

# First Sunday of Lent

February 21, 2021

St Henry and St Stephen Catholic Churches

## Introductory Rites

**Entrance Antiphon [Introit]** Psalm 91:15-16

When he calls on me, I will answer him; I will deliver him and give him glory,  
I will grant him length of days.

**Kyrie:** Priest or Deacon/All: Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy  
Lord, have mercy. Lord, have mercy

### Collect

Grant, almighty God, through the yearly observance of holy Lent,  
that we may grow in understanding of the riches hidden in Christ  
and by worthy conduct pursue their effects.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. Amen.

## Liturgy of the Word

**First Reading** Genesis 9:8-15

*A reading from the Book of Genesis:*

God said to Noah and to his sons with him:

“See, I am now establishing my covenant with you  
and your descendants after you

and with every living creature that was with you:

all the birds, and the various tame and wild animals  
that were with you and came out of the ark.

I will establish my covenant with you,

that never again shall all bodily creatures be destroyed

by the waters of a flood;  
there shall not be another flood to devastate the earth.”  
God added:  
“This is the sign that I am giving for all ages to come,  
of the covenant between me and you  
and every living creature with you:  
I set my bow in the clouds to serve as a sign  
of the covenant between me and the earth.  
When I bring clouds over the earth,  
and the bow appears in the clouds,  
I will recall the covenant I have made  
between me and you and all living beings,  
so that the waters shall never again become a flood  
to destroy all mortal beings.”

The Word of the Lord

*All: Thanks be to God.*

**Responsorial Psalm** Psalm 25:4-5 / 6-7 / 8-9

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

Your ways, O LORD, make known to me;  
teach me your paths,  
Guide me in your truth and teach me,  
for you are God my savior.

Remember that your compassion, O LORD,  
and your love are from of old.  
In your kindness remember me,  
because of your goodness, O LORD.

Good and upright is the LORD,  
thus he shows sinners the way.  
He guides the humble to justice,  
and he teaches the humble his way.

**R. Your ways, O Lord, are love and truth to those who keep your covenant.**

**Second Reading** I Peter 3:18-22

*A reading from the first letter of St Peter*

Beloved:

Christ suffered for sins once,  
the righteous for the sake of the unrighteous,  
that he might lead you to God.

Put to death in the flesh,  
he was brought to life in the Spirit.

In it he also went to preach to the spirits in prison,  
who had once been disobedient  
while God patiently waited in the days of Noah  
during the building of the ark,  
in which a few persons, eight in all,  
were saved through water.

This prefigured baptism, which saves you now.

It is not a removal of dirt from the body  
but an appeal to God for a clear conscience,  
through the resurrection of Jesus Christ,  
who has gone into heaven  
and is at the right hand of God,  
with angels, authorities, and powers subject to him.

The Word of the Lord

*All: Thanks be to God.*

**Gospel Verse** Matthew 4:4

R. Alleluia, alleluia.

One does not live on bread alone,  
but on every word that comes forth from the mouth of God.

R. Alleluia, alleluia.

## **Gospel** Mark 1:12-15

The Lord be with you. *All: And with your spirit.*

A reading from the holy Gospel according to Mark *All: Glory to you, O Lord.*

The Spirit drove Jesus out into the desert,  
and he remained in the desert for forty days,  
tempted by Satan.

He was among wild beasts,  
and the angels ministered to him.

After John had been arrested,  
Jesus came to Galilee proclaiming the gospel of God:

“This is the time of fulfillment.

The kingdom of God is at hand.

Repent, and believe in the gospel.”

The Gospel of the Lord

*All: Praise to you, Lord Jesus Christ.*

## **Homily**

### **Profession of Faith - The Nicene Creed**

I believe in one God,

the Father almighty,

maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God,

begotten, not made,

consubstantial with the Father;

through him all things were made.

For us men and for our salvation

he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day

in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## **Prayers of the Faithful**

# **Liturgy of the Eucharist**

## **Offertory Antiphon** Psalm 91:4-5

With his pinions he will cover you, and under his wings you shall take refuge; his faithfulness is a buckler and a shield.

## **Prayer over the Offerings**

Give us the right disposition, O Lord, we pray,  
to make these offerings,  
for with them we celebrate the beginning  
of this venerable and sacred time.  
Through Christ our Lord. Amen.

## **Preface**

*Priest:* Pray, brethren, that my sacrifice and yours may be acceptable to  
God, the almighty Father.

*All:* May the Lord accept the sacrifice at your hands for the praise and  
glory of his name, for our good, and the good of all his holy Church.

## **Preface Dialogue**

*Priest:* The Lord be with you.      *All:* And with your spirit.

*Priest:* Lift up your hearts.      *All:* We lift them up to the Lord.

*Priest:* Let us give thanks to the Lord, our God. *All:* It is right and just.

## **Holy, Holy, Holy**

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.  
Hosanna in the highest. Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

## **The Mystery of Faith**

Save us, Savior of the world, for by your Cross and Resurrection  
you have set us free.

## **The Lord's Prayer**

### **Lamb of God**

Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace.

### **Communion Antiphon**                      Matthew 4:4

One does not live by bread alone,  
but by every word that comes forth from the mouth of God.

### **Prayer for Spiritual Communion**

*“My Jesus, I believe that You are present in the Most Holy Sacrament of the altar. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart ... I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.”*

### **Prayer after Communion**

Renewed now with heavenly bread  
by which faith is nourished, hope increased,  
and charity strengthened,  
we pray, O Lord,  
that we may learn to hunger for Christ,  
the true and living Bread,  
and strive to live by every word  
that proceeds from your mouth.  
Through Christ our Lord. Amen.

## **Prayer of Pope Francis during the COVID-19 Pandemic**

O Mary,

you always shine on our path  
as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick,  
who at the cross took part in Jesus' pain, keeping your faith firm.

You, Salvation of all people,  
know what we need,

and we are sure you will provide so that, as in Cana of Galilee,  
we may return to joy and to feasting  
after this time of trial.

Help us, Mother of Divine Love,  
to conform to the will of the Father  
and to do as we are told by Jesus,  
who has taken upon himself our sufferings  
and carried our sorrows  
to lead us, through the cross,  
to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God.  
Do not disdain the entreaties of we who are in trial,  
but deliver us from every danger, O glorious and blessed Virgin.

## **Concluding Rites**

### **Prayer over the People**

May bountiful blessing, O Lord, we pray,  
come down upon your people,  
that hope may grow in tribulation,  
virtue be strengthened in temptation,  
and eternal redemption be assured.

Through Christ our Lord.

R. Amen.