

# Saint Boniface Parish

## Faith Formation Handout – Sunday, October 25<sup>th</sup>

### The Thirtieth Sunday of Ordinary Time

#### **Matthew 22:34-40**

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one of them, a scholar of the law tested him by asking, "Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments."



## How does my living the Commandments become a model for others?

#### First Grade

In today's Gospel, Jesus tells us that we should love our neighbor as our self. How much do you love yourself? In what ways do you take care of yourself? What do you need to do to take care of and love others in the same way? What is one of your favorite things to do? How can you share that with someone this week? Show them that you love them!

#### Second Grade

As we get older we learn more about the Ten Commandments, but you already know some of them. What are the things that you have already learned is wrong and that you should not do? What are the things that you have learned are right and that you should do? How did you learn those things? How can you help other people to learn what is right to do?

#### Third and Fourth Grades

We have people in our lives that we look up to. Who are the people that you look up to as role models? We also have people that look up to us and copy us, even when we are in the third and fourth grades! Who do you think are the people that you look to you as a role model? Are you a good role model for them? How can the Commandments help you to be a better example?

#### Fifth and Sixth Grades

In today's Gospel, Jesus tells us that we should love God with all of our heart, soul and mind. What do you think He means? How can a person do that? What are some of the things that stop us from loving God with all of our heart, soul and mind? How can you be a good model for others of how to do that? How can the Commandments help us to love God?

#### Seventh and Eighth Grades

In today's Gospel, Jesus gives us the Two Great Commandments – Love God and love your neighbor as yourself. Why do you think He summed up the Ten Commandments in these two? Do you think it is easy to live out these two Commandments? What makes it easy or difficult to do so? How can living our these Commandments make you and others happy?

#### High School and Adults

As high schoolers and adults, we are always being watched by people who are younger than us. Watched and copied. Who are the people in your life that watch and copy you the most? What type of example do you want to set for them? Would you say that you are being a good example? How can more fully living the Commandments help you to be a better example?

# For this Week...

We are Catholic always and in everything we do. Throughout the week bring your faith into your school, your work, your play and your family. Here are some ideas for you.

## Monday

The first Commandment is 'You shall not have any gods except the Lord your God'. What are the things in your life that you would list as the most important? Today, talk with people in your family or that you live with about how you spend your time and money. Those answers will show you what you value as most important in your life.

## Tuesday

The second Commandment is 'Do not take the Lord's name in vain.' This means that we should show God respect by using His name when we are praying or talking about him, not when we are mad or angry. Today, pay attention to how many times you use 'God' or 'Jesus' as a swear or in anger. Who are the people around you hearing you talk like that?

## Wednesday

The third Commandment is 'Honor the Sabbath', which that we need to go to Mass and rest on Sundays. How do you usually spend your Sundays? Do you catch up on work and then feel tired on Monday? Today, set yourself up for a day of rest on Sunday by doing extra things today so that you don't have to do them on Sunday – laundry, clean the house, errands...

## Thursday

The fourth Commandment is 'Honor your father and your mother.' This means we need to love and respect our parents as well as everyone else in authority over us – teachers, police, coaches and our bosses! Today, pay attention to how you talk about them when they are not around. What example are you setting?

## Friday

The fifth and eighth Commandments are about how we treat other people, their bodies and what we say about them. It is very easy for us to fall into gossip in our conversations, which happens when we share stories about what other people have done. Today, pay attention to how much of your conversation is about other people. How can you change that?

## Saturday

The seventh and tenth Commandments are about how we treat other people's things. Hopefully we are not outright stealing from people, but we also need to think about how we treat the earth (no polluting) and how we use other people's things when we borrow them (do we mistreat them?). Today, go out of your way to take care of the earth and other people.

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**“WHOEVER PRACTICES AND TEACHES THE COMMANDMENTS WILL BE CALLED GREAT IN THE KINGDOM OF HEAVEN”**  
MATTHEW 5:19

## **FROM THE CATECHISM...**

Since they express man's fundamental duties towards God and towards his neighbor, the Ten Commandments reveal, in their primordial content, grave obligations. They are fundamentally immutable, and they oblige always and everywhere. No one can dispense from them. The Ten Commandments are engraved by God in the human heart.

Catechism of the Catholic Church, 2072

## **Next Week's Readings**

Here are the readings for next Sunday so that on Saturday you can read through them. If you take a few minutes to read them and prepare, you will get a lot more from Mass. They are available online at [www.usccb.org](http://www.usccb.org). Use the calendar on the right.

**Malachi 1:14b-2:2B,8-10 Psalm 131:1,2,3 1 Thessalonians 2:7b-9,13 Matthew 23:1-12**

This handout was created by the Lynn Catholic Collaborative. For more info on how to use at your parish please email [admin@lynncatholic.org](mailto:admin@lynncatholic.org)