

St. Charles Borromeo

Eucharistic Days

Prayer Intentions and Prayers



“Could you not watch with me one hour?” Mt. 26:40

No other sacrament has greater healing power; through it, sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may benefit all.

PRAYERS FOR THE CHURCH



Prayer for Pope, Bishops, Priests, and Deacons

Let us pray for our Holy Father, Pope Francis. May the Lord preserve him and give him life and make him to be blessed upon the earth and deliver him not up to the will of his enemies. High priest, for the glory of Thy Majesty and the salvation of mankind, grant that they whom You have chosen to be Your ministers and the stewards of Your mysteries, may be found faithful in the fulfillment of the ministry which they have received. Through Christ Our Lord. Amen.

For Those Who Have Left the Catholic Church

Dear Lord, Jesus Christ, in Your Precious Name, I pray for the strengthening of the Catholic faith and the return of all lapsed and non-practicing Catholics. Soften the hearts of Your children who have strayed. Restore them all to Your sacraments and the life of Your Grace. We ask the intercession of Saint Monica, who prayed for her son's conversion, Saint Augustine, for seventeen years. May she lead those who have gone astray back to Your fold. Amen.

For the Church

Heavenly Father, look upon our community of faith which is the Holy Catholic Church of your Son, Jesus Christ. Grant it love and the light of Your Spirit. Help us to Witness to Your love by loving all our fellow creatures without exception. Under the leadership of the Holy Father and the Bishops keep us faithful to Christ's mission of calling all men and women to your service so that there may be "one fold and one shepherd." We ask this through Christ, our Lord. Amen.

For Christian Unity

Lord Jesus Christ, the same yesterday, today, and forever. Heal the wounds of our past, bless our pilgrimage toward unity today, and guide us into your future, when you will be all in all, with the Father and the

For Missions and Missionaries

Lord, sent by the Father, you were the first missionary. I thank you for inviting me to take part in Mission work, the holiest duty of the Church. I thank you for my Baptism which gives me a share in Your very own life. I thank You for the Eucharist in which You give me yourself as food to nourish and sustain me. I thank You for the gift of Confirmation when I become a committed witness to Your love and Your truth. Help me, Lord, to be Your missionary wherever I am. Teach me to see You in all people throughout this world. Help me to live my life in such a way that all my words and actions will proclaim You as Christ, the Lord. Bless in a special way those missionaries who have given their lives to You, those who serve you in difficult and often dangerous situations. Keep them safe, happy, holy, and enthusiastic as they spread the Good News to the ends of the earth. Amen.

In Gratitude for the Sacraments

We pray today, Loving and Generous God, to thank you for the gift of the Sacraments. How fortunate we are to celebrate the great signs of your love. Your Sacraments heal, feed, and strengthen us. The Sacraments are acts of worship that draw people more fully under the influence of God's grace. In celebrating the sacraments, we are responsive and receptive to God's grace. Help us never to take the power and wonder of the sacraments for granted. Blessed are you, Lord; Blessed are you forever; Holy is your name; Great is your mercy for your people. Amen.



For the Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Psalm 130:

Out of the depths cry to you,
hear my voice.
Let your ears be attentive
my cry for mercy.
If you,, kept a record of sins,

, who could stand?
But with you there is forgiveness,
that we can, with reverence, serve you.
I wait for the, whole being waits,
in his word b put my hope.
I wait for the Lord
than watchmen for the morning,
than watchmen wait for the morning.
Israel, put your hope the Lord,
with the unfailing love
with him is full redemption.
He himself will redeem
all their sins.



For All Seminarians

O Jesus, Eternal High Priest, I offer
You through Your Immaculate Mother
Mary, Your Own Precious Blood, in all
the Masses throughout the world, as
petition for graces for all seminarians,
Your future priests. Give them humility, meekness, prudence, and a
burning zeal for souls. Fill their hearts with the gifts of the Holy Spirit.
Teach them to know and love the Church, that they may always and
everywhere speak, act, and think with her, the glorious spouse of Christ.
Teach them generosity and detachment from worldly goods; but above
all, teach them to know You and to love the One and Only Eternal Priest.
Good Shepherd of Souls, hear this my prayer for saintly priests. Amen.

For All Religious

Dear Jesus, we thank you for all the priests and religious who have
helped us to live our faith. Please give us the strength to live as faithful
Catholics and work with them to promote your Kingdom. We beg you to
send us more priests and religious to bring Christ's saving message to
this and future generations. Bring to us men and women who will
dedicate their entire lives to sharing our great Catholic Faith. We pray
there will be priests to celebrate the Holy Sacrifice of the Mass, anoint us
near death, administer the Sacraments to our future offspring and bring
them all to dance with us in heaven. (*written by Jack and Judy Cozzens*)



For Those Persecuted For Christ

O God of all the nations, the One God who is and always will be, in your providence you willed that your Church be united to the suffering of your Son. Look with mercy on your servants who are persecuted for their faith in you. Grant them perseverance and courage to be worthy imitators of Christ. Bring your wisdom upon the leaders of nations to work for peace among all peoples. May your Spirit open conversion for those who contradict your will, that we may live in harmony. Give us the grace to be united in truth and freedom, and to always seek Your will in our lives. Through Christ Our Lord. Amen. Our Lady Help of Persecuted Christians, pray for us!

For Our Guardian Angels' Protection and Guidance

Most faithful companion, appointed by God to be my guardian, my protector, and defender, and who never leavest my side, how shall I thank thee for thy faithfulness and love, and for all the benefits which thou hast conferred upon me? Thou watch over me while I sleep; thou comfort me when I am sad; thou lift me up when I am down; thou avert the dangers that threaten me; thou warn me of those that are to come; thou withdraw me from sin, and excite me to good; thou exhort me to penance when I fall, and reconcile me to God. Long ago should I have been thrust down into hell, unless by thy prayers thou hadst turned away from me the anger of God. Leave me not, nor forsake me ever, I beseech thee, but still comfort me in adversity, restrain me in prosperity, defend me in danger, assist me in temptations, lest at any time I fall beneath them. Offer up in the sight of the Divine Majesty my prayers and groanings, and all my works of piety, and make me to persevere in grace until I come to everlasting life. Amen.

PRAYERS FOR ST. CHARLES BORROMEIO PARISH

For Our Parish

Heavenly Father, we the people of Saint Charles Catholic Church, praise and thank You for calling us to be Your people. Here your Word is proclaimed, the Eucharist is celebrated, and your people are united in a family of believers. We thank You for the abundant blessings You have given to our parish, and pray that we may continue to serve You in faithfulness and love. Keep us open to our need of Your love and



fellowship. Help us to work together to serve You and each other for the good of the Church, for the people of our Parish and for your greater glory. Continue to pour down Your grace and mercy upon our parish. We pray for our priests, deacons, and religious; for our school and parish ministries; for our families, our youth, the sick, the lonely, and the elderly. We pray for the needs of all our parishioners. Amen.

For the Holiness of Our Parish Families

Heavenly Father, you have given us the model of life in the Holy Family of Nazareth. Help us, O Loving Father, to make our family another Nazareth where love, peace and joy reign. May it be deeply contemplative, intensely Eucharistic, revived with joy. Help us to stay together in joy and sorrow in family prayer. Teach us to see Jesus in the members of our families, especially in their distressing disguise. May the Eucharistic Heart of Jesus make our hearts humble like his and help us to carry out our family duties in a holy way. May we love one another as God loves each one of us, more and more each day, and forgive each other's faults as you forgive our sins. Help us, O Loving Father, to take whatever You give and give whatever You take with a big smile. Immaculate Heart of Mary, cause of our joy, pray for us. St. Joseph, pray for us. Holy Guardian Angels, be always with us, guide and protect us. Amen. [composed by Mother Theresa]

For our Youth

Loving Lord Jesus, we pray that You will be lifted up in the youth ministries of today and that the saving gospel of grace will be shared with the young people that attend. Lord, You have said that if You are lifted up You will draw all people to Yourself. We pray that many will be drawn to you through the different youth fellowships and that many will come to know Jesus as their Savior and come to a true knowledge of the Catholic faith. Lord Jesus, there are many young people that are hurting and lost and afraid and discouraged. We pray that Your Holy Spirit would guide many to explore St. Charles Borromeo's youth group and that they would find all that they need in Jesus Christ. Bless the leaders of the groups and give them the wisdom to lead by example and have a

heart for those who are in their care, so that Your Name is lifted up and glorified in their lives. We ask this through Jesus Christ, Our Lord. Amen.

For the Sanctification of Our Parishioners

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, through Christ Our Lord, Amen.

***2 Thessalonians 2: 13** But we are bound to give thanks to God always for you, brethren beloved by the Lord, because God chose you from the beginning to be saved, through sanctification by the Spirit and belief in the truth.*

***Galatians 2:20** I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.*

For the Success of Our School

Lord, Thank you for Saint Charles Borromeo Catholic School and all the Catholic schools around the world.

Catholic schools are vital to our evangelizing ministry and the future of our Church. Please help ensure that our schools continue to thrive, and that we achieve our mission to provide a high quality, sustainable, authentically Catholic education to all who wish to come. The success and benefit of



Catholic schools needs to be proclaimed and publicized in new and more fervent ways because people need to be reminded what a gift and legacy we have in our system of Catholic schools. Amen.

For Our First Communion and Confirmation Students

Lord Jesus Christ, in the Sacrament of the Eucharist You left us the outstanding manifestation of your limitless love for us. Thank You for giving our children the opportunity to experience this love in receiving the Sacrament for the first time. We pray for all those who are receiving their First Communion. May your Eucharistic presence keep them ever



free from sin, fortified in faith, pervaded by love for God and neighbor, and fruitful in virtue. May they continue to receive You throughout life and attain final union with You at death. Amen.

Father of love and power, it is your will to establish everything in Christ and to draw us into his all-embracing love. Guide these candidates as they begin their preparation for Confirmation. Strengthen them in their baptismal promises. Build them into the kingdom of your Son and seal them with the Spirit of your love. May their ears hear your voice; may their eyes see your presence in all things; may their lips proclaim your word; may their hearts be your dwelling place; may their hands do works of charity; may their feet walk in the way of Jesus Christ, your Son and our Lord. Amen.

For the Success of Our Parish Formation Program

Lord Jesus, You are the Way, the Truth, and the Life. We ask that You be with us along the Way. Please send Your Holy Spirit and reveal to us Your Truth, so that we can receive true freedom and experience eternal life in the Father's house where You have prepared a place for us. Amen.

For Our Benefactors, Living and Dead

We give thanks to God always for you all, constantly remembering you in our prayers. (1 Thessalonians 1:2)

Mindful of the abundance we have received from the hands of our friends and benefactors, we are filled with joyful gratitude. We give thanks for countless blessings received and rejoice that, by their gifts, our benefactors share in the fruits of our parish life. O God, bountiful in forgiving, and lovingly desirous of man's salvation, we humbly beseech Thy mercy in behalf of our friends, relations and benefactors, who have passed from this world, that, through the intercession of Blessed Mary Ever Virgin and all the Saints, Thou wouldst permit them to come to the full participation of everlasting happiness. Through the same Jesus Christ our Lord. Amen.

PRAYERS FOR MARRIAGE & FAMILY

For Newlyweds and Married Couples

May this marriage be one that lifts up the Lord Jesus and may You remain the author and finisher of their life together - so that their love for each other will reflect and radiate the love they have for You.

Heavenly Father, we thank You for all Your goodness and loving kindness to us and to all and for the beauties and joys of married life. Thank You for knitting these two hearts together in love and bringing them together in sacred marriage– that was instituted by You in the beginning. Knit them together we pray, in love and unity, and be their ever present support in times of joy as well as sorrow, in prosperity as well as lack – in sickness as well as in health and provide for all the needs and necessities of life throughout the course of their marriage together. May Your love and blessing rest upon couples and may their home be a place of peace and contentment, encouragement and hope. We pray that the love that they have for each will continue to grow ever brighter as the years pass and give to each a heart that is keenly aware of the needs of the other, in preference to their own wants and desires. May this marriage be one that lifts up the Lord Jesus and may You remain the author and finisher of their life together, so that their love for each other will reflect and radiate the love they have for You.



For the Desire to Know and Follow Jesus

O Mary, Mother of God, Mother of the Church, in this hour so meaningful for us, we are one heart and one mind: as were Peter, the apostles, the brethren, joined in prayer, with you, in the Last Supper. We entrust to you our lives. To you we all, one and all, repeat, "*totus tuus ergo sum*," that you may take up our consecration and unite it with that of Jesus and your own, as an oblation to God the Father, for the life of the world. We pray you to look upon the needs of your children, as you did at Cana, when you were touched to the heart by that family's situation. Reach with your "suppliant omnipotence" the hearts of many of our brethren, that they may listen, understand, and respond to the voice of the Lord. Repeat to them, in the depths of their consciences, the invitation addressed to the servants at Cana: Do whatever Jesus tells you. We shall be ministers of God and of the Church, vowed to evangelize, sanctify, and nourish our brethren: teach us and give us the attitudes of the Good Shepherd; feed and give increase to our apostolic dedication; strengthen and regenerate our love for the suffering; infuse and keep us in the sense of fraternity and communion. - *Pope St. John Paul II*

For Those Suffering Separation and Divorce

O loving and creating God, bless families hurting with the pain of separation and divorce. We know that when two people are married, they mean it for life. Yet, at times, with some people, and in some very complex situations, it just doesn't happen that way. Give peace and courage to all who have experienced the disruption caused by divorce or separation. Help them to accept their feelings of rejection, loneliness, and grief. Help them, above all, to believe in Your presence, and to believe in the Church as a source of strength and compassion. Help all of us to be sensitive to the emotional, spiritual, and physical needs of children who have divorced or separated parents. Enable us to reach out in love, and may we always make them feel welcome in parish activities. We pray that as we continue to recognize Jesus in the breaking of the Bread, we will carry Jesus with us and reach out to all our separated and divorced families with love, compassion, and understanding. Amen.

For Expectant Mothers

All loving God, you created the human family as a reflection of your own divine life so that you share in your happiness. Hear our prayer your daughter who awaits the birth of her child. She has cooperated with you in giving life. Assist her now as she prepares to give birth to the child in her womb. May Mary her guide and support, calming her fears and strengthening her love. May your daughter be filled with your peace and blessing, so that she may bring her child into this world safely and into praise and of your name. Amen.

St. Gianna, pray for us. Our Lady of Guadalupe, pray for us.

PRAYERS FOR OUR COUNTRY



For our President

Lord Jesus Christ, King of the Universe, today I pray for our nation. I ask that You would give our president wisdom beyond his own understanding and the courage to choose the right path no matter how narrow the gate. In Your goodness, watch over our president and all those in authority, so that people everywhere may enjoy freedom, security, and peace. I pray that the leaders of our country

would hear your voice and know Your heart. May they always seek the ways of righteousness, justice, and mercy. Grant that they may be enabled by your powerful protection to lead our country with honesty and integrity. Amen.

For all Legislators

God of all Creation, we humbly ask for your blessing on our legislators and on all who collaborate in their work. Bestow on them an abundant share of your wisdom and a deep desire to serve the common good. May they be instruments of your providential care, most especially in the lives of those who are most in need — our children, our elderly, those who live at the margins of our society. ...May they be wise stewards of the many resources — human, natural and economic — with which you have so richly blessed us. May they help us to restore the honor and dignity of the great tradition of public service that has long distinguished our State and may they and their families be given a glimpse of the fruits that flow from their sacrifices as they dedicate themselves to pursuing the common good over self-interest. We ask all of these things of you, O Lord, trusting that you are indeed the source of all that is good. Amen.

[from Abp. Hebda's opening prayer to the 2018-2019 MN Legislative session]

For all Judges

Lord God, I thank you today for the gift of our nation.
You alone rule the world with justice,
Yet you place in our hands the solemn duty
of participating in the shaping of our government.
I pray today for our President and Senators
Who have the responsibility of placing judges on our courts.
Please protect this process
from all obstruction.
Please send us men and
women of wisdom,
Who respect Your law of Life.
Please send us judges with
humility,
Who seek Your truth and not
their own opinions.
Lord, give all of us the



PRAYERS FOR HEALTH AND PEACE

For the Sick

God our Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness, or disease realize that they are joined to Christ in his suffering for the salvation of the world. We ask this through Christ our Lord. Amen.

Father in heaven, grant all the sick this day comfort in their suffering. Give them courage when afraid, patience when afflicted, hope when dejected, and when alone assure them of the prayerful support of your holy people. We ask this through Christ our Lord. Amen.

For Those Who Are Suffering

Psalm 22

My God, my God, why hast thou forsaken me?

Why art thou so far from helping me, from the words of my groaning?

O my God, I cry by day, but thou dost not answer;
by night, but find no rest. thou art holy,
on the praises of Israel.

In thee our fathers trusted;

trusted, and thou didst deliver them.

To thee they cried, and were saved;

thee they trusted, and were not disappointed. ...

Psalm 119

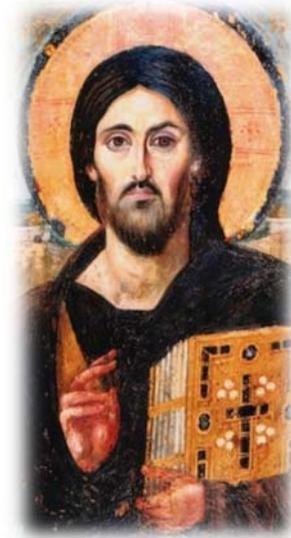
...But thou, O, art enthroned for ever;
name endures to all generations.

Thou wilt arise and have pity on Zion;
it is the time to favor her;
appointed time has come.

For thy servants hold her stones dear,
and have pity on her dust.

The nations will fear the name of the,
all the kings of the earth thy glory.

For the build up Zion,
he will appear in his glory;





he will regard the prayer of the destitute,
will not despise their supplication. ...

For Those Who Are Dying

Dear Heavenly Father, with heavy hearts we come to You. You are our God, holy and full of grace and love. Our hearts are heavy because of a life that is leaving us. Death engulfs us Lord. Fear is waiting to take us down. Thank You Father that, because of Jesus, You know our pain and sorrow intimately. Thank You that Jesus knows the way through this dark shadow. Take the hand of our dear sisters and brothers and make Yourself known. Guard our hearts and minds in Christ Jesus. Keep that which is Your own and take it into eternity to be with You. Thank You Jesus for the cross. Thank You Jesus for the resurrection. Lord, we are before You, confessing that You are Lord of all; the gate keeper to eternal life. Your grace and love abound. We lay our fears at your feet. Your promise is that You, and You alone, will come to take us home. As it says in 23:4 "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me." Send us Your peace Lord; the peace that passes all understanding. Don't let us waiver and doubt. Give us a faith that is everlasting. Give us strength to hold up those who are stepping closer to seeing You face to face. Let them find peace in Your grace, comfort in Your love, and strength in Your mighty power over death. Amen.

groanings, and all my works of piety, and make me to persevere in grace until I come to everlasting life. Amen.

For Personal Healing

Lord, You invite all who burdened come to You. Allow your healing hand to heal me. Touch my soul with Your compassion for others. Touch my heart with Your courage and infinite love for all. Touch my mind with Your wisdom, that my mouth may always proclaim Your praise. Teach me to reach out to You in my help me others to You by my example. Most loving Heart of Jesus, bring me health in body and spirit that I may serve You with all my strength. Touch gently this life which You have created, now and forever. Amen.

For the Lonely and Depressed

O Christ Jesus, I lift up to you those who are lonely or are suffering from

depression. When all is darkness and they feel their weakness and helplessness, give them the sense of Your presence, Your love, and Your strength. Help them to have perfect trust in Your protecting love and strengthening power, so that nothing may frighten or worry them, for, living close to You, they shall see Your hand, Your purpose, Your will all things. Your Word promises us that we are safe in your hand. By faith we know that you are protecting us. Teach us how to pick up the shield of faith to defend ourselves against the fiery darts of hopelessness and depression. Help us to know in our heart that, according to your Word, we are never alone because you are with us. Your love and peace is with us, right now, in this moment. We know it and we are not alone. Amen.



For Those Without Work

Loving Lord there are so many dear people in the world today that are out of work at this time and as a result Lord, there is so much hardship and pain. In Your pity and mercy I ask You to visit those that are struggling because they are jobless or unable to earn a living - knowing that unemployment brings in its wake so much stress and depression and places such a strain on marriages and relationships. Lord be with those that have no jobs and provide for all their needs, but also comfort and calm those that are living each day in fear that their employment will be terminated - as work-loads increase, while at the same time others are being laid off. Thank you for hearing our prayer. Amen.

For an End to Abortion

Lord God, I thank you today for the gift of my life, and for the lives of all my brothers and sisters. I know there is nothing that destroys more life than abortion, yet I rejoice that You have conquered death by the Resurrection of Your Son. I am ready to do my part in ending abortion. Today I commit myself NEVER to be silent, NEVER to be passive, NEVER to be forgetful of the unborn. I commit myself to be active in the pro-life movement, and never to stop defending life until all my brothers and sisters are protected, and our nation once again becomes a nation with liberty and justice not just for some, but for all, through Christ our Lord. Amen.



For Those Suffering Addictions

Psalm 121

I lift up my eyes to the hills.
From whence does my help come?
My help comes from the Lord,
 who made heaven and earth.
He will not let your foot be moved,
 he who keeps you will not slumber.
Behold, he who keeps Israel
 will neither slumber nor sleep.
The Lord is your keeper;
 the Lord is your shade
 on your right hand.
The sun shall not smite you by day,
 nor the moon by night.
The Lord will keep you from all evil;
 he will keep your life.
The Lord will keep
your going out and your coming in
from this time forth and for evermore.

For Victims of Violence

Dear Lord,
We pray for victims of violence and their families, that they may
experience our love and support and find comfort in your compassion
and in the promise of eternal life.
We also hold in prayer all of the times that we have experienced harm, in
any form.

For Peace

Blessed John XXIII prayer for peace:

Lord Jesus Christ, who are called the Prince of Peace, who are yourself
our peace and reconciliation, who so often said, "Peace to you," grant us
peace. Make all men and women witnesses of truth, justice, and
brotherly love. Banish from their hearts whatever might endanger peace.
Enlighten our rulers that they may guarantee and defend the great gift of



peace. May all peoples of the earth become as brothers and sisters. May longed-for peace blossom forth and reign always over us all.

Pope Leo XIII Prayer for Peace

O Lord, you see how everywhere the winds have burst forth, and the sea is convulsed with the great violence of the rising waves. Command, we beseech you who alone are able, both the winds and the sea. Restore to mankind the true peace of your name, that peace which the world cannot give, and the calm of social harmony. Under your favor and inspiration may men return to due order, and having overthrown the rule of greed, bring back again as ought to be, the love of God, justice, charity toward neighbor, temperance in all desires. May your kingdom come. May all recognize that they are subject to you, and must serve you who are truth and salvation; that without you they labor in vain. In your law is reason and fatherly kindness. You are ever at hand with your strength and your copious power to help man to keep it. Life upon earth is a warfare, but you watch the contest and aim man to conquer. The weak you sustain; the victor you crown.

Prayer for Protection in Time of Pandemic

O Mary, you always brighten our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who, at the Cross, took part in Jesus' pain while remaining steadfast in faith. O loving Mother, you know what we need, and we are confident you will provide for us as at Cana in Galilee. Intercede for us with your Son Jesus, the Divine Physician, for those who have fallen ill, for those who are vulnerable, and for those who have died. Intercede also for those charged with protecting the health and safety of others and for those who are tending to the sick and seeking a cure. Help us, O Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who took upon himself our sufferings and carried our sorrows, so as to lead us, through the Cross, to the glory of the Resurrection. Amen. Under thy protection we seek refuge, O Holy Mother of God. In our needs, despise not our petitions, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

GENERAL CATHOLIC PRAYERS

Act of Adoration

We adore You, Most Holy Lord, Jesus Christ, here and in all the churches of the whole world, and we bless You because by Your Cross You have redeemed the world. Have mercy on us. ~St. Francis of Assisi

Desire for Closer Union

Lord Jesus Christ, pierce my soul with your love so that I may always long for you alone, who are the bread of angels and the fulfillment of the soul's deepest desires. May my heart always hunger and feed upon you so that my soul may be filled with the sweetness of your presence. May my soul thirst for you, who are the source of life, wisdom, knowledge, light, and all the riches of God our Father. May I always seek and find you, think upon you, speak to you, and do all things for honor and glory of Your holy name. Be always my only hope, my peace, my refuge, and my help in whom my heart is rooted so that I may never be separated from You. ~Saint Bonaventure

Litany of the Holy Eucharist

Lord have mercy.....	Lord have mercy
Christ have mercy.....	Christ have mercy
Lord have mercy.....	Lord have mercy
Jesus the most high.....	Have Mercy on us
Jesus the holy One.....	*
Jesus word of God.....	*
Jesus only Son of the Father.....	*
Jesus Son of Mary.....	*
Jesus crucified for us.....	*
Jesus risen from the dead.....	*
Jesus reigning in glory.....	*
Jesus coming in glory.....	*
Jesus our Lord.....	*
Jesus our hope.....	*
Jesus our peace.....	*
Jesus our Savior.....	*
Jesus our salvation.....	*



Jesus our resurrection.....	Have Mercy on us
Jesus Judge of all.....	*
Jesus lord of the Church.....	*
Jesus Lord of creation.....	*
Jesus Lover of all.....	*
Jesus life of the world.....	*
Jesus freedom for the imprisoned.....	*
Jesus joy of the sorrowing.....	*
Jesus giver of the Spirit.....	*
Jesus giver of good gifts.....	*
Jesus source of new life.....	*
Jesus Lord of life.....	*
Jesus eternal high priest.....	*
Jesus priest and victim.....	*
Jesus true Shepherd.....	*
Jesus true light.....	*
Jesus bread of heaven.....	*
Jesus bread of life.....	*
Jesus bread of thanksgiving.....	*
Jesus life-giving bread.....	*
Jesus Holy Manna.....	*
Jesus new covenant.....	*
Jesus food for everlasting life.....	*
Jesus food for our journey.....	*
Jesus holy banquet.....	*
Jesus true sacrifice.....	*
Jesus perfect sacrifice.....	*
Jesus eternal sacrifice.....	*
Jesus divine victim.....	*
Jesus Mediator of the new covenant.....	*
Jesus mystery of the altar.....	*
Jesus medicine of immortality.....	*
Jesus pledge of eternal glory.....	*
Jesus Lamb of God, you take away the sins of the world.....	*
Jesus bearer of our sins, you take away the sins of the world.....	*

Jesus Redeemer of the world, you take away
the sins of the world..... *

Christ hear us..... Christ hear us
Christ graciously hear us..... Christ graciously hear us
Lord Jesus hear our prayer..... Lord Jesus hear our prayer

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Do not permit me to be separated from you.
From the evil one, protect me.
At the hour of my death call me.
And bid me come to you, to praise you
with all your saints forever and ever.
Amen.

En Ego, O Bone et Dulcissime Jesu

Here, O good and gentle Jesus, I kneel before you, and with all the fervor of my soul I pray that you engrave within my heart lively sentiments of faith, hope, and love, true repentance for my sins, and a firm purpose of amendment. While I see and I ponder your five wounds with great affection and sorrow in my soul, I have before my eyes those words of yours that David prophesied about you: "They have pierced my hands and feet; I can count all my bones. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill my heart with Your holy gifts. Let my weakness be penetrated with Your strength this very day, that I may fulfill all the duties of my state conscientiously, and that I may do what is right and just. Let my charity be such as to offend no one; so generous as to pardon sincerely any wrong done to me. Assist me, O Holy Spirit, in all my trials of life, enlighten me in my ignorance, advise me in my doubts,

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strengthen me in my weakness, help me in all my needs, protect me in temptations, and console me in afflictions. Graciously hear me, O Holy Spirit, and pour your light into my heart, my soul, and my mind. Assist me to live a holy life and to grow in goodness and grace. Amen.

Divine Praises

Blessed be God

Blessed be His Holy Name

Blessed be Jesus Christ, true God and true Man

Blessed be the name of Jesus

Blessed be His Most Sacred Heart

Blessed be His Most Precious Blood

Blessed be Jesus in the most Holy Sacrament of the Altar

Blessed be the great mother of God, Mary, most holy

Blessed be her holy and Immaculate Conception

Blessed be her glorious Assumption

Blessed be the name of Mary, Virgin and
Mother

Blessed be Saint Joseph, her most chaste
spouse

Blessed be God in His angels and in His
saints



An Act of Faith

O my God, who are infallible Truth and can neither deceive nor be deceived, I firmly believe all that you have revealed and propose to my belief through your holy Church, because you have revealed it. I believe that you are one in nature and three in Persons: the Father, the Son, and the Holy Spirit. I believe that you are the Creator of all things and that you reward the just for all eternity in heaven and punish the wicked for all eternity in hell. I believe that Jesus Christ is the Son of God made man, that he suffered and died for my sins and rose from the dead in glory, and that it is only in him through the Holy Spirit that eternal life is given to us. I believe in all that your holy Church believes. I thank you for

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having called me to the true faith, and I propose that with the help of your grace I will live and die in this holy faith. Amen.

An Act of Hope

O my God, trusting in your promises and because you are faithful, powerful and merciful, I hope, through the merits of Jesus Christ, for the pardon of my sins, final perseverance and the blessed glory of heaven. Amen.

An Act of Love

O my God, because you are infinite goodness and worthy of infinite love, I love you with my whole heart above all things, and for love of you I love my neighbor as myself. Amen.

***Totus Tuus* Totally Yours:**

Prayer composed by St. Maximilian Kolbe and recited by H.H.

John Paul II

Immaculate Conception, Mary, my Mother.

Live in me. Act in me. Speak in and through me.

Think your thoughts in my mind. Love, through my heart.

Give me your dispositions and feelings.

Teach, lead and guide me to Jesus.

Correct, enlighten and expand my thoughts and behavior.

Possess my soul. Take over my entire personality and life.

Replace it with yourself.

Incline me to constant adoration and thanksgiving.

Pray in me and through me.

Let me live in you and keep me in this union always. Amen.

St. Therese of Lisieux

O Jesus, who in Thy bitter Passion didst become "the most abject of men, a man of sorrows," I venerate Thy Sacred Face whereon there once did shine the beauty and sweetness of the Godhead; but now it has become for me as if it were the face of a leper! Nevertheless, under those disfigured features, I recognize Thy infinite Love and I am consumed with the desire to love Thee and make Thee loved by all men.

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The tears which well up abundantly in Thy sacred eyes appear to me as so many precious pearls that I love to gather up, in order to purchase the souls of poor sinners by means of their infinite value. O Jesus, whose adorable face ravishes my heart, I implore Thee to fix deep within me Thy divine image and to set me on fire with Thy Love, that I may be found worthy to come to the contemplation of Thy glorious Face in Heaven. Amen.

Daily act of consecration to Mary

O Mary, my Queen and my Mother! I give myself entirely to thee; and to show my devotion to thee, I consecrate to thee this day/night my eyes, my ears, my mouth, and my heart; my whole being without reserve. Since I am thy own, good mother, keep me and guard me as thy property and possession. Amen.

Seven Sorrows of Mary

1. The prophecy of Simeon (*Luke 2:25-35*)
2. The flight into Egypt (*Matthew 2:13-15*)
3. Loss of the Child Jesus for three days (*Luke 2:41-50*)
4. Mary meets Jesus on his way to Calvary (*Luke 23:27-31; John 19:17*)
5. Crucifixion and Death of Jesus (*John 19:25-30*)
6. The body of Jesus being taken from the Cross (*Psalms 130; Luke 23:50-54; John 19:31-37*)
7. The burial of Jesus (*Isaiah 53:8; Luke 23:50-56; John 19:38-42; Mark 15:40-47*)

Seven Joys of Mary

1. The Annunciation.
2. The Nativity of Jesus.
3. The Adoration of the Magi.
4. The Resurrection of Christ.
5. The Ascension of Christ to Heaven.
6. The Pentecost or Descent of the Holy Spirit upon the Apostles and Mary.
7. The Coronation of the Virgin in Heaven.

The Sorrows of St. Joseph

1. His doubts about Mary
2. His pain at the lowly poverty of Jesus' birthplace.
3. Watching the circumcision, Jesus' first blood spilt for us.
4. Listening to the painful prophetic message from Simeon.
5. Having to take the Holy Family into exile.
6. The hard trip back from Egypt.
7. The loss of Jesus for three days.

The Joys of St. Joseph

1. The angel's message of joy.
2. The Savior's birth.
3. Having the honor of naming Jesus.
4. Knowing the effects of Jesus' redemptive work.
5. The idols of Egypt fell at Jesus' feet.
6. Holy life with Jesus and Mary.
7. Finding Jesus after three days.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Memorare to St. Joseph

Remember, O most chaste spouse of the Virgin Mary, that never was it known that anyone who implored your help and sought your intercession were left unassisted.

Full of confidence in your power I fly unto you and beg your protection. Despise not O Guardian of the Redeemer my humble supplication, but in your bounty, hear and answer me. Amen.

In Gratitude for Mary Our Mother

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.

O Virgin Immaculate, Mother of God and my Mother, from your sublime heights turn your eyes of pity on me. Filled with confidence in your goodness and knowing full well your power, I beg you to extend to me your assistance in the journey of life, which is so full of dangers for my soul. In order that I may never be a slave to the devil through sin, but may ever live with my heart humble and pure, I entrust myself wholly to you. I consecrate my heart to you forever, my only desire being to love your Divine Son, Jesus. Mary, none of your devout servants has ever perished; may I, too, be saved. Amen.



Divine Mercy Chaplet

Opening prayer: You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat 3 times: O Blood and Water which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in you.

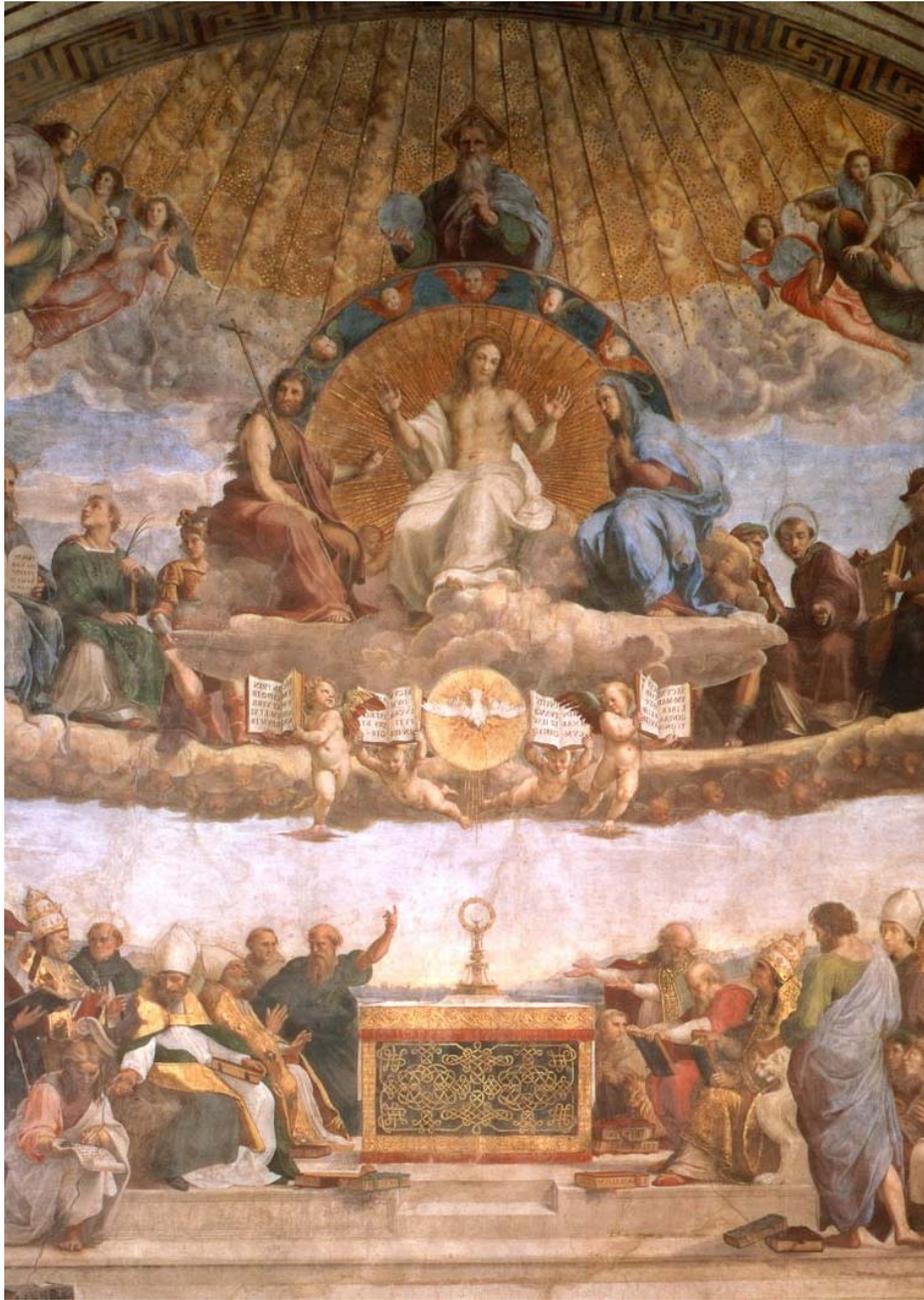
On the Rosary chain each our father say: Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

On the ten Hail Mary beads say: For the sake of His sorrowful Passion have mercy on us and on the whole world.

At the end of five decades, say three times: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing prayer: Eternal God, in whom mercy is endless, and the treasury of compassion inexhaustible, look kindly upon us, and increase Your mercy in us, that in difficult moments, we might not despair, nor become despondent, but with great confidence, submit ourselves to Your Holy will, which is Love and Mercy Itself.





Raphael, Disputation of the Holy Sacrament 16th century, Vatican Library

Our Adoration Chapel needs adorers! Contact Tom or Bonnie Brever at bonnitamom@gmail.com or 612-789-6318 if you are able to spend an hour with Jesus in the Blessed Sacrament weekly. Thank you to all of our faithful adorers!