Our Home

New Beginnings is a residential treatment program for adolescent males and females, from 13 to 18 years of age. We’re located in Opelousas, Louisiana in the heart of Cajun Country.

Ours is a safe, comfortable, rural setting ideally suited for healing.

For your teenager, New Beginnings is a place that can help bring them back from destructive behaviors to a new way of life.

New Beginnings Adolescent Recovery Center’s award-winning, nationally recognized program is one of the leading adolescent substance abuse programs in the country.

This is who we are.
Our Staff

The New Beginnings multi-disciplinary treatment team is led by an ASAM Certified Psychiatrist and is comprised of:

• Licensed & Masters level clinical staff
• 24/7 medical staff
• Recreation coordinator
• Registered dietician
• Certified educator

The New Beginnings multi-disciplinary treatment team is led by an ASAM Certified Psychiatrist.

The people taking care of your teenager.
During treatment, our patients have access to individual, group, family & spiritual counseling that incorporates the principles of the 12-step program. Programming is overseen by our qualified, multidisciplinary team of treatment professionals.

**This is what we do.**

**Programs & Clinical Modalities**
- Medically monitored services
- Residential program
- Intensive family program

*Teenagers are complex, and those with substance abuse problems become even more complex.*

- 12-step philosophy
- Group & individual therapy
- CBT, REBT, DBT (mindfulness)
- Expressive art therapy
- Adventure-based therapy (ropes course)
- Experiential & trauma work (EMDR)
- Family therapy
A Testimonial from a parent

“The entire staff will forever have a special place in my heart for introducing my son to sobriety after he used for over two years!”

Our world is challenging for all of us, especially for adolescents.

We help them meet those challenges in a positive, constructive way.

Once away from their addictive environment and on our campus, teenagers go through rapid changes as they attempt to learn once again who they are and how they can begin living without use of substances.

Teenagers are unique...so is the treatment we offer.
Education Program:

New Beginnings provides an on-site, educational program. Our school personnel work closely with each teenager’s school of origin to ensure his or her education is not disrupted while they are in treatment. Each client has the opportunity to enroll in an online schooling program.

We tailor the students education to meet their needs and to incorporate individual learning styles.

For a teen, realizing they can learn for the first time, is life changing.

Learning doesn’t have to stop for your teenager!
Family Program

In the New Beginnings’ family program we help each family member examine their role in the family system, expose unhealthy dynamics, begin to resolve conflicts, and rebuild trust and relationships.

We help the family develop healthy communication and boundaries. Our goal is for each family member to embrace their own personal growth and recovery, while the family as a whole moves toward healing. New Beginnings is committed to recovery in the entire family system.

Addiction affects the entire family. Our family program helps all family members understand their teens problem and need for recovery, while engaging them in their own recovery.

What affects one family member affects all.
New Beginnings
ADOLESCENT RECOVERY CENTER
Opelousas, Louisiana

www.newbeginningsarc.com

1649 Linwood Loop • Opelousas, Louisiana 70570
Phone: 855-463-9234 • Fax: 337-948-9101