

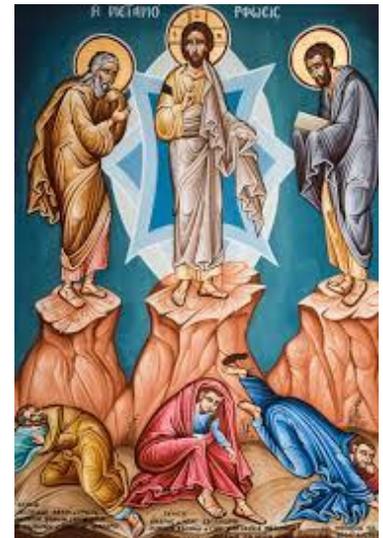
Saint Boniface Parish

Faith Formation Handout – Sunday, February 28th

Second Sunday of Lent

Mark 9:2-10

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So, they kept the matter to themselves, questioning what rising from the dead meant.



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How can God's love overcome our fears and weaknesses?

First Grade

Who are the people that you know love you? How do they show you that they love you? These people care for and protect you. Do you know that God loves you? How do the people that love you give you strength to not be afraid? How can knowing that God loves you help you to not be afraid of things?

Second Grade

What are some of the things that you are afraid of? When was the last time that you were afraid of something? What did you do? Jesus is always with us and is always protecting us. How can having confidence and trust in God help you to not be afraid? Thank God for helping you to overcome your fears.

Third and Fourth Grades

In today's Gospel, Peter says to Jesus that it is good that they are there with Him. Why do you think that he said that? What is good about them spending time with Jesus? How can that strengthen them for later? What do you know about Jesus? When do you spend time with Him? How can spending time with Jesus help overcome your fears?

Fifth and Sixth Grades

Sometimes we can feel like we are alone and there is no one to help us. That is not true. God is always there, and always love's us. How can having confidence in God's presence help you to be less afraid and overcome fear? When are the times that you often feel afraid or alone? What can you do in those moments to remember God's love for you?

Seventh and Eighth Grades

In today's Gospel, God the Father says that Jesus is His Son, and that we should listen to Him. Would you say that you are good at listening to God and doing what He tells you or not? Give an example to demonstrate your answer. What is the outcome for the times when you do not listen to God? How can listening to Him help you to beat your fear?

High School and Adults

We all have things that we are not good at, but those are not the weaknesses we are talking about. In what ways are you weak in loving others? Who are the people that cause you to be your worst? What are the situations when you are most likely to show your weaknesses? How can God's love help you with those people and in those situations?

For this Week...

We are Catholic always and in everything we do. Throughout the week bring your faith into your school, your work, your play and your family. Here are some ideas for you.

Monday

If we are going to overcome our fears, we first need to be aware of them. While you may be afraid of snakes or spiders, those are not the fears we are talking about. What fears do you have in relationships and around loving and being loved? Today, look at how you act with God and others, and what fears you have around love.

Tuesday

If we are going to overcome our weaknesses, we need to be aware of them. We are not talking about not being good at math or sports. What weaknesses do you have with virtue (good habits)? Are you impatient, rude, angry or unforgiving? Today, pay attention to your actions throughout the day, asking God to help you with your weaknesses.

Wednesday

You have probably tried to solve your own problems by yourself. You thought that with enough hard work you can do anything. Have you realized yet that you are wrong? That there are some things that we need help with – help from others and help from God? Today, each time that you have a fear, weakness or other problem, ask God for help!

Thursday

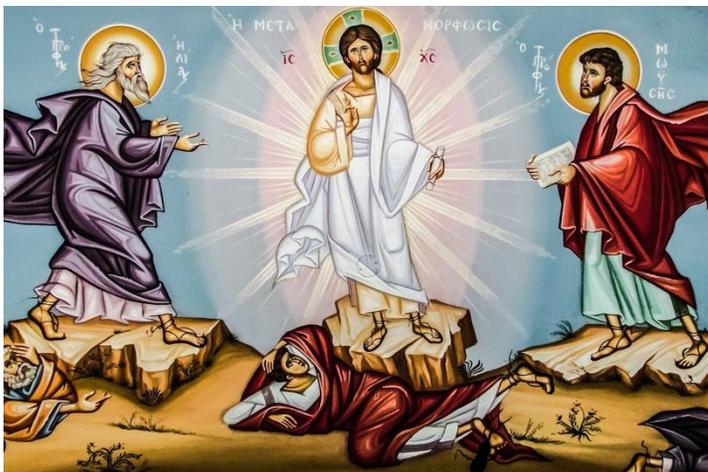
Sometimes asking God for help seems foolish, because what you are asking for seems small or it is a seems too large for God. Have trust and confidence in God's love! He will always be there for you, and nothing is too big or too small! Today, work on trusting God with everything. Start with a few things, and work to more.

Friday

It can be difficult to have trust in God if we do not know the many times that He has already proven Himself trustworthy. We have countless stories in the Bible and from the saints, about what God has done. Today, take 15 minutes to read about what God has done either in the Bible or from a saint. Then, look for where God is working in your life.

Saturday

God's love is more powerful than any of your weaknesses, fears, or sins. Do not let a lack of trust stop you from receiving help from God! Today, think about the people in your life that you already trust. Why do you trust them? Why is that important to you? How can you move the trust you have for them over to God, who gives you so much?



FROM THE CATECHISM...

By this power of the Spirit, God's children can bear much fruit. He who has grafted us onto the true vine will make us bear "the fruit of the Spirit: . . . love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." "We live by the Spirit"; the more we renounce ourselves, the more we "walk by the Spirit." Through the Holy Spirit we are restored to paradise, led back to the Kingdom of heaven, and adopted as children, given confidence to call God "Father" and to share in Christ's grace, called children of light and given a share in eternal glory.

Catechism of the Catholic Church, 736

Next Week's Readings

Here are the readings for next Sunday so that on Saturday you can read through them. If you take a few minutes to read them and prepare, you will get a lot more from Mass. They are available online at www.usccb.org.

Exodus 17:3-7 Psalm 95:1-2,6-7,8-9 Romans 5:1-2,5-8 John 2:13-25