



# Charles City Schools Lunch Menu

January  
2021

Fresh fruit and vegetables offered daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				<p>1 Happy New Year!</p>
<p>4 Professional Learning (No School)</p>	<p>5 Corn Dog  Golden French Fries</p>	<p>6 Chicken &amp; Gravy Mashed Potatoes Whole Grain Dinner Roll  Steamed Corn</p>	<p>7 Turkey Deli Sub Sandwich  Kettle Potato Chips</p>	<p>8 Chicken Bacon Ranch Melt  Baby Carrots</p>
<p>11 Chicken Fajitas Lettuce, Tomato and Cheese  Spicy Pinto Beans</p>	<p>12 French Toast Sticks scrambled eggs side  Tator Tots</p>	<p>13 Pizza Dippers Marinara Sauce  Garden Salad</p>	<p>14 Pasta with Meat Sauce Rip Stick Breadstick  Steamed Broccoli</p>	<p>15 Crispy Chicken Nuggets Rip Stick Breadstick  Green Beans</p>
<p>18 MLK Day (No School)</p>	<p>19 Parmesan Chicken Bites Garlic Toast  Garden Salad</p>	<p>20 Crispito chips and salsa  Refried Beans</p>	<p>21 Pepperoni Pizza  Baby Carrots</p>	<p>22 Sloppy Joe on a Bun Golden French Fries  Steamed Peas</p>
<p>25 Crispy Chicken Sandwich  Steamed Corn</p>	<p>26 Beefy Nachos w/Cheese Sauce  Romaine Lettuce</p>	<p>27 Cheese Pizza  Garlic &amp; Herb Broccoli</p>	<p>28 Hamburger on a Bun  Golden French Fries</p>	<p>29 BBQ Chicken Sandwich  Calico Bean Bake</p>

PRICES

Breakfast and Lunch  
is FREE for  
All students!!

EXTRA INFO

Milk choice of 1% or ff chocolate available.  
For questions/comments, please contact your  
FSD  
at 641-257-6505 ext 2316 or  
email taher@charles-city.k12.ia.us

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHER Food4Life®



www.taher.com