

Guidance

During Guidance we talk a lot about filling other people's buckets. Since we can't be together right now it can be difficult to see who needs us. But we all know someone who could use a phone call, letter, an encouraging word, etc. right now. So let's get started.

Attached you will see an example of the Five Finger Quarantine Challenge. Draw your own hand on a paper and fill the fingers in with 5 different things you will do for someone else. It could be ANYTHING. I filled one out and attached that as well. I'd like to see what you all come up with.

The Law of Bucket Filling is this: What you do to someone else's bucket, you do to your own. So let's fill our own bucket!

Please send back a picture of your completed Five Finger Quarantine Challenge to your teacher. Maybe we could get them on Facebook so people can be inspired to do their one Five Finger Quarantine Challenge!

Stay healthy everyone and keep reading!

Mrs. Knutson

Example

