



EUCCHARISTIC ADORATION

We are planning for the restart of Eucharistic Adoration for St. John XXIII Parish!

At St. Francis of Assisi Church, we will have Eucharistic Adoration the first Friday of the month from 6pm to 9pm (beginning on October 1, 2021 and continuing monthly).

At St. Benedict the Abbot Church, we will have Eucharistic Adoration the third Thursday of the month from 9am to 10pm (beginning on September 16, 2021 and continuing monthly). **We will be utilizing the Church and not the Chapel to allow for physical distancing during adoration and encourage all to respect each other's space.**

We are asking if you can commit to one hour of Adoration each month with the intention to get at least 4 committed adorers per hour to insure coverage. Committing to both Adorations per month is allowed.

What is Eucharistic Adoration?

Catholics believe that the bread and wine that is consecrated by the priest at mass truly becomes the Body, Blood, Soul & Divinity of Christ.

During the consecration of the Eucharist at mass, the priest speaks these words during the Eucharistic prayer: "While they were at supper, he took bread, blessed and broke it, and gave it to his disciples, saying: Take this, all of you & eat of it, for this is my body which will be given up for you." Holding this moment of the Mass in time, we have, over the centuries, come to see that it presents a great opportunity for spiritual intimacy with the Lord. Our adoration of the sacrament we call the Eucharist, or the Blessed Sacrament, calls us to spend time in the presence of the Lord as we watch & wait, allowing the power of Christ to transform us.

What do you do during Adoration?

Those who present themselves for a period of adoration spend their time in spiritual reading, private prayer, or reflection of some virtue or quality in which they would like to grow. Some might read a Gospel passage and listen as Christ speaks to them through the sacred text. Others meditate on the mystery of the life of Christ through praying the rosary. Still others simply sit quietly, drawn to the love of Christ that is expressed for us in his sacrifice on the cross, demonstrated through his self-giving in the Eucharist.

Adoration is for everyone- all ages! God loves every soul that He created, and delights in you! In the silence of adoration, our hearts speak to the One Who created us, Who loves us beyond measure, and Who died and rose for us so that we could be with Him forever.

To sign up for a holy hour of Eucharistic Adoration, please email Angelo Pampena at apampenjr@gmail.com or call/text 412-670-0669.