



# Charles City Schools Elementary Lunch Menu

March  
2020

Fresh fruit and vegetable bar offered daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 Nat'l Breakfast Week</b> French Toast Sticks Sausage Patty  Hot Ham & Cheese Flatbread  Chef Salad  Breakfast Potatoes	<b>3</b> Chicken and Waffles  Beef Hot Dog on a Bun  Beef Taco Salad  Cucumber Ranch Salad	<b>4</b> Pancake on a Stick  Crispy Chicken Nuggets Whole Grain Dinner Roll  Ham Deli Sub Sandwich  Tator Tots	<b>5</b> Breakfast Burrito  Beefy Nachos w/Cheese Sauce  Turkey BLT Wrap  Black Beans Churro	<b>6</b> Ham, Egg & Cheese on Bagel  Fish Sandwich Basket  Yogurt Pak with Bagel  Potato Wedges
<b>9</b> Spring Break	<b>10</b> Spring Break	<b>11</b> Spring Break	<b>12</b> Spring Break	<b>13</b> Spring Break
<b>16</b> Macaroni & Cheese  Pizza Burger Melt  7 Layer Salad  Roasted Broccoli	<b>17 St. Patrick's Day</b> Shepherd's Pie Whole Grain Dinner Roll  Crispy Chicken Nuggets Whole Grain Dinner Roll  Turkey Munchable  Mashed Potatoes Chocolate Chip Cookie	<b>18</b> Hot Ham & Cheese Panini  Build Your Own Cereal Bowl Berry Banana Smoothie  Turkey Deli Sub Sandwich  Minted Fruit Salad	<b>19 HOM Avocado</b> Soft Beef Tacos Lettuce, Tomato and Cheese  WG Chips, Salsa & Cheese Cubes  Crispy Chicken Salad  Guacamole	<b>20</b> Professional Learning-No School (or Snow Make-up Day)
<b>23</b> Conferences (No School)	<b>24</b> Chicken Crispito  Chicken and Cheese Quesadilla  Chef Salad  Corn	<b>25</b> Popcorn Chicken Bowl  Salisbury Steak  Beef Taco Salad  Mashed Potatoes Gravy	<b>26</b> Corn Dog  All American Burger  Turkey BLT Wrap  Baked Beans	<b>27</b> Cheese Pizza  Pretzel Pack  Ham Deli Sandwich  Caesar Side Salad
<b>30</b> Pancakes Blueberry Topping  Biscuits & Gravy  Buffalo Chicken Salad  scrambled eggs side Tri Tater	<b>31</b> Roast Pork & Gravy  Crispy Chicken Tenders  Chef Salad  Whole Grain Dinner Roll Warm Cinnamon Apples Mashed Potatoes			<p>Choose <b>MyPlate.gov</b></p>

INFORMATION

Regular \$2.70  
 Reduced \$0.40  
 Adult \$3.85

EXTRA INFO

Milk choice of 1% or ff chocolate available.  
 For questions/comments, please contact your  
 FSD  
 at 641-257-6505 ext 2316 or  
 email [taher@charles-city.k12.ia.us](mailto:taher@charles-city.k12.ia.us)

HARVEST OF



THE MONTH

Your **MENUS** plus more  
 information on our app  
**TaHer Food4Life®**



[www.taher.com](http://www.taher.com)