

Title: A Catholic Teen's Guide to Tough Stuff. Straight Talk. Real Issues	Author: Jim Auer
Media type: (check one) X Book <input type="checkbox"/> CD/Audio book <input type="checkbox"/> DVD	Call Number: T.2488 AUE
Review submitted by: Sharon Krieg	Date: 01/25/2015
Subject (e.g. Prayer, Family Life, Sacraments, Saints, Bible Study, Moral Conduct, Social Justice) Truth Discernment in Times of Despair	
1. What is this book about? (describe briefly) Wisdom from a compassionate adult to help the young person who is seeking help.	
2. What main message does the author convey? Life presents problems that sometimes seem insurmountable and deeply perplexing. What can an unhappy teen do and who can help? This author gives good advice to many of those questions that puzzle and distress young adults.	
3. What inspired you the most about this book, and why would you recommend it? Mr. Auer struck me as being the kind of person every parent wishes their teen had present in their life. Dealing with a variety of issues commonly found in the lives of many young adults of today, he dispenses sage advice with compassion. The complexities of the problems are understood by him, so that the advice given is not trite and shallow.	
4. Who would benefit from reading this book? Any young person who desires help and is willing to give thoughtful consideration to the advice offered.	
5. Any other impressions: Don't give up on the search for positive, non-harmful solutions to your distress. Remember somebody out there loves you, most especially God. For Real! "You then, my child, be strong in the grace that is in Christ Jesus." 2 Timothy 2:1	