

Title: A Fresh Look at Confession	Author: David M. Knight
Media type: (check one) X Book <input type="checkbox"/> CD/Audio book <input type="checkbox"/> DVD	Call Number: 265 KNI
Review submitted by: Sharon Krieg	Date: June 27, 2016
Subject (e.g. Prayer, Family Life, Sacraments, Saints, Bible Study, Moral Conduct, Social Justice) Sacrament of Reconciliation	
<p>1. What is this book about? (describe briefly) This is an inspiring book written by Father Knight about the Sacrament of Reconciliation. While the basic information we received as children on "How to do a Good Confession", this book explains in wonderful detail about what Confession should really be like for the individual as we gain greater meaning from this Sacrament and closeness to our Lord.</p>	
<p>2. What main message does the author convey? This book is not dry and difficult to read for the average person. It is packed with inspirational information about a Sacrament too often ignored or dreaded. Father Knight lovingly explains Confession so that one's soul can be developed to a greater extent to reach the closeness with God which we desire. Filled with spiritual nuggets of wisdom, it was a delight to read. There were many chapters which I found very interesting such as "The Sins We Don't Confess." Another section deals with "Mortal and Venial Sins" and it is not as clear cut as one might think. What "True Contrition" is and is not, was very revealing. It is so much more than "I'm sorry I yelled at my little brother and I won't do it again." "Discipleship and Stewardship" concepts are discussed at great length so that the reader has more understanding about how to do better at both of these. There is so much spiritual richness to be gained when one partakes in the Sacrament of Reconciliation. Hopefully after reading this book, Father Knight has lead you to a more complete Confession understanding. This will lead you to a closeness with God that you did not have before going to the confessional.</p>	
<p>3. What inspired you the most about this book, and why would you recommend it? There is a lot of confusion about Confession which this book dispels. That is good for any Catholic who desires to learn more about the different dimensions of the Sacrament of Reconciliation!</p>	
<p>4. Who would benefit from reading this book? Misunderstandings abound about the Catholic faith, and it is especially pronounced when one abandons the Catholic Church in anger over unresolved issues stemming from these misconstrued ideas. There is so much to understand about this Sacrament. Hopefully this book will clear up some of those questions for both practicing Catholics and non-Catholics alike!</p>	
<p>5. Any other impressions: Father Knight confesses one of his own experiences with sin. The reader will most likely feel compassion for him once one learns what it was that happened. Leaving you with that cliff-hanger, I sincerely hope you will read this book, even if it is only to satisfy your curiosity. I would not be surprised that you gain so much more knowledge than that superficial level. Be sure to look for the striking and thought provoking translation for the word, "Tar-m-al."</p>	