A Sample schedule for a prayer day
April 2014

Brothers,
My prayer group follows a one-day format. I offer this sample simply as a suggestion among other options. Some groups meet for an overnight, other groups meet less frequently than monthly, but for a longer period of time, and other groups use other options. Each group needs to determine what works best for them. -Mark Mertes

• We meet on the third Monday of each month, except in July. We meet at a house that is provided by our archdiocese for priest recreation and retreat. (In June we take a road trip together.)
• Eucharistic Adoration 11:00 am -12:00 pm.
• Lunch 12:00 -1:00 pm (We bring a sack lunch).
• Prayer and Reflection 1:00 -1:30 pm.
• Free time 2:00-3:30 pm.
• Preview of the Review of Life 3:30-4:00 pm At this time each person shares the answer to three questions: “How is my prayer?”, “Did I take a desert day?”, and “What is my fact?”
• Review of Life 4:00 - 5:00 pm. At this time those who would like to share more deeply can do so.
• Evening Prayer 5:00- 5:20 pm with Prayer of Abandonment
• Dinner 5:20-7:00 pm (We eat in a restaurant).
• 7:00 pm departure to homes.