

Novena – Mary, Undoer of Knots



We all have some “knots” in our lives... and Mary can untie them! The devotion to Mary, Undoer of Knots has become more popular ever since Pope Francis encouraged the devotion in Argentina, and then spoke about it during his first year as pontiff. The theology of the devotion actually goes back to the second century. Saint Irenaeus wrote that, “The knot of Eve’s disobedience was untied by the obedience of Mary; what the virgin Eve bound by her unbelief, the Virgin Mary loosened by her faith.” Mary’s faith unties the knot of sin! So we will pray that the Blessed Virgin Mary will intercede for us all, to untie the knots of sin in our lives – so that we may be purified and ever closer to God.

Day One

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children. Extend your merciful hands to me. I entrust to You today this knot

mention your request here

and all the negative consequences that it provokes in my life.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

mention your request here

I beg you to undo it for the glory of God, once for all. You are my hope.

O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains.

Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Two

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. I entrust into Your hands this knot

mention your request here

which keeps me from reflecting the glory of God.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots.

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Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Three

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life

mention your request here

and all the rancor and resentment it has caused in me. Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Four

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot

mention request here

which robs the peace of my heart, paralyzes my soul and keeps me from going to my Lord and serving Him with my life.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Five

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mother, Undoer of Knots, generous and compassionate, I come to You today to once again entrust this knot

mention your request here

in my life to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, this snarl of problems.

Mary, Undoer of Knots, pray for me. Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Six

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Queen of Mercy, I entrust to you this knot in my life

mention your request here

and I ask you to give me a heart that is patient until you undo it.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution, and, with Christ, the freedom from my chains.

Hear my plea.

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Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Seven

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mother Most Pure, I come to You today to beg you to undo this knot in my life

mention your request here

and free me from the snares of evil.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Eight

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Virgin Mother of God, overflowing with mercy, have mercy on your child and undo this knot

mention your request here

in my life.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Hear my plea.

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Mary, Undoer of Knots, pray for me.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Day Nine

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undoing this knot in my life.

mention your request here

You know very well the suffering it has caused me. Thank you for coming, Mother, with your long fingers of mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace. Mary, Undoer of Knots, dearest Mother, I thank you for undoing the knots in my life. Wrap me in your mantle of love, keep me under your protection, enlighten me with your peace! Amen.

Mary, Undoer of Knots, pray for me.

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exist in your heart, cast your compassionate eyes upon me and see the snarl of knots that exists in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot.

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Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.