Doors in the Walls of the World by Peter Kreeft

Shakespeare’s Hamlet suggests that the walls of the material world, which we perceive with our senses and analyze with our intellects, have doors that open into the More beyond them. Philosopher Peter Kreeft explains in this book that the More includes "The Absolute Good, Platonic Forms, God, gods, angels, spirits, ghosts, souls, Brahman, Rta (the Hindu ontological basis for cosmological karma), Nirvana, Tao, 'the will of Heaven', The Meaning of It All, Something that deserves a capital letter." With razor-sharp reasoning and irrepressible joy, Kreeft helps us to find the doors in the walls of the world. Drawing on history, physical science, psychology, religion, philosophy, literature, and art, he invites us to welcome what lies on the other side of these doors, and to begin living the life of Heaven in the here and now.

Temptations, Where They Come From, What They Mean, and How to Defeat Them by Fr. P.J. Michel

Here Fr. Michel explains where your temptations come from and helps rid you of them (and of your fear of them). He teaches you how to best respond to the different kinds of temptations that assail you, and he even shows you how to profit spiritually from your temptations, no matter how strong or frequent they may be!


In Jesus Approaches, Elizabeth Kelly shares vivid stories of New Testament women whose encounters with Jesus freed them to flourish in life. The stories are supplemented with moving accounts from her own life, and from the lives of women like you, to demonstrate that sometimes the best way to find healing, strength, and wholeness in Christ is, ironically, to lead with vulnerability and openness. Ultimately, Jesus Approaches teaches that finding the fullness of life for which you were created begins with bringing your brokenness to the Lord.

On the Other Side of Fear, How I Found Peace by Hallie Lord

What happened to the girl who was not afraid to climb to the top of the waterfall and jump? Who backpacked across Europe? Who took on any “feat of bravery” without batting an eyelash? You wouldn’t recognize her – she’s become that woman paralyzed by fear, scared to death to trust God, and trying to manage her family’s hectic life, financial crises, and family issues on her own steam. Asking always, “Does God truly love me?” Relatable, touching, and yet hopeful On the Other Side of Fear is the beautiful story of how one young woman learned to live in God’s will, without fear.

Life Everlasting, the Mystery and the Promise by Brian Bransfield

Everyone encounters the question of death at some point in their lives. We all ask it and to some degree, we all try to avoid it. But we who are Christian turn to the life, death and resurrection of Jesus for answers. Walk with Monsignor J. Brian Bransfield as he follows the threads that run through our lives and the gospels, deciphering the very clues that shed light on this unsettling question. Sharing personal experiences and a deep understanding of theology, Bransfield brings hope to those who grieve and peace to those in sorrow. This is a welcome and accessible volume for anyone pondering death and the mystery of the afterlife.
Salvation: What Every Catholic Should Know by Michael P. Barber

At every Mass, Catholics confess that Jesus came down from heaven "for us men and for our salvation." But what does "salvation" mean? Scripture scholar and theologian Michael Patrick Barber provides a thorough, deeply Catholic, and deeply biblical, answer. He deftly tackles this complex topic, unpacking what the New Testament teaches about salvation in Christ, detailing what exactly salvation is, and what it is not. In easy and readable prose, he explains what the Cross, the Church, and the Trinity have to do with salvation. While intellectually stimulating, Salvation: What Every Catholic Should Know is deeply spiritual, and at its core is the salvific message that God is love, and his love is one of transformation and redemption.

Show Me the Path: Cultivating a Life of Discernment by Michael Mercer

Sometimes the chaos and questioning of everyday life can be overwhelming. Chaplain Mike Mercer here offers a solution: to approach these issues in a spirit of discernment, reflecting the psalmist's words, "Show me your path." The book applies a faith perspective to making choices and finding one's way, using practical examples and stories. In addition, questions for reflection make this a good choice for parish prayer groups and book clubs.

From Star Wars to Superman: Christ Figures in Science Fiction and Superhero Films by James Papandrea

When cultures such as ours toss Jesus out one door, He comes in albeit disguised through another. That's why author Jim Papandrea turned to Star Wars, Star Trek, The Matrix, Terminator, Spider-Man, Batman, Dr. Who, and half-a-dozen other modern shows, discovering in each one powerful images of Christ and salvation.

Live Big, Love Bigger by Kathryn Whitaker

Popular blogger Kathryn Whitaker is a Dr Pepper super fan, Aggie-loving, type A mom of six with a personality the size of her native Texas. The stressful premature birth of her fifth child threw her orderly world into chaos and ultimately led her to rethink her priorities. In Live Big, Love Bigger, Whitaker shares her journey and challenges readers to understand that they, too, can live a life of authenticity with joy-filled purpose, love, and faith. Along the way, she'll help readers see that choosing to say no is the only way they'll be able to say yes to what matters most—Jesus.

Making Room for God: Decluttering and the Spiritual Life by Mary Sperry

Popular Catholic speaker and Bible expert Mary Elizabeth Sperry explores the relationship between our stuff and Catholic beliefs about grace, sin, repentance, prayer, and the common good. She boldly affirms the goodness of our stuff and of God’s abiding presence in the worldly goods all around us. She also reminds us of how sin can distort our relationships, including the ones we have with our possessions. Through spiritual disciplines—especially prayer, fasting, and almsgiving—we can protect this relationship so that we own our possessions, but they don’t own us.
Give Peace to My Soul by Jean LaFrance

Much like Saint Thérèse's "Little Way," we have a great deal to learn from Carmelite Saint Elizabeth of the Trinity's secret of prayer. How to lead a more holy life and how to integrate a deeper prayer life with a busy routine are possible as shown through her example. Written by Father Jean Lafrance, this book will inspire readers as they embark on a new or ongoing prayer journey to bring peace to their souls.

Be Not Afraid by Pope John Paul II

How can I learn to trust in the Father's love for me? This collection contains famous writings, audiences, and homilies from the beloved Saint John Paul II. Born Karol Wojtyla in Poland, he was a clandestine seminarian during World War II, survived an assassination attempt, attended Vatican II, and was instrumental in the fall of communism in Poland. John Paul II trusted God during every hardship that came into his life. Be Not Afraid and let John Paul II illuminate the authentic freedom that comes from confidence in God's love.

Hatch, Match and Dispatch, a Catholic Guide to Sacraments by Richard Leonard

An accessible, engaging, and educational journey through the history, liturgy, and theology of the seven sacraments.

A Mind at Peace: Reclaiming an Ordered Soul in the Age of Distraction by Christopher Blum

These past two decades, modern technology has brought into being scores of powerful challenges to our interior peace and well-being. We're experiencing a worldwide crisis of attention in which information overwhelms us, corrodes true communion with others, and leaves us anxious, unsettled, bored, isolated, and lonely. These pages provide the time-tested antidote that enables you to regain an ordered and peaceful mind in a technologically advanced world. Drawing on the wisdom of the world’s greatest thinkers, including Plato, Aristotle, St. Augustine, and St. Thomas Aquinas, these pages help you identify and show you how to cultivate the qualities of character you need to survive in our media-saturated environment.

Food from Heaven: the Eucharist in Scripture

The third in the popular Keys to the Bible series from The Word Among Us, Food from Heaven will help readers navigate through the Bible to understand and appreciate the foundation of eucharistic worship. Among the texts studied are Old Testament realities that anticipate the Eucharist, the manna in the desert and the sealing of the Mosaic covenant with a blood sacrifice, along with gospel accounts of Jesus, the bread of life discourse, the Last Supper, Jesus’ crucifixion and death, and the breaking of the bread with the two wayfarers in Emmaus.
**My Badass Book of Saints, Courageous Women Who Showed Me How to Live**

By Maria Johnson

Johnson shares her experience as a first-generation Cuban-American, educator of at-risk college students, and caregiver for a husband with Lou Gehrig's disease. Through humorous, empowering, and touching portraits of twenty-four spiritual mentors who inspired her, she shows how their bravery, integrity, selflessness, perseverance, and hope helped her and can help others have courage to reach for a closer connection to God. She presents remarkable holy women and saints—including the gun-toting Servant of God Sr. Blandina Segale who tried to turn the heart of Billy the Kid, and Nazi resister Irena Sendler who helped smuggle children out of the Warsaw Ghetto.

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**Zombies, Unicorns, Cannibals: Strange Tales from the Bible**

by Sebastian Doane

Why read these bewildering stories? First, they are truly captivating. But more importantly, because they are the best examples available that move us away from a literal, historical, or fundamentalist interpretation of the Bible. When a text does not make sense in the first degree, we cannot take it literally. In a way, the effect of an apparently absurd text projects the reader into a quest for meaning, freeing him from his fundamentalist reflexes. For each unusual narrative, after a short presentation, the reader has access to the biblical text (NRSV version). The author then highlights the elements of the text that usually provoke a reaction of surprise. To try to understand them better, he places the text in its historical and literary context. Finally, he offers personal reflections on contemporary issues relating to those dealt with in the biblical stories.

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**Chasing Humility: Eight Ways to Shape a Christian Heart**

By Joel Stepanek

Joel Stepanek grew up believing that humility required shunning success, never accepting praise, and embracing a crummy life so that God would reward him in heaven. Then he became successful—at being a missionary. On a quest to find balance, Stepanek discovered powerful wisdom hidden within a nineteenth-century prayer that radically changed his life: the Litany of Humility. He shows you what he has learned about true Christian humility and how to right-size your expectations for living this crucial virtue.

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**Calm in the Chaos: Catholic Wisdom for Anxious Times** by George Rutler

Fr. George Rutler addresses our current causes of anxiety and our never-changing, ever-new reasons for hope. With insight and wit, with breadth and depth, he comments on the confusion in the Church and the chaos in Western societies, which are not without precedent but are on a uniquely global scale. An underlying theme is his dismay at the lack of historical perspective. He says that the gremlin that haunts our times is ignorance and a failure to recall and to understand the trials of the past.

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**Compassion: Living in the Spirit of St. Francis**

By Ilia Delio

*Compassion* guides us through the life of Francis, tracing his growth from a selfish, materialistic young man to the humble, holy saint beloved by millions. With this book as your guide, you can do simple things every day to discover a more compassionate, open, fearless, and loving life—just as St. Francis did.
Don’t Be Afraid to Say Yes to God by Pope Francis
Set out for the future without fear! That’s the message of Pope Francis to young people as he challenges them to follow Christ and his plan for their lives. In this collection of short excerpts of his talks from around the world, Pope Francis speaks to the best instincts of young people, inviting them to do their part to build a better, more just world. He encourages teens and young adults to say yes to all that God is asking of them, even while acknowledging that following the Lord wholeheartedly involves risks as well as rewards.

Is God in My Top Ten? By Jerome Kodell
Pray like a monk! In this book, Fr. Jerome Kodell, a Benedictine monk, shares the fruit of a long life of prayer as he helps you sort through your priorities. His short reflections touch on a variety of topics—the keys to prayer, how to pray in suffering, the tremendous gift of the word of God, meditations on the reality of Lord’s great love and mercy for you, and practical tips to keep God first in your life. These reflections will help you change from a person overcome by the busyness of life to a person of peace in the midst of all that surrounds you.

Beauty: What it is and why it matters by John Mark Miravalle
Rich with the wisdom of Plato, Augustine, Aquinas, and St. John Paul II, these pages unpack perennial truths about beauty and rivet them into your soul, opening the eyes of your understanding to the beauty all around us. Miravalle demonstrates that beauty is neither in the eye of the beholder, nor for the cultivated, the dreamer, or the hopeless romantic alone. On the contrary, the ability to understand, recognize, and delight in beauty readies all souls for heaven and makes it easier for us to get there.

Be Brave in the Scared: How I Learned to Trust God During the Most Difficult Days of My Life by Mary Lenaberg
In Be Brave in the Scared, Catholic writer Mary Lenaburg shares how the overwhelming demands of caring for her severely disabled daughter ultimately taught her—and can teach you—that trusting in God and accepting his will can lead to profound joy, no matter what challenges you face.

Becoming Women of the Word by Sarah Christmyer
Breaking open the scriptures to reveal the historical, cultural, and biblical context in which Old Testament women lived, Christmyer breathes new life into their stories and makes their lives surprisingly relatable. In the process, she shares stories from her own faith journey and the lives of family and friends to show how the same principles that turned ordinary women into heroines of the faith are true for our lives today. Each chapter highlights the spiritual legacy of one or more women in the Old Testament. Their world was vastly different from ours, yet they faced the same questions we do: when we can’t feel God’s presence, where do we find help? When our world is collapsing, where is God? Why should we trust him? How can we trust him? Christmyer simply and clearly draws from the lives of these women important principles that help us to trust—even as we struggle with doubt.
Embracing God’s Plan for Marriage by Mark Hart
Marriage is one of God’s most beautiful gifts and is intended to bless us, fulfill us, and give us a path to sanctity. Understanding what true love entails and how grace works to overcome our wounded human nature is the key to a holy, happy, and passionate marriage.

Healing Wounded Relationships by Martin Padovani
How we communicate, listen, grow in intimacy, and forgive are crucial to a lasting, spiritual relationship. The author offers, wise, practical advice in all these areas. He also offers guidance for times of loss, healing, grief, and anxiety, especially as these affect our relationships. Dr. Padovani’s experience as a marriage counselor enables him to give profound insights into the relationships which make up marriage and family life. If you are seeking practical, caring, experienced help in any of your relationships, Healing Wounded Hearts is an excellent companion for your journey.

Parenting a Grieving Child by Mary Poust
Whether it’s a fish, a friend, or a family member, nearly every child will experience a loss in their early years, and the experience and feelings of a sad event can be confusing and scary. And when grief intrudes, children look to their parents and the adults in their lives to fix this pain, take away what they don’t understand, and show them how to handle their emotions. Parenting a Grieving Child provides practical and approachable resources for Catholic parents and other adult helpers who work with children to use the power and traditions of the Catholic faith to accompany children as they work through their grief in a healthy way.

In The Friendship Project, Faehnle and Jaminet explore the cardinal and theological virtues with an eye toward friendship. Focusing on faith, hope, love, prudence, gratitude, loyalty, generosity, and prayerfulness, they help us answer questions such as, “What does it mean to be women of hope, and how does that change our lives and make us more compassionate friends during difficult times?” and “How does prayerfulness teach us how to listen to and talk with both God and our friends, which helps us reach out to those we love?”

The Catholic Grandparents Handbook by Lorene Duquin
This book offers ideas and inspiration on how you can incorporate faith, hope, love, and fun into your relationship with your grandchildren. Topics such as the importance of prayer, sharing faith, passing on family history, and preserving family traditions are explored. You’ll also find valuable advice on helping grandchildren through difficult times, dealing with grandchildren who are unchurched, and building strong relationships, even when grandchildren live far away.
Bruised and Wounded: Struggling to Understand Suicide by Ronald Rolheiser

When someone is stricken with cancer, one of three things can happen: Doctors treat the disease and cure it; professionals can’t cure the disease but can control it so that the person suffering can live with the disease; or the cancer cannot be treated and all the medicine and treatments in the world are powerless – the person dies. Emotional depression leading to suicide can work the same way. A person can be treated so that, in effect, they are cured; sometimes they can’t ever really be cured, but can be treated in a way that they can live with the disease for their whole life; and sometimes, just as with certain kinds of cancer, the disease is untreatable, unstoppable, and no intervention by anyone or anything can halt its advance – it eventually kills the person and there is nothing anyone can do. With chapters also on “Removing the Taboo,” “Despair as Weakness Rather than Sin,” “Reclaiming the Memory of Our Loved One,” and “The Pain of the Ones Left Behind,” Fr. Rolheiser offers hope and a new way of understanding death by suicide.

How To Heal Your Marriage and Nurture Lasting Love by Greg Popcak

Dr. Popcak’s clinical experience and recent research show that the difference between happy and unhappy marriages lays in the habits both good and bad that are practiced in the home. Discover the simple steps needed to root out behavior that leaves you resentful and demoralized, and to begin practicing positive habits that facilitate mutual respect and cultivate admiration. Even if you feel lonely and abandoned in your marriage, Dr. Popcak offers sensible ways you can work alone at resolving conflict, repairing damage, building rapport, and maintaining intimacy. Because of the graces given to husbands and wives, you have tremendous untapped power to be a catalyst for change even if your spouse is’ t participating.

Decisive Parenting: Forming Authentic Freedom in Your Children

By Michael Moynihan

With a seemingly endless stream of parenting books available, it can be hard to know which one is right for you. Moynihan "hits the nail on the head" by enveloping the Big Picture into the Everyday and showing how the little details lead to the final goal. His advice and experience will guide you in your quest to teach your children to love beauty, truth, and goodness. Most importantly, you’ll be able to give your children the tools they need to live in virtue with equanimity, confidence, and self-mastery.

Praying for Your Special Needs Child by David and Mercedes Rizzo

Take it from people who know! Being a special needs parent comes with deep, often unexpected challenges that can shake your faith to the core. Drawing from their personal experience, David and Mercedes Rizzo share openly the myriad challenges of parenting a special needs child, while offering grace-filled counsel on practical steps you can take and suggested prayers to invite God into your situation. Topics include finding doctors and specialists who will treat your child with respect and kindness; advocating for your child’s individualized education plan; preparing your child to receive the Sacraments; giving attention to your marriage and your other children; and preparing your child for adulthood. Face your challenges with the power of prayer! For every parent and caretaker of a special needs child, this resource will build your faith and offer practical ways to incorporate hope and prayer into your daily life.
Finding a Loving God in the Midst of Grief by Susan Erschen

This book draws from both personal testimonies and religious texts to give inspiration to the reader. It contains practical advice on how to overcome some emotional or practical aspect of grief, and a prayer on each topic that is discussed. The book ends with help in making decisions about what to pass on and what to keep in order to treasure memories. Grief is a unique and personal experience. Through this book, readers will be given the confidence to grieve in their own way. Ultimately, they will see grief as a journey that can lead them into a richer spiritual life.

Compass: A Handbook for Parent Leadership by James Stenson

Compass summarizes the lessons and experiences of parents to help them succeed as leaders for their children. Author James B. Stenson relates thirty years' experience with parents who have lived as great leaders in family life and have succeeded with their sacred mission: to raise their children right. How they did it and why they did it are the focus of this book: forming character, countering the consumer culture, understanding discipline and dealing with the influence of mass media. In Compass, he shares his insights about leadership in family life and how this parental guidance is vitally important.

How to Catholic Family: Nurturing Faith in the Messiness of Everyday Life

By Tommy and Karen Tighe

This book is a practical, encouraging guide for Catholic parents that want to impart the faith to their children but aren't quite sure where to start. Topics include leading by example, having conversations about faith, reading the Bible as a family, learning about the saints, praying together, learning what the Mass means, celebrating special/feast days and liturgical seasons (Advent, Lent), and finding community with other Catholic families. The book's emphasis is on making this a doable task and, with humor, the authors let the reader know that there will be plenty of fails along the way but not to give up trying to develop a faith-filled family life.

Christian Dating in a Godless World by Fr. G.T. Morow

In these pages, Fr. Thomas Morrow, author of the best-selling book, Overcoming Sinful Anger, offers a practical guide to dating in a secular world. He explores a range of dating issues including choosing Mr. or Miss Right, the four meanings of love, how to have a warm but chaste relationship, the goodness of affection, modesty, restoring the dignity of women, and how to overcome the most common problems with communication.

The Catholic Gentleman: Living Authentic Manhood Today

By Sam Guzman

What it means to be a man or a woman is questioned today like never before. While traditional gender roles have been eroding for decades, now the very categories of male and female are being discarded with reckless abandon. How does one act like a gentleman in such confusing times? The Catholic Gentleman is a solid and practical guide to virtuous manhood. It turns to the timeless wisdom of the Catholic Church to answer the important questions men are currently asking. In short, easy-to-read chapters, the author offers pithy insights on a variety of topics.
The Temperament God Gave You by Art and Laraine Bennett
Ancient philosophers identified four basic temperaments, and over the centuries, countless wise souls have used these four to understand human nature. Now comes The Temperament God Gave You, the first Catholic book on the subject in 70 years. Here veteran Catholic counselor Art Bennett and his wife Laraine provide an accessible synthesis of classical wisdom, modern counseling science, and Catholic spirituality: a rich understanding of the temperaments and what they mean for you and for your family.

You’ve Got This: Unlocking the Hero Dad Within by Meg Meeker and Dave Ramsey
Even if you're struggling with all the demands of fatherhood, let Dr. Meeker reassure you: every man has it within him to be the hero father his children need. With simple step-by-step instructions and drawing on long experience—including her work with the NFL's Fatherhood Initiative—Dr. Meeker shows you how to be the father you want to be and your children need you to be.

Digital Families: Tips & Guidelines for Living in an Online Society by Alfred Domingo
The Internet, mobile devices, computers, and social networks: they have become a part of our culture and have formed an inescapably new way of life. To know how to live in this world of technology is essential. To educate our families about the benefits and risks is paramount. This book is a positive guide through new technologies for newbies and seasoned technological veterans alike.

Family Virtues: A Guide to Effective Parenting by Jose Martin
Helping young people to form their character is an exciting endeavor that God has entrusted to parents. It requires delicacy and strength, patience and joy, and is not lacking in challenges. It means helping children develop a concern for others, teaching them to form relationships that are truly human, and overcoming the fear of commitment. Educating children involves preparing them for the future—a future that will always involve difficulties, but also joys. In the end, it means preparing each child to respond fully to God’s plan for his or her life. The twenty-one essays contained in this book will help parents in this great task.

Love, Marriage, Money: Your Guide to a Financially Healthy Family By Joseph Salem
In this highly user-friendly book, Joe Salem offers a solid, well-balanced outline for financial stability and responsibility that will benefit all married couples. As a firm believer that strong marriages are the basis of every healthy society, Joe lends his expertise so that the financial pillar of your marriage will benefit greatly. His advice is sure to mitigate financial tensions, collaborate on a long-term plan, and help you see eye-to-eye as you work towards your financial goals and dreams. If you desire to move forward in your married life with a commitment to living financially responsibly, in solidarity as a couple, these pages will prove quite indispensable.
Holy Desperation: Praying as if Your Life Depends on It
By Heather King

When life has driven you to your knees, the only thing that works is prayer. Ultimately, Holy Desperation is an invitation to engage in bold, come-exactly-as-you-are prayer, offering a way forward, upward, and outward for anyone desperate enough to cry out for God's help and presence. You are not alone.

2018 Association of Catholic Publishers, BOOK OF THE YEAR
2018 Association of Catholic Publishers, 1st Place; Inspirational
2018 Catholic Press Association, 3rd Place: Prayer, Books about Prayer
2019 International Book Awards: Finalist in the Religion: Christianity category

The Holocaust and the Christian World: Reflections on the Past and Challenges for the Future by Carol Rittner

The Holocaust and the Christian World is a gripping book in which Christian and Jewish scholars present essays that detail the world's descent into the madness of anti-Semitism. Exploring the harmful effects of scholarly treatments of Scripture, Darwinian views of "the races," and Hitler’s ghastly plans for the "Final Solution" (with widespread Christian silence), these essays give a brilliant overview while adding thoughtful detail. It also includes documentation of more recent efforts to repent and to change the teaching of contempt within various Christian churches.

The Franciscan Saints by Robert Ellsberg

Reading Robert Ellsberg’s profiles of holy men and women is like throwing open a window in a stuffy old church and taking in great gulps of fresh air. Henri Nouwen has described his writing as “evocative without being pious.” These 101 spiritual trailblazers span the centuries from Francis and Clare to Solanus Casey and Mychal Judge, with representatives from every walk of life and corner of the world. Each entry features the essential biographical facts and adds the insight and depth only Ellsberg can provide. The author’s sharp eye for signs and stories of holiness in the gritty, messy real world informs his selections, making his work unique.

10 Wonders of the Rosary by Donald Calloway

Called "the New Testament on a string of beads," the Rosary is presented by famed Mariologist Fr. Donald Calloway, MIC, in all its wonder: leading armies into battle; defeating the enemies of Christ and His Church; and transforming hearts and minds in order to save societies and entire civilizations. After exploring the 10 Wonders of the Rosary, you'll never look at this timeless and powerful devotion the same way again.

Wounds in the Heart by Dr. Javier Schlatter

Dr. Schlatter leads us into a deeper understanding of forgiveness and its importance in our lives. He explains what forgiveness is, what it is not, and how to experience its healing power in our lives. He also looks at the impact of forgiveness on health and the keys to forgiveness in marriage. His insights are practical but also provide a deeper understanding of forgiveness that goes well beyond a superficial self-help book.