BE EVERY TUESDAY AND FRIDAY AT 9:00 AM \***

**\* \* BEGINNING FRIDAY 19 FEBRUARY 2021 \* \***

## WEEKDAY MASSES

**Current schedule\*\*:** Tuesday and Friday at 9:00 am

**\*\* NEW INFORMATION \*\*** For those wishing to attend either weekday Mass, please note, while there is no requirement to register in advance for the Mass, **everyone must register on arrival.** The front door will be opened at 8:30 am and you will be asked to provide your name and telephone number to Bonnie who will enter this information on our registration form. This form will be held for 30 days should it be needed for contact tracing; forms will be shredded after 30 days.

**\*\*** Please read the *“Welcome Back to The Good Shepherd Church”* document, on our home page, prior to coming to Church.

**You are all requested to please follow our parish COVID-19 protocols:**

1. take your temperature at home to confirm you are well enough to attend Mass
2. **\*\*wear a mask that securely covers the nose, mouth and chin;** no gloves when receiving Holy Communion;
3. **\*\*REMINDER: NO SINGING PERMITTED**
4. enter Church by the Main/Front door
5. on arrival, use the touchless hand sanitizer on the wall
6. **\*\*REMINDER: Washrooms are to be used only in urgent cases; if you have used the washroom, please ensure all washroom spaces are wiped down\*\***
7. provide your name and telephone number to Bonnie at the registration table
8. take a seat in the Main Worship Space, ensuring social distancing between you and others who are not in your group **(at least three (3) seat separation between groups)**
9. **\*\*REMINDER: please depart the Church immediately following conclusion of Mass,** ensuring social distancing is maintained at all times
10. depart Church by the side door (down cloakroom hallway)

**\*\*Due to COVID-19 requirements to clean between Masses we are unable to hold more weekday Masses.**

**When attending Mass in church, if you have hearing challenges, please tune into 100.7 FM on your radio to pray along.**

## ALL WEEKEND SUNDAY MASSES

**\*\*\*** Please read the *“Welcome Back to The Good Shepherd Church”* document located on our home page **prior** to registering for Sunday Mass.

**ONLINE REGISTRATION for all weekend Sunday Masses opens on Sunday at 1pm and closes at noon on FRIDAY.**

**COVID-19 protocols to follow when attending Mass in our church:**

1. everyone who enters our church must wear a mask that securely **covers the nose, mouth and chin;**
2. after confirming temperature and registration, ushers will seat all attendees, according to social distancing policy.
3. the cantor is the only person singing at Mass; the assembly is to please remain in silent spiritual union with the hymns.
4. all may respond to the spoken prayers throughout the Mass.
5. there is no passing of the collection basket; please place your envelope or your offering in the box (at the Baptismal Font) as you exit the worship space after Mass ends;
6. please wait for the ushers to guide the assembly, row by row, for the distribution of Holy Communion; no gloves are to be worn when receiving Holy Communion.
7. Please wait for the ushers to guide the row by row exit, immediately after Mass ends, out the side door (adjacent to the cloakroom), ensuring social distancing is maintained.

### Act of Spiritual Communion

*My Jesus, I believe that You are present in the Most Blessed Sacrament.*

*I love You above all things, and I desire to receive You into my soul.*

*Since I cannot now receive You sacramentally, come at least spiritually into my heart.*

*I embrace You as if You were already there, and I unite myself wholly to You.*

*Never permit me to be separated from You.*

*Amen. Saint Alphonsus Liguori*

### MASS ON YOUTUBE

Our parish Sunday Mass will continue to be on The Good Shepherd Parish YouTube channel each Sunday.

Select the link on our parish homepage:

<https://www.thegoodshepherdparish.com/>

Please share this information with your fellow parishioners, family and friends who are unable, for health reasons or church space limitations, to join us in the church.

**Please share all information in this bulletin with your fellow parishioners, particularly those who do not have access to the internet.**

- In accordance with the ON Provincial Health Orders, our church will be subject to “orange/restrict” COVID protocols, effective Tuesday 16 February 2021.
- For this first week, the EventBrite registration function (button on our homepage) will open on Tuesday 16 February for Sunday weekend Masses (Saturday 5:00pm; Sunday 9:00am; and Sunday 11:15am) registrations; REGISTRATION CLOSSES NOON ON FRIDAY.

### **NEW TIMING FOR**

### **REGISTRATION FOR WEEKEND SUNDAY MASSES**

**From Sunday 21 February onwards, registering for Sunday weekend Masses will be as follows:**

- EventBrite will open Sundays at 1:00 pm and close on Fridays at NOON.

*Happy Valentine's Day!*



*Please pray for those who have requested our prayers:*

Deacon Dan Careau 🙏	Doreen Dumont 🙏
Bruce Hodgins 🙏	Inge Kobner 🙏
Jean-Ella Lemire 🙏	Joe MacDonell 🙏
Gloria Marshall 🙏	Michael Nortey 🙏
Rosi Saunders 🙏	Jean Scharf 🙏

### Good Shepherd Parish Conference of the SOCIETY OF SAINT VINCENT DE PAUL



**Donations to SSVP:** The Conference of SSVP here at our parish are very thankful for all the help and donations last year. Your continued help and support will enable us to carry on with many good works in our community.

**THEME FOR THIS YEAR:** *Stretch forth your hand to the poor*

The Good Shepherd Conference continues to provide outreach to those in need within our community and to other regions where help is needed. We have been carrying out visits and delivering food vouchers to numerous people. The larger donation bin (located in the church parking lot) is open, so any gently used goods that you may have are always needed and appreciated.

If you are interested in joining our team or wish to make a donation directly to the parish St. Vincent de Paul Conference, please contact Sharon Rideout, President, St. Vincent de Paul Conference at The Good Shepherd Parish via email at [drideouts@rogers.com](mailto:drideouts@rogers.com).



### News from the Knights of Columbus Council 9005 Good Shepherd Parish

God is not a God who is up there "out of the way" and who does not seem to care about us. No, He is a God who is alive and active in our midst. He has literally pitched his tent amongst us and has established a church to redeem and save us. In the church there are many organizations that carry out the work of salvation and the Knights is one such organization.

It runs various programmes and the most prominent of these are the Faith, Family, Community and Life programmes. The Faith Programme comprises activities spent on the care of the church facilities. The Knights spend hours planning and helping in the Sacrament of First Holy Communion and Confirmation. There is a particular focus on maintaining a kiosk which provide reading material on the domestic family. This is a project which is a fundamental policy of the Knights. Also, the Knights run a one-day retreat and promote the recitation of the rosary, for we are a Marian Order.

The Family Programme is the second programme. Through this programme the Knights put in hours conducting a charity auction to raise funds for our Christmas Food Hamper distribution project. We also run a Novena for Life to encourage family prayer. We also conduct a monthly family rosary in conjunction with the Catholic Women's League. Finally, we are an Order that likes to promote good leadership at the parish level. Last month the Knights awarded an honour to Br. Mike Chippa and rightly so for he has put in a phenomenal number of hours working on many projects. Not only that, he has caught the eye of Supreme and has been given the Ontario Family of the Month honour. Congratulations to him.

Furthermore, we have a Community Programme. This programme cares for the sick and elderly brother Knights. It runs a basketball free throw competition in the schools. It provides a scholarship for Catholic youth who show leadership. It honours our military periodically. But most important, it runs parish breakfasts in order to raise funds for our various charities. Everybody likes breakfast. Even the resurrected Jesus cooked breakfast. It is a most intimate occasion and enables parishioners to get to know one another on a personal basis.

Lastly, there is a Life Programme. Abortion is a terrible sin. It is murder with a small "m". It is respectable murder. But murder it is and so the Knights participate in marches for life. We fund pro-life organizations and engage in pro-life masses and other prayer events to encourage the culture of life.

And so, I have enumerated many of the works the Knights do. They are instruments of God and as Ephesians 2:10 says: "we are God's handiwork enacted in Christ Jesus to do good works which God prepared in advance for us to do". In life we must do the will of the Lord for we are called and commissioned to do so.

James P. Tierney, Faith Director KofC

### Your Sunday envelopes are ready for pickup...

- Your 2021 Sunday envelopes are ready to be picked up and are on tables in the Church Cloak Room
  - For those contributing via Pre-Authorized Contribution (PAC), there is a box of Special Collection envelopes as well.
  - **Please call Bonnie at the parish office** to arrange best (safest) way for you to pick up your envelopes (613-824-4394; ext 1)
- Thank you very much for your kind and generous support.*



### How to support your parish during the pandemic ...

Please see information on our parish homepage for the various ways to support your parish. You may also call and leave a message for Bonnie at the parish office (613-824-4394; ext 1). Bonnie will call you back to process a recurring or one-time donation for you.

*Thank you very much for your kind and generous support.*

### Catholic Women's League (CWL) Ontario 2021 Provincial Annual Meeting of Members Fundraiser

Rosary Bracelet with CWL Charm – \$30.00 (\*plus shipping)

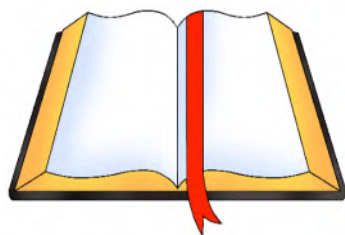
Various colour combinations of beads.  
Handmade by League members.  
Beautiful for yourself and great for gift-giving.



- Please contact Sue Ann Souliere at 613-979-5757 or email [sueannsas@bell.net](mailto:sueannsas@bell.net); or
- Contact Marilyn Olsen (\*for free porch delivery), of the 2021 CWL ON Annual Meeting of Members Planning Committee at email [mabolsen@rogers.com](mailto:mabolsen@rogers.com)

Cheques payable to 'CWL 2021 Ontario Provincial Convention'; or Interac E-transfer to: [cwl2021onconvention@gmail.com](mailto:cwl2021onconvention@gmail.com)

## Good Shepherd Bible Study



Adapting to the times, our parish Bible study resumed this Fall on the Zoom platform and it went so well that we are continuing with a new course during Lent and continuing after Easter:

### The Passion and Resurrection Narratives

The gospel stories of the passion and resurrection of Jesus are at the core of Christian faith, revealing the nature of God, the person of Jesus, and the path of every disciple. Explore these essential stories in the unique accounts of Matthew, Mark, Luke, and John, and embrace the cross and resurrection in your own life. The course will begin March 3<sup>rd</sup> and continue for a total of six (6) weeks. The course is offered on Wednesdays at 10 am, 1 pm, and 7 pm. The cost of the study material is \$20. The deadline for applications is February 15th. For further information please email [gsbiblestudy@rogers.com](mailto:gsbiblestudy@rogers.com).

### POPE'S PRAYER INTENTION FOR FEBRUARY 2021



**UNIVERSAL:** *Violence against women ~*

*We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.*



### NATIONAL PASTORAL INITIATIVE FOR LIFE AND THE FAMILY

God of love, you gave your life to free us from sin. Help us to embrace the sacrifices we make in wearing masks, staying home, getting vaccinated, and otherwise limiting our freedoms to stop the spread of COVID. May all of our efforts accelerate the healing needed to usher us back into life after the pandemic, we pray to the Lord. Amen.

(14 February 2021)

## GOOD SHEPHERD PARISH – ONLINE BIBLE STUDY

