

Assumption School Cross Country Team



Students, grades 4 to 8, may join the Assumption School Cross Country Team. Practices are Mondays and Wednesdays at 3:00 in St Brigid's Cemetery. Students may be picked up at Assumption at 4 PM.

Meets and an occasional practice will be at Lake Park in Worcester, and at other area schools. A parent carpool will bring the students to the meets and Lake Park practices. Parents need to pick up their child at the meet as the carpool will not be returning to Assumption School after the meets or the Lake Park practices. Volunteers will be needed for this carpool. All volunteers need to have completed and have on file proof of participation in a Safe Environment workshop (in person or online), a CORI check, and Code of Conduct.

If your child would like to join the cross country team, please return this completed form to the office by **Friday September 6** with a check for \$75 made payable to 'Assumption School'. This fee covers the cost for the team shirt and other administrative costs. Student health physicals must be up to date with the school nurse in order to participate.

For more information, contact Kim Moody by email assumptioncc2019@gmail.com.

IMPORTANT DATES

Friday September 6—Completed registration form and fee due

Monday, September 9—First practice at St Brigid's Cemetery

REGISTRATION FORM

Student Name:		Grade	
_____		_____	
Parent/Guardian Name	Cell Phone	Email	
_____	_____	_____	
Student Team Tee Shirt	Youth Size	Adult Size	
Circle one size in either the 'Youth' or 'Adult' sizing. Tee shirt is included in the registration fee.	Small Medium	Small Medium	
	Large X-Large	Large X-Large	

I/we the parents of _____ in grade ____ request that the school allow my child to participate in cross country. We hereby release and save harmless Assumption School and its employees and volunteers from any and all liability for any and all harm arising from my child's participation in cross country.

Parent's signature _____ Date _____

Assumption School Cross Country Team



OPTIONAL TEAM CLOTHING

Student Name:	Grade	Name on Sleeve
Sweatshirt \$32.00	Youth Size	Adult Size
Circle one size in either the 'Youth' or 'Adult' sizing. Tee shirt is included in the registration fee.	Small Medium Large X-Large	Small Medium Large X-Large
Jacket \$38.00	Youth Size	Adult Size
Circle one size in either the 'Youth' or 'Adult' sizing. Tee shirt is included in the registration fee.	Small Medium Large X-Large	Small Medium Large X-Large

PAYMENT FOR OPTIONAL CLOTHING

Make checks payable to EM Screen for the optional clothing. Return with the registration form, and cross country registration fee. Please note there are no refunds or exchanges for optional clothing or the team tee shirt.