

Saint Boniface Parish

Faith Formation Handout – Sunday, April 4th

Easter Sunday – The Resurrection of the Lord

John 20:1-9

On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb. So she ran and went to Simon Peter and to the other disciple whom Jesus loved, and told them, "They have taken the Lord from the tomb, and we don't know where they put him." So Peter and the other disciple went out and came to the tomb. They both ran, but the other disciple ran faster than Peter and arrived at the tomb first; he bent down and saw the burial cloths there, but did not go in. When Simon Peter arrived after him, he went into the tomb and saw the burial cloths there, and the cloth that had covered his head, not with the burial cloths but rolled up in a separate place. Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed. For they did not yet understand the Scripture that he had to rise from the dead.

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How does the Resurrection change the way I live?

First Grade

The Resurrection is when Jesus comes back from the dead. He died on the Cross but is now alive. What do you think His friends and mother did when they saw Him alive again? How would you feel if someone you loved died and came back to life? How can you live your life as if you beat death and are not afraid of anything? How can you be brave?

Second Grade

Jesus died and Resurrected because He loves us. Now, He gives Himself to us in the Eucharist and His mercy in the Sacrament of Confession. When have you received Jesus' mercy in Confession? How did it feel? How can you work to not sin against God? What are you looking forward to for your first Communion? How will it change your life?

Third and Fourth Grades

Christ was obedient to God the Father, and so Resurrected from the dead. His obedience brought about our salvation. Who are you called to be obedient to? What happens when you do not listen to those people and are disobedient? What are good things that happen when you are obedient? How can you be obedient to God?

Fifth and Sixth Grades

Jesus' Resurrection from the dead shows us that there is nothing, not even death, that God cannot defeat. How can knowing that give you confidence in the things that you do in your life? How can your life change for the better when you know that Jesus Resurrected from the dead and can help you with all things? How can He help you?

Seventh and Eighth Grades

In today's Gospel we hear how the disciples were searching for Jesus. Why do you think they were searching for Jesus after He was crucified? In what ways do you search for Jesus in your life? Where do you find Jesus? Why is it important for each of us to look for Jesus and find Him active in our lives? How can you help others to look for Jesus in their life?

High School and Adults

In today's Gospel we hear how some disciples found the tomb empty and went and told the other disciples. We can see how they wanted others to know that Jesus had risen. How do you think you should react that Jesus has risen from the dead? Who are the people that you have told about Jesus? Who are more people that should know?

For this Week...

We are Catholic always and in everything we do. Throughout the week bring your faith into your school, your work, your play and your family. Here are some ideas for you.

Monday

In the Resurrection, Christ shows us how He gave Himself up for us and leads the way to heaven. We should follow that example and change the way that we love so that we sacrifice for others and then be examples of the joy. Today, think about the example that you are for others. Are you joyful and live giving, or sad and depressed?

Tuesday

The Resurrection is an example of the rewards of sacrificing for others. When we give of ourselves the people are served, and we are given new life. Although sacrificing for others is not easy, we receive much from it. Today, sacrifice for others and give of yourself. Then, look back at the life and joy you received from giving to others.

Wednesday

The joy we receive from others is not a momentary pleasure, but rather is life changing. Just as the Resurrection is a permanent reality – Christ is always Resurrected – we can always live in the joy that we receive from our relationship with Him. Today, think through the past week and month, focusing on the ways the moments that you have joy from Christ.

Thursday

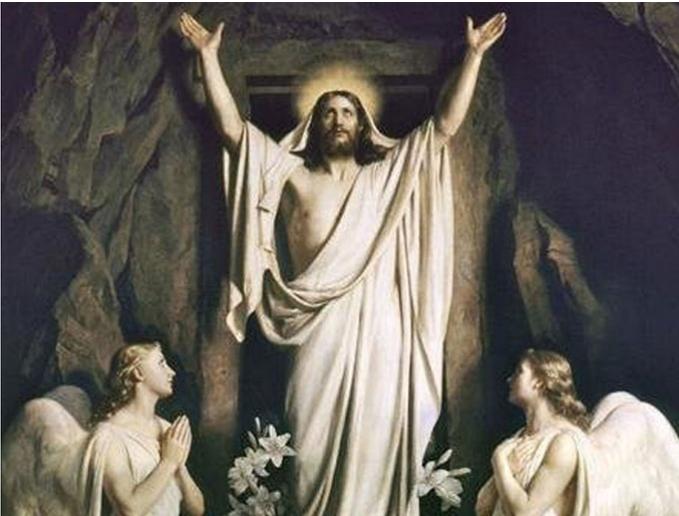
Each of experiences death in our life when we lose a family member or friend. It is normal that we are sad because we love and miss them. But we shouldn't be afraid for them, because we have confidence in the Resurrection. Today, think about how Christ's Resurrection can give us confidence in life after death, and pray for the dead.

Friday

The Resurrection gives us hope in eternal life, but also hope in today. Christ died and rose so that we may have life and have it abundantly! Do you live each day with joy and excitement? While each day has difficulties, it also has joy and blessings. Today, pay attention to how you are living. How is the Resurrection bringing hope to your life?

Saturday

The Resurrection is a witness to the love and power of Christ. Jesus loves you so much that He suffered and died for you, and then rose from the dead. He now wants a personal relationship with you. Do you want to have a relationship with Him, the one who died and rose for you? Today, deepen your prayer by spending more time with Jesus in prayer.



FROM THE CATECHISM...

"Faith in God the Father Almighty can be put to the test by the experience of evil and suffering. God can sometimes seem to be absent and incapable of stopping evil. But in the most mysterious way God the Father has revealed his almighty power in the voluntary humiliation and Resurrection of his Son, by which he conquered evil. Christ crucified is thus 'the power of God and the wisdom of God. For the foolishness of God is wiser than men, and the weakness of God is stronger than men.' It is in Christ's Resurrection and exaltation that the Father has shown forth 'the immeasurable greatness of his power in us who believe.'"

Catechism of the Catholic Church, 272

Next Week's Readings

Here are the readings for next Sunday so that on Saturday you can read through them. If you take a few minutes to read them and prepare, you will get a lot more from Mass. They are available online at www.usccb.org. Use the calendar on the right.

Acts 4:32-35 Psalm 118:2-4,13-15,22-24 1 John 5:1-6 John 20:19-31