

# Saint Boniface Parish

## Faith Formation Handout – Sunday, March 7<sup>th</sup>

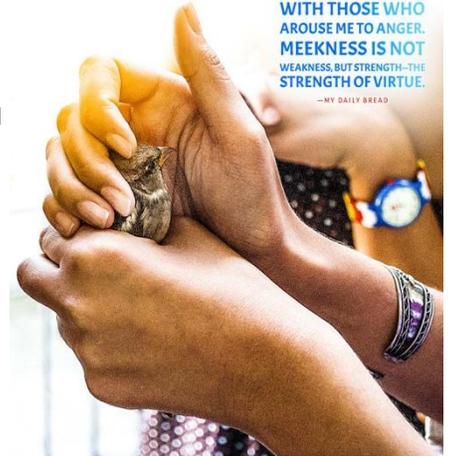
### Third Sunday of Lent

#### John 2:13-25

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money changers and overturned their tables, and to those who sold doves he said, "Take these out of here, and stop making my Father's house a marketplace." His disciples recalled the words of Scripture, Zeal for your house will consume me. At this the Jews answered and said to him, "What sign can you show us for doing this?" Jesus answered and said to them, "Destroy this temple and in three days I will raise it up." The Jews said, "This temple has been under construction for forty-six years, and you will raise it up in three days?" But he was speaking about the temple of his body. Therefore, when he was raised from the dead, his disciples remembered that he had said this, and they came to believe the Scripture and the word Jesus had spoken. While he was in Jerusalem for the feast of Passover, many began to believe in his name when they saw the signs he was doing. But Jesus would not trust himself to them because he knew them all and did not need anyone to testify about human nature. He himself understood it well.

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**MEEKNESS**  
IS THE VIRTUE OF  
**GENTLENESS**  
WITH OTHERS, ESPECIALLY  
WITH THOSE WHO  
AROUSE ME TO ANGER.  
**MEEKNESS IS NOT**  
WEAKNESS, BUT STRENGTH—THE  
STRENGTH OF VIRTUE.  
—MY DAILY BREAD



## How can my example help others to keep holy the Sabbath?

### First Grade

What day of the week is the Sabbath? What are some things that you usually do on Sundays? Are those things that you think God wants you to be doing each Sunday? What are some of the things that you think God wants you to be doing on Sundays? Who are the people that you think God wants you to be spending time with on Sundays?

### Second Grade

The most important thing that we can do on a Sunday is go to Mass. Why do you think going to Mass is an important thing to do? Why is going to Mass difficult to do sometimes? Even when going to Mass is difficult or not fun, it is still important to do. Who are the people that you see at Mass? Who are the people that you pray for at Mass?

### Third and Fourth Grades

The Sabbath, which we celebrate on Sunday, is supposed to be a day of rest. That doesn't mean sleeping all day. What are the things that help to give you energy and make you happy? How often do you do those things on Sundays so that you are ready for the next week? Who are the people that make you happy? Do you see them on Sundays?

### Fifth and Sixth Grades

In today's Gospel, we see how Jesus is not happy with the people that are selling things outside of the Temple. Why do you think Jesus is not happy with them? Simply selling something is not wrong, so what were they doing wrong? What should people be doing at the Temple (church)? What do you usually do when you are at the church for Mass?

### Seventh and Eighth Grades

We can pay attention to what other people are doing so that we can fit in. Who are good examples of how to keep holy the Sabbath? Who are you watching as an example? Who are the people that may be watching you to see what you are doing? What kind of example are you for them? Do you rest on Sundays and go to Mass?

### High School and Adults

What example are you giving for those younger than you on the Sabbath? Are your children and/or siblings learning that it is a good thing that we need to take time for, or that we go only if we feel like it or can fit it into our schedule? What example are you giving about how to act when you are at Mass? Do you rest on Sundays, or work?

# For this Week...

We are Catholic always and in everything we do. Throughout the week bring your faith into your school, your work, your play and your family. Here are some ideas for you.

## Monday

The first question we can ask ourselves is - Do I go to Mass? The question is not 'Why should I go to Mass' or 'Do I enjoy going to Mass' because you will not be able to answer those questions well without being at Mass. Today, make a decision to start going to Mass every weekend. What will you do to ensure that you go? Add it to your calendar?

## Tuesday

The next question that we can ask ourselves is - Do I avoid unnecessary work on Sundays? Unnecessary does not mean that it isn't important, but rather, could you do it on a different day? Do you save housework and errands for Sunday instead of doing them during the week? Today, do extra housework or errands so that they are not saved until Sunday.

## Wednesday

A third question for you to ask yourself - Do I spend time with others on Sunday? Resting on Sunday does not mean napping and watching TV all day. We should also take the time to be with our family and friends...the ones that we love. Today, call someone and make plans for Sunday. What can you do to be or talk with someone?

## Thursday

Today's question is - Do I let people know that I went to Mass? We want to help others to observe the Sabbath as well, but how can we be an example for others if they don't know that we went to Mass? Today, bring up in discussion that you went to Mass or that you will be going. It may feel weird at first but keep bringing it up to others.

## Friday

The Sabbath is not all about us, so ask yourself - Do I require others to work on Sundays? It is important that we allow others to rest on Sundays and not require them to work extra. Today, think about the requirements you put on others. Do you require your employees to work all weekend? Do you expect your parents to drive you everywhere on Sundays?

## Saturday

It's important to plan ahead for the Sabbath, so ask yourself - How am I preparing for Sunday? Doing anything well takes planning, and celebrating the Sabbath is no exception. What do you need to do today in order to have a day of rest tomorrow? What errands do you need to do? Who are the people that you should talk to?



## FROM THE CATECHISM...

"The first commandment embraces faith, hope, and charity. When we say 'God' we confess a constant, unchangeable being, always the same, faithful and just, without any evil. It follows that we must necessarily accept his words and have complete faith in him and acknowledge his authority. He is almighty, merciful, and infinitely beneficent. Who could not place all hope in him? Who could not love him when contemplating the treasures of goodness and love he has poured out on us? Hence the formula God employs in the Scripture at the beginning and end of his commandments: 'I am the LORD.'"

Catechism of the Catholic Church, 2086

## Next Week's Readings

Here are the readings for next Sunday so that on Saturday you can read through them. If you take a few minutes to read them and prepare, you will get a lot more from Mass. They are available online at [www.usccb.org](http://www.usccb.org).

2 Chronicles 36:14-16,19-23 Psalm 137:1-2,3,4-5,6 Ephesians 2:4-10 John 3:14-21