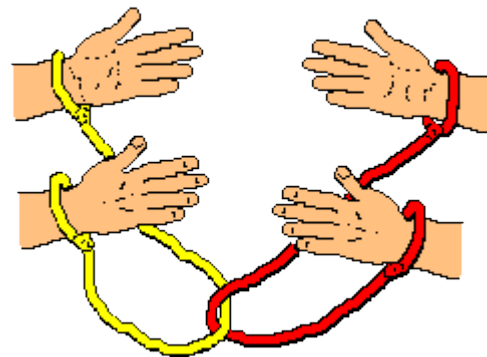


Secret of the Ropes Activity

There is an activity we will be doing during the workshop. If your child would like to participate have the following materials available.

Two soft ropes 3 - 4 feet long (string or yarn will work too)
Tie two loops big enough to fit over the wrists of both people
See picture on the right



The Secret to Separate the Ropes

To separate the two volunteers, take the middle of one rope up through the loop around the other person's wrist. **The rope should be on the front side of the wrist.** Pull enough rope through the loop to go over the hand and then pull it out on the back side of the hand. If done according to the pictures above, the two volunteers will now be free of each other.

