

<b>Title:</b> Be Comforted: Healing in Times of Loss, Anger, Anxiety, Loneliness, Sickness, Death	<b>Author:</b> Gloria Hutchinson
<b>Media type:</b> (check one) X Book _CD/Audio book _ DVD	<b>Call Number:</b> 242 HUT
<b>Review submitted by:</b> Sharon Krieg	<b>Date:</b> 04/25/2015
<b>Subject</b> (e.g. Prayer, Family Life, Sacraments, Saints, Bible Study, Moral Conduct, Social Justice) Healing	
<b>1. What is this book about? (describe briefly)</b> Healing in times of: Loss, Anger, Anxiety, Loneliness, Sickness, Death ( per book cover)	
<b>2. What main message does the author convey?</b> Exceptional comforting messages per each above listed difficulty. Words cannot express how well this author delivers help to you via God. She says at the very end of the book, "May the Spirit use these pages to lead you who are suffering loss, anger, anxiety, sickness or the approach of death into the consolation only the Divine Comforter can give."	
<b>3. What inspired you the most about this book, and why would you recommend it?</b> I would heartily recommend this book because this author gives much "food for thought" to the hurting person. She has done much research for each subject in order to give the most comfort to the individual. She quotes well respected people's sayings and scripture in order to support her ideas. I hope you will read this book because I believe you will find it to be very helpful when you are hurting.	
<b>4. Who would benefit from reading this book?</b> Anyone really.	
<b>5. Any other impressions:</b> Loved this book!	