

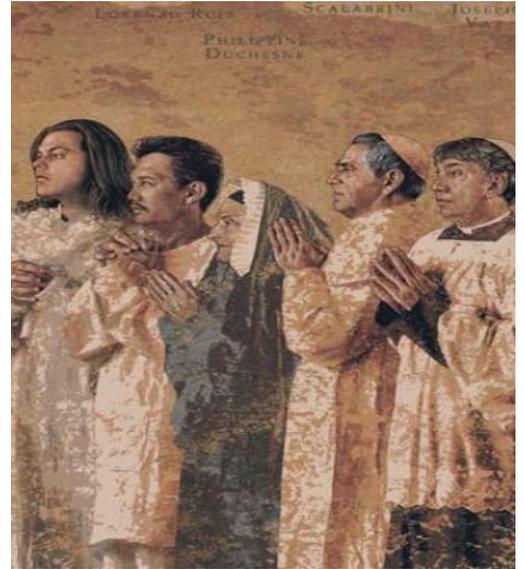
Saint Boniface Parish

Faith Formation Handout – Sunday, November 1st

Feast of All Saints

Matthew 5:1-12

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven."



How is the life I live leading me to sainthood?

First Grade

A saint is a person who is in heaven. What saints do you know about? Do you want to go to heaven one day? If yes, then that means that you want to be a saint! How would you describe a saint? What do you think you need to do to become a saint? How are you doing at trying to be a saint? Are there people in your life that you think will be a saint one day?

Second Grade

Saints are bold! Saints work to do the right thing, even when it is difficult for them to do so. Do you always try to do the right thing or are you okay with doing things wrong sometimes? What is something that is difficult for you to do, but you know that you should try harder? What can you do this week to try harder in that area?

Third and Fourth Grades

Saints strive to be excellent in everything they do, even though sometimes they fail. Do you always try your best, or only at things that you want to do? What is something that you don't like to do, but know you have to do? How can you be stronger and do well even when you don't want to? What will it take for you to try your best all the time?

Fifth and Sixth Grades

Being a saint doesn't mean that you are always perfect, but rather, when you make a mistake you apologize, fix it, and continue to grow closer to God. What are two recent mistakes you made? Did you apologize for them? Why or why not? Did you do something to fix your errors? If not, can you fix them today or this week? What do you think you should do to apologize?

Seventh and Eighth Grades

Think about the decisions you made this week. Name five of them. Are these decisions leading you to be a saint? Would you say that most of your decisions are or are most leading you away from being a saint? What things in your life help you to make the right decisions? What are some things that are leading you to make bad decisions?

High School and Adults

We often think that only the big choices we make in life will determine if we go to heaven or not, but every step we take leads us either towards or away from sainthood. Think about the small things that you do every day at home, school and work. Does the way you talk and act each day resembles the life of a saint? How can you live more like a saint?

For this Week...

We are Catholic always and in everything we do. Throughout the week bring your faith into your school, your work, your play and your family. Here are some ideas for you.

Monday

The first step in becoming a saint is being a disciple now, where you are alive here on earth. Today, take time either in prayer or in a discussion with someone to evaluate your relationship with Jesus. How would you describe your relationship? In what areas can you improve? What are some specific changes you can make to be a better disciple?

Tuesday

Being a saint means that we are preparing for heaven while we are here on earth. Today, ask God to help you identify two areas in your life that you are weak and sinning. We all have these areas, and they do not mean that we can't be a saint one day. Ask Him to help you know what areas to work on and the grace to make changes. What can you do this week?

Wednesday

Saints have strong relationships with God, meaning that they spend time with Him every day in prayer and seek Him out in the Eucharist. Today, come see Jesus at Sacred Heart at 6pm for Adoration and/or 7pm for Mass in the Chapel. Going to the church may not be how you usually spend your Wednesday night, but you are invited to make a change!

Thursday

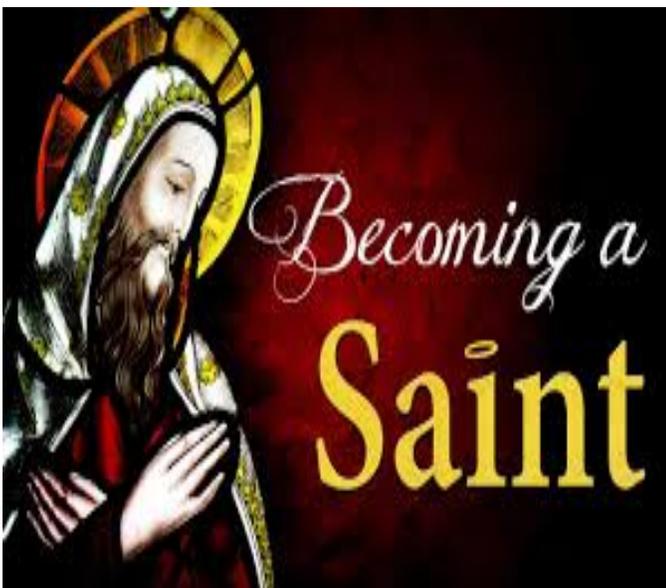
Saints forgive. How are you at forgiving yourself and others? Today, continue to work on forgiveness in two ways. First, when someone does something that annoys or angers you practice forgiving right away. Second, think about anger that you are holding on to. Start the forgiveness process by making the choice to forgive them.

Friday

Saints love! They love when it is both easy and hard to do. Love is not simply a feeling you get when you are around people that you like. Love is an action, an act of the will. Saints choose to love even when it is difficult to do so. Today, love more. Love your family, friends and everyone you encounter by choosing to do what is best for them, even when it is difficult for you.

Saturday

Saints help grow other saints. A person rarely becomes a saint on their own, but rather by being supported by other saints around them. Today, help your family and friends to become saints by talking with them about their relationship with God. This may mean being bold and inviting them to come with you to Mass this weekend or next weekend.



FROM THE CATECHISM...

"All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of charity.' All are called to holiness: 'Be perfect, as your heavenly Father is perfect.' In order to reach this perfection the faithful should use the strength dealt out to them by Christ's gift, so that...doing the will of the Father in everything, they may wholeheartedly devote themselves to the glory of God and to the service of their neighbor. Thus the holiness of the people of God will grow in fruitful abundance, as is clearly shown in the history of the Church through the lives of so many saints.

Catechism of the Catholic Church, 2013

Next Week's Readings

Here are the readings for next Sunday so that on Saturday you can read through them. If you take a few minutes to read them and prepare, you will get a lot more from Mass. They are available online at www.usccb.org. Use the calendar on the right.

1 Kings 17:10-16 Psalm 146:8-9,9-10 Hebrews 9:24-28 Mark 12:38-44

This handout was created by the Lynn Catholic Collaborative. For more info on how to use at your parish please email admin@lynnatholic.org