The Fourth Cup; unveiling the mystery of the Last Supper and the Cross by Scott Hahn
Well-known Catholic theologian Dr. Scott Hahn explains Christ's Paschal Sacrifice on the cross as the fulfillment of the traditional fourth cup used in the celebration of the Jewish Passover meal. He draws a symbolic parallel to the Last Supper and Christ's death on Calvary. Through his scholarly insights and important biblical connections, Mass will come alive for you as never before!

Going Deeper: A Reasoned Exploration of God and Truth by Leo Severino
Leo Severino presents a systematic, easy-to-understand, journey that grounds the certitude of faith in logic and reason. The author maps out a train of thought that begins with everyday events, reasons its way through proofs of the existence of God, then goes on to describe the deep purpose inscribed in every human heart.

Live Today Well; St. Francis de Sale’s Simple Approach to Holiness By Fr. Thomas Dailey
In these pages, Fr. Thomas Dailey an Oblate of St. Francis de Sales gently guides you through St. Francis de Sales’s spiritual plan, showing how you can balance time devoted to God with the time needed to complete your many tasks each day. You'll learn St. Francis de Sales's technique of daily prayer and grace-filled awareness that will transform your life one day at a time no matter how busy your lifestyle.

Parenting on Purpose by Jason Free
Jason Free provides you with all you need to develop a personal plan for leading your kids to a clear awareness of their Christian identity, so that Christian values, beliefs and attitudes will become as natural to them as breathing. This is no dry, philosophical treatise about parenting. It's a how-to book, a straightforward, conversational, in-your-face sharing of specific ways to bring joy to your family and raise your children as real Christians.

The Seven Big Myths about Marriage: Wisdom from Faith, Philosophy, and Science about Happiness and Love by Christopher Kaczor
Appealing to reason rather than religious authority, the book tackles the most controversial and talked about positions of the Catholic Church - on contraception, on marriage, on reproductive technologies, on cohabitation, and on divorce - arguing for the reasonableness of the Church's views on these issues. The book's interdisciplinary approach, following the precedent of Thomas Aquinas, looks to human happiness and fulfillment, properly understood, in seeking the answers to questions about how to live. It aims to show to skeptical readers that what the Catholic Church teaches about controversial issues is rationally justified by considering evidence from psychology, sociology, and philosophy.
Choosing Joy: The Secret to Living a Fully Christian Life by Dan Lord

As St. Paul says, "It is no longer I who live, but Christ who lives in me." His joy, therefore, is our joy. But if we neglect our part, or become trapped in worry and anxiety, we can't expect peace or joy. What barriers are we putting in the way of our joy? How do I abandon myself to God's will? How do I let go and experience Christ's joy in my life? With Him, we bear fruit; we can do anything, and we possess everything. Choosing Joy is your guide to happiness, peace, and success. Author, speaker and teacher Dan Lord guides you along the way as you identify and overcome your personal obstacles and learn to focus your heart, soul, mind and strength on the Lord.

Rerouting...Finding Our Way Back to God and His Church by Fr. John Riccardo

When we lack a basic understanding of what the Church teaches, we can feel as if we’re on a road without a map, or have the wrong map, or only pieces of the map. Rerouting addresses this problem head on, providing us with the voice of a GPS device telling us where we must go in order to come safely home.

Praying for and With Your Spouse: The Way to Deeper Love by Greg and Lisa Popcak

God wants to fill your marriage with the love that comes from his very own heart. This book will show you how to let God take every part of your relationship to the next level from living each day with your joys and struggles to working out decisions to setting aside time for romance. Every time we pray for and with our spouse, God gives us greater insight into what it takes to love each other more deeply; we open our hearts to a love that can satisfy our deepest longings and allow our marriage to be a light to the world.

The Last Four Things: A Catechetical Guide to Death, Judgment, Heaven, and Hell by Fr. Wade Menezes

Death, judgment, heaven and hell are the Four Last Things toward which we are moving each hour of the day and night. Fr. Menezes shows us that God has not called us to His wrath, but to Salvation. He shows us that heaven and hell, salvation and damnation, eternal life and eternal punishment are all complementary doctrines. They need each other to be complete and we must understand the Church’s teachings in order to have a balanced view of the world.

Numbering My Days; How the Liturgical Calendar Rearranged My Life by Chene Heady

Chene Heady was a believing Catholic whose daily concerns were shaped primarily by forces other than his faith--career demands, financial decisions, scheduling conflicts, etc. He worked long hours and had limited regular interaction with his wife, also a busy professional, and his young daughter. He was the typical overextended and anonymous modern Catholic man. Then he tried an experiment that dramatically rearranged his life. After reading about the importance of the Church’s liturgical year, Heady took up the challenge to live as though the Church’s calendar, not the secular one, stood at the center of his life. Every day for a year, he observed the Church’s seasons and feasts, and meditated on the Church’s daily readings. As he did so, he found that his life, and his relationships, became more meaningful and fruitful.
Praying the Rosary Like Never Before: Encounter the Wonder of Heaven and Earth by Edward Sri

Do you struggle with praying the rosary: finding time, fighting distractions, worrying about your mind wandering? In Praying the Rosary Like Never Before, Edward Sri offers practical suggestions that come from the rosary’s tradition and, most especially, St. John Paul II. These helpful tips will make the rosary a constant companion through the different seasons, moments, and challenges we all face. These tips serve as easy on-ramps for those who don’t pray the rosary regularly motivate avid devotees of the rosary to go deeper with the Lord.

The Apostles and Their Times by Mike Aquilina

Here is an unflinching look at the lives and sacrifices of those first Christians who were given the task of spreading the Gospel to the ends of the earth. Relying on the ancient documents, as well as latest archeological findings and scientific research, acclaimed author Mike Aquilina takes you on a journey through the Apostolic Age, bringing to life the ancient streets and crowded marketplaces through which Mary and the Apostles journeyed as they built a Church that lasts even to our day.

Humility Rules: Saint Benedict’s Twelve-Step Guide to Genuine Self-Esteem by Augustine Wetta

Saint Benedict’s fifth-century guide to humility offers the antidote to the epidemic of stress and depression overwhelming modern young adults. But the language of The Rule by Saint Benedict is medieval, and its most passionate advocates are cloistered monks and nuns. How then does this ancient wisdom translate into advice for ordinary people? With candor, humor, and a unique approach to classical art, Father Augustine, a high school teacher and coach, breaks down Saint Benedict’s method into twelve pithy steps for finding inner peace in a way that can be applied to anyone’s life.

The Power of Silence: Against the Dictatorship of Noise by Robert Sarah

Cardinal Robert Sarah presents a bold book about the strength of silence. The modern world generates so much noise, he says, that seeking moments of silence has become both harder and more necessary than ever before. Silence is the indispensable doorway to the divine. Cardinal Sarah seeks to restore to silence its place of honor and importance. "Silence is more important than any other human work," he says, "for it expresses God. The true revolution comes from silence; it leads us toward God and others so as to place ourselves humbly and generously at their service."

Overwhelming Pursuit: Stop Chasing Your Life and Live by Mark Joseph

If you’re overwhelmed, unfulfilled, and running in circles chasing happiness, this is the book for you. You’ll learn, as Mark did, that the overwhelming pursuit of success stems from our underlying belief that we need to earn love, and that striving for it will somehow cure our lack of self-love. He’ll show you, through his experiences and those of others, that fulfillment has nothing to do with success. It comes from knowing that - despite success or failure you were created by God for greatness, for love and to be loved.
Dorothy Day: An Introduction to Her Life and Thought
By Terrence Wright
After her conversion, Day answered the calling to bring God’s mercy to others and founded the Catholic Worker Movement in 1933. Drawing heavily from Day’s own writings, this book reveals her love for scripture, the sacraments and the magisterial teaching of the Church. Wright explores her philosophy and spirituality including her devotion to Saints Francis, Benedict and Therese. He shows how her understanding of the Mystical Body of Christ led to some of her more controversial positions such as pacifism.

Gratefulness: The Habit of a Grace-Filled Life by Susan Muto
Many popular secular books today explore how embracing gratitude can lead to a happier, healthier life. In Contrast, Muto approaches gratitude from a uniquely Catholic perspective and reveals grateful living is not a new fad but has been the way of saints and Christian mystics for centuries. Muto and companions such as Julian of Norwich, St. Thérèse of Lisieux, Henri J. M. Nouwen, and Dorothy Day highlight the power of gratitude as a grace from God and walk with us as we learn to practice thankfulness.

The Fullness of Purpose: Taking Hold of Eternity Now by Ken Yasinski
Can you know for certain the purpose of your life? Author and speaker Ken Yasinski says yes! Inspiring, life changing and easy-to-read, this book will help you understand God's reason for your life, by pointing to the fullness of the Catholic faith. Since 1999 speaker Ken Yasinski has been proclaiming with clarity and passion a life-changing message to Catholics around the world. Now for the first time he has taken this message to print. This book puts Catholicism in practical everyday language and answers some of life’s most important questions: Why did God create me? How can I find meaning in suffering? Is the Catholic Church relevant?

Scripture Passages That Changed My Life by Writers of Living Faith Magazine
The power of Scripture to guide us to a closer relationship with the Lord and one another may be hard to describe; however, one of the best ways to learn about his divine power is through the experiences of others. In Scripture Passages That Changed My Life, ten of Living Faith's most well-known authors each explain how meditating on the word of God has changed their lives. Allow the lessons that they have learned to deepen your prayer experience and maybe even change your life, through the word of God.

The Grace of Enough: Pursuing Less and Living More in a Throw Away Culture
By Haley Stewart
Do you ever feel caught in an endless cycle of working harder and longer to get more while enjoying life less? The Stewart family did—and they decided to make a radical change. Popular Catholic blogger and podcaster Haley Stewart explains how a year-long internship on a sustainable farm changed her family’s life for the better, allowing them to live gospel values more intentionally. They dared to break free from the unending cycle of getting more yet feeling unfulfilled. They sold their Florida home and retreated to Texas to live on a farm with a compost toilet and 650 square feet of space for a family of five. Surprisingly, they found that they had never been happier. Stewart shares essential elements of intentional Christian living that her family discovered during that extraordinary year on the farm and that they continue to practice today.
I Want to See: What the Story of Blind Bartimaeus Teaches Us about Fear, Surrender and Walking the Path to Joy by Roc O’Connor
In his inspiring and lucid exploration of the gospel, O’Connor shows us how Bartimaeus sits not only at the roadside but at the center of everything Mark wants us to know about being a disciple of Jesus. Bartimaeus knows he is blind and living in poverty and despair. And in knowing this, he cries out for help and ends up following Jesus on the Path to Life.

Super Girls and Halos: My Companions on the Quest for Truth, Justice, and Heroic Virtue by Maria Johnson
Award-winning author Maria Morera Johnson follows up her bestselling book, My Badass Book of Saints, with a unique and daring exploration of the cardinal virtues through the saints and heroines of science fiction, fantasy, and comic books. Johnson will reignite your passion for your faith as she demonstrates the heroic in the sometimes mundane quest for good and reminds us that Catholicism is filled with adventure.

Three Secrets to Holiness in Marriage by Dan and Amber DeMatte
The DeMattes walk you through a thirty-three -day retreat that culminates in consecrating your marriage to Christ. They will help you achieve perfect love for each other, your family, and God by incorporating the virtues of poverty, chastity, and obedience into your life. This retreat will help you fall deeper in love with Christ, your spouse and children, and the world God calls you to serve. Each chapter includes discussion questions and a prayer for couples.

Little Sins Mean a Lot: Kicking Our Bad Habits Before They Kick Us By Elizabeth Scalia
Scalia takes a look at thirteen little sins that, if left unexamined and unconfessed, can have a serious impact on our spiritual lives and relationship with Christ. Through her honest (and sometimes funny) examination of these same sins in her own life, as well as Church teaching on each one, she helps us ask ourselves the tough questions, and the tools to kick these bad habits before they kick us.

The Friendship of Christ: Exploring the Humanity of Christ By Robert Benson
The human need for friendship is raised to the supernatural level in Robert Hugh Benson’s timeless illustration of the greatest friendship anyone could ever possess. In The Friendship of Christ, first published in 1912, the Catholic convert son of an Archbishop of Canterbury shows how anyone can achieve a deeper relationship with God the Son. The book shows how Christ works in the soul of those who seek him, in his public life, and in the historical examples given in the Gospels. "There is one supreme friendship to which all human friendship points," writes Benson, "one ideal friend in whom we find, perfect and complete, that for which we look in the faces of our human lovers."
Meeting Jesus on the Road to Emmaus by Dennis Billy
Luke’s account of the two disciples on the road to Emmaus has an amazing power to inspire us today, just as it has given life to every generation of Christians. How do we understand that encounter on the road, and how can we be open to its message? Here, in this insightful and prayer-provoking new book, Father Dennis Billy invites us to join the two disciples on the way to Emmaus and experience for ourselves the power of the Risen Lord. Meeting Jesus on the Road to Emmaus will lead you to a greater awareness of how Jesus accompanies you in every moment of your life. It is an excellent companion to guide us all on the path of true and vibrant discipleship.

Emotional Virtue: A Guide to Drama-Free Relationships by Sarah Swafford
Drama-free relationships...Do they exist? Today's dating scene is more complicated than ever, especially with social media, texting, and the endless pressure of the world's expectations. How can men and women overcome the interior and exterior battles and discover the love they desire? From "Hey", to "I do", as well as the inevitable gray areas along the way - Emotional Virtue offers a compelling blueprint for how to thrive in every stage of a relationship - not just survive.

The Biggest Lie in the History of Christianity by Matthew Kelly
We all want to be happy and live life to the fullest, but the answer isn’t found in the world’s definition of happiness. Modern culture is constantly feeding us lies, and these lies affect you more than you know. The lies that affect you the most, however, are the ones you tell yourself. These lies steal your joy, sap your energy, and cause you to lose hope. They prevent you from discovering the kind of vibrant faith the first Christians experienced. This book provides the practical tools necessary to help you regain your fervor and leave your mark on the world--and experience more happiness than you thought possible. Together we can change the course of history--with humility, generosity, kindness, and joy, one Holy Moment at a time.

Paths to Inner Peace: Living with Less Stress by Peter Kalellis
Written from practical and real-life experiences, Paths to Inner Peace offers the reader ways to live a simple and fulfilling life. The author combines spiritual and psychological support in an accessible and practical way. Many clergymen seek his counseling for themselves and for their parishioners. Dr. Kalellis is highly respected in the Greek Orthodox community, and he is favorably esteemed by his Eminence Demetrios, the Archbishop of North and South America.

On Hope by Pope Francis
Pope Francis has a simple, life-changing message for you: God’s love can grace each of us with a lasting and sustaining hope, no matter how dark or confusing our situation. On Hope is Pope Francis at his most intimate and most inspiring. “Life is often a desert, it is difficult to walk, but if we trust in God, it can become beautiful and wide as a highway. Never lose hope; continue to believe, always, in spite of everything. Hope opens new horizons, making us capable of dreaming what is not even imaginable.”

--Pope Francis
The Catholic Hipster Handbook: Rediscovering Cool Saints, Forgotten Prayers, and Other Weird Sacred Stuff by Tommy Tighe

Being a Catholic Hipster is all about an attitude—an attitude grounded in being part of a countercultural community of believers dedicated to something bigger than themselves in a world dominated by self-centeredness. It’s about yearning to learn more about the faith by seeking out “Catholic cool”—overlooked saints, forgotten prayers and feast days, and traditional practices long set aside by mainstream believers. The Catholic Hipster podcaster Tommy Tighe will help readers rediscover everything awesome about the Catholic faith.

10 Biggest Lies of the Enemy and How to Combat Them
By Deacon Keith Strohm

Deacon Keith Strohm shines God's light on ten of the most common lies that Satan uses to bind our hearts and prevent us from experiencing the fullness of God’s love. Not only does Deacon Strohm help us gain clarity to the ways in which these lies take hold and imprison us, he also shows us that through the use of Scripture and the spiritual traditions of the Church, we can break the power and authority those lies have in our lives.

Discovering God Together by Greg and Lisa Popcak

Greg and Lisa Popcak show how you can transform your family into a joyful place where each member experiences life as a gift from God. From tapping into the rich beauty of Catholic traditions to mustering the motivation needed to deepen your spiritual life, you discover the practical, positive, and tangible difference our faith can make in your family life. You’ll earn; the five marks of a Catholic family; how to keep rituals fresh and alive rather than boring and routine; the four characteristics of teaching your children to have the heart of a disciple; the one thing children need to catch their faith on fire; how to shepherd your kids through the seven stages of faith; six steps to helping kids develop individual prayer time; how to discern your family's charism and what to do with it; how to foster your children’s sense of mission.

What Matters Most: Empowering Young Catholics for Life’s Big Decisions
By Leonard DeLorenzo

What if we taught young people that they can measure success by how they follow Christ rather than by how much money they make or where they go to college? University of Notre Dame theology professor Leonard DeLorenzo urges youth ministers, teachers, and parents to help young people redefine success in light of their call to discipleship—completely saying yes to God. DeLorenzo shows how Mary exhibited four habits that will guide young people to make important life decisions: Listen carefully and practice patience; Remember who we are and what we value most; Respond with compassion to choices we face; Embrace sacrifice for the sake of love.

Don’t Forget to Say Thank You and Other Parenting Lessons That Brought Me Closer to God by Lindsay Schlegel

Schlegel reimagines the common phrases we repeat as parents and applies them to our relationship with God. In doing so, she demonstrates how reflecting on our vocation as mothers can inform and illuminate our role as a daughter of God, drawing us closer to him. What if we took the statements we repeat to our children and apply them to ourselves? In Don’t Forget to Say Thank You, writer Lindsay Schlegel shares fifteen relatable phrases she frequently uses as a parent and how her faith and life changed when she envisioned God telling her these same things.
Ten Dates Every Catholic Should Know: The Divine Surprises and Chastisements That Shaped the Church and the World by Diane Moczar

Here are the saints and sinners, popes and kings that God used to shape his Church and change the world. You’ll meet Clovis and Charlemagne, Luther and Pope Leo, Suleiman and St. Francis, the Arians, the Franks, the Huguenots, and others whose sins or sacrifices altered the course of history. Here, too, are the wars and plagues, the ideas and institutions -- and, yes, the miracles that gave birth to our Christian civilization and often threatened to doom it. *Ten Dates Every Catholic Should Know* is essential reading for any Catholic who wants to understand the history of our Faith. But it will give you more than knowledge: you’ll close this book with renewed confidence that no matter how dark and dangerous the times may be, God has never abandoned his people.

The One-Minute Aquinas: The Doctor’s Quick Answers to Fundamental Questions by Kevin Vost

If you don’t have a year to study the more than 3,000 pages St. Thomas wrote, then turn to *The One-Minute Aquinas*, the fast-paced book that provides busy readers with simple, readable explanations of the truths that, for 750 years now, have caused the works of St. Thomas to be sought out by kings and popes, scholars and saints, as well as by ordinary souls like you — hungry to know God and to love him more and more. In this book Kevin Vost gives you small, digestible portions of St. Thomas’s life-giving wisdom that you can enjoy one minute at a time. Tables and graphics will help you grasp and remember St. Thomas’s key ideas with a minimum of time and effort. Best of all, you’ll find quick, sure refutations of the countless relativistic, secular, and pseudoscientific ideas that are so influential in our culture today.

Called: Becoming an Everyday Disciple in a Post-Christian World by Kevin Cotter

In this five-week guide to becoming a daily disciple of Jesus in a post-Christian culture, popular speaker, bestselling author, and experienced FOCUS missionary Kevin Cotter presents thirty-five brief and engaging meditations that provide Catholics with the conviction and tools for sharing Jesus with others. *Called* is an accessible guide to evangelization for the average Catholic. Through short and simple daily meditations, you will gain everything you need to begin sharing the Gospel.

Off the Hook: God, Love, Dating, and Marriage in a Hook Up World by Timothy O’Malley

Hookup culture is about more than the quest for pleasure. It offers an easy way out of real communication and lasting relationships. It teaches us to treat each other as objects for personal satisfaction. Even those who reject the hookup culture can still be negatively affected by it and develop poor habits of relating to others. O’Malley explains how the ethics of hooking up shape relationships between men and women and examines the considerable harm to individuals and society that results. By exploring the sacrament of marriage in its biblical, theological, and liturgical dimensions, he offers Catholic young adults and those charged with their formation and pastoral care a wealth of insight into God’s plan for love.
Good Enough is Good Enough: Confessions of an Imperfect Catholic Mom by Colleen Duggan

The truth about parenting is that you don’t have to get everything right and your family doesn’t need to be perfect. Colleen Duggan learned those lessons through years of struggling with unrealistic expectations. In this frank and intimate story, Duggan explores the emotional and spiritual healing that needed to take place in her life in order to be the parent, spouse, and follower of Christ God created her to be. Sharing both funny parenting moments and difficult times of self-scrutiny, Duggan invites us to join her in experiencing God's healing mercy and shows how to allow that healing to rejuvenate our lives and revitalize our families.

The Eight Doors of the Kingdom: Meditations on the Beatitudes by Jacques Philippe

The Gospel of St. Matthew shares with us astonishing words of Jesus: a promise of everlasting happiness, far removed from the usual recipes for gratification. Blessed are the poor in spirit! Blessed are those who mourn! Happy are the meek!... Fr. Jacques shares with us a profound clarity to the full scope of meaning behind Christ's eight beatitudes, and in turn, outlines for us a way in which we can live them in our daily lives.

Evangelizing Our Children with Joy by Mary Coony

All children, whether they lead ordinary or extraordinary lives, are called to exemplary virtue, generous sacrifice, courageous heroism, and above all, deep, enduring love. They are called to be saints. With an energizing zeal and drive, Mary shares with us the wisdom that has come from the highs and lows of parenthood, intermingled with the inspiration she has received through prayer and the Bible. From the virtues of mercy, kindness, and patience—virtues abundantly needed in the family setting—to the riches of the sacramental life, Mary shows us how to teach our children that the path to living an extraordinary life is found through ordinary actions and habits of everyday living.

What’s Wrong with the World by G.K. Chesterton

The topics discussed in this book’s three parts range between social commentary, a discussion of humankind and its nature, the impact of spirituality and the increase in secularism in the modern world, and how education shapes the young to fit into the flawed society Chesterton perceives. These essays carry the essential wittiness and good humor which is at the core of Chesterton's writing style. They neither preach or rant, but instead veer into tangents which inadvertently cast further insight. Brimming with incisiveness, these writings have aged well, with many of the topics still relevant and poignant in the 21st century.

Mercy and Hope by Mike Pacer

We need hope in our world. Flowing forth from the Heart of Jesus is a torrent of mercy that is the source of this much-needed hope. Mike Pacer helps readers to discover how in God's mercy we find a reason for joy here on earth and expectation for eternal joy in Heaven.