

## KOINONIA ACADEMY PARENT HEALTH POLICIES 2009-10

**HOURS:** School Nurse hours will be 9:30 to 12:30 Monday thru Thursday. KPAC nurse volunteers are needed to cover Fridays and 12:30 to 3 daily.

**FORMS:** No student may participate in gym (CCW) without all medical and emergency information on file. All forms due by first day of school. Mail to school before September.

**1. Emergency Cards** Be sure you list *daytime* contact numbers. If your child has any acute or chronic medical condition, such as **Severe Allergy, Asthma, Diabetes, etc.**, a **Doctor's protocol** is also due immediately; print forms from our website ([www.koinoniaacademy.org](http://www.koinoniaacademy.org) link 'Parent Resources') or call me. All medical information is held in confidence, shared only with appropriate personnel on a need-to-know basis.

**2. Physical Exams** (dated within 1 year of September) are required within 30 days of entry and in Grades 3, 6, & 9. Full immunization dates are required by law to be on record for every child (N.J.A.C.8:57-4.1-4/16) within 30 days.

**3. Medication Policy & Permission forms** are also online. Please read & use as necessary. If your child needs any medicine at school, parent & Doctor must provide written consent, and an adult must bring the medicine to school. Children may NOT carry medicines except for prescribed emergency conditions (ex. Inhaler or Epinephrine) which also require specific additional permission to self-medicate. Note that only a nurse, (or trained delegate in case of Epinephrine), or the child's parent may give medicine, even on a school trip.

**REGARDING WELLNESS, ILLNESS & ABSENCE:** Hygiene & handwashing are the best ways to stay healthy in school. Send hand wipes in lunch packs. Please instruct children to cover sneezes & coughs, and not to share food, drinks & hair paraphernalia. Keep a child with an upper respiratory or gastro-intestinal illness home until they are no longer sharing it openly.

**After fevers,** children may not return to school until temp is normal for 24 hours.

**Report contagious conditions** (Strep, conjunctivitis, chicken pox, lice, impetigo, flu, etc) so that we can track possible spread. Strep requires 24 hours of antibiotics before returning to school.

**Please call school in the morning if your child is absent.** Send a note stating reason for absence when the child returns. **If a child misses more than 6 consecutive days or 10 days in any marking period, a Doctor's note is required.**

**CCW excuses,** when necessary, may be written by parent, doctor or school nurse. Notes are to be given to the nurse by lunchtime. Students excused from activity are still expected to attend the class unless written permission specifically states s/he is to be dismissed early (transportation by parent). **In the event of injury, illness or surgery requiring physical limitations, a Doctor's note should state the restrictions and date to resume activity.**

**FOOD ISSUES: AVOID ALL NUTS** in food or projects sent to school for sharing. Several children have **Severe Allergies** which could be life-threatening if they have even a slight exposure to their allergens. Help your children to understand this serious safety issue.

**Every child should eat breakfast and bring a lunch every day.** Please send healthy foods and limit snacks, to support teachers, parents and other children who encourage healthy eating habits.

**LICE** is a nuisance which easily spreads in group populations and is very disruptive and upsetting. Please check your children for Lice at home before school begins and periodically, so that our school can remain Lice-free. Teach children not to share hats, combs & hair items.

**GOD BLESS OUR KOINONIA FAMILIES IN 2009-10!**