



Solemnity of the Body and Blood of Christ *June 14, 2020*

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 8:30am-6:30pm

Weekday Mass Schedule

7 am & 12:10 pm

Confession Schedule

Weekdays
30 minutes
prior to Mass

Saturday
3:30-4:45 pm

Sunday
8:30-8:50 am
10-10:45 am
4-4:45 pm

Weekend Mass Schedule

Saturday *5 pm Vigil Mass English*

Sunday

9am Vietnamese

11am English with
Vietnamese and Spanish readings
Will be Live Streamed

5pm Spanish



CO-CATHEDRAL
of the SACRED HEART

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

www.sacredhearthouston.org
office@sacredhearthouston.org



Co-CATHEDRAL of the SACRED HEART

Archdiocese of Galveston-Houston



His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.
Archbishop of Galveston-Houston

The Most Reverend George A. Sheltz, D.D.,
Auxiliary Bishop

The Most Reverend Joseph A. Fiorenza, D.D.,
Archbishop Emeritus

The Most Reverend Vincent M. Rizzotto, D.D., J.C.L.,
Retired Auxiliary Bishop

Co-Cathedral Clergy

**The Very Reverend
Lawrence W. Jozwiak, J.C.L.,**
Pastor / Rector

The Reverend Loc D. Phan,
Parochial Vicar

Deacons

**John Carrara
Daniel Addis**

**Lynn Carney
Gil Vela**

Contact Us

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/CoCathedraloftheSacredHeart

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June 14, 2020

Dear Friends in Christ:

Quý Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:
Estimados Amigos y Amigas en Cristo:

Today we celebrate the Solemnity of the Most Holy Body and Blood of Christ (*Corpus Christi*). This is the central teaching unique to the Catholic faith. As the Catechism of the Catholic Church #1324 states: “The Eucharist is ‘the source & summit of the Christian life.’ ‘The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch.”

Remember that the Church from the very beginning has held that the Eucharist is the real presence of Jesus and not just a mere symbol. #1343: “It was above all on ‘the first day of the week,’ Sunday, the day of Jesus’ resurrection, that the Christians met ‘to break bread’ (Acts 20:7). From that time on down to our own day the celebration of the Eucharist has been continued so that today we encounter it everywhere in the Church with the same fundamental structure. It remains the center of the Church’s life.”

#1374: “The mode of Christ’s presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as ‘the perfection of the spiritual life and the end to which all the sacraments tend.’ In the most blessed sacrament of the Eucharist ‘the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained.’ ‘This presence is called ‘real’ - by which is not intended to exclude the other types of presence as if they could not be ‘real’ too, but because it is presence in the fullest sense: that is to say, it is a substantial presence by which Christ, God and man, makes himself wholly and entirely present.”

Due to the pandemic, the local Archdiocesan guideline that Holy Communion is to be offered under both forms: the Body of Christ (consecrated host) and the Precious Blood (the chalice) has been suspended. “But does one receive the whole Christ if one receives Holy Communion under a single form? Yes. Christ Jesus, our Lord and Savior, is wholly

present under either form of the Eucharist. Furthermore, Christ is wholly present in any fragment of the consecrated Host or in any drop of the Precious Blood (cf. #1377).

“The communicant makes this act of faith in the total presence of the Lord Jesus Christ whether in Communion under one form or in Communion under both kinds. It should never be construed, therefore, that Communion under the form of Consecrated Host alone or Communion under the form of the Chalice alone is somehow an incomplete act or that Christ is not fully present to the communicant. The Church’s unchanging teaching from the time of the Fathers through the ages—notably in the ecumenical councils of Lateran IV, Constance, Florence, Trent, and Vatican II—has witnessed to a constant unity of faith in the presence of Christ in both elements.” Clearly there are some pastoral circumstances that require eucharistic sharing in one species only, such as when Communion is brought to the sick or when one is unable to receive either the Body of the Lord or the Precious Blood due to an illness. Even in the earliest days of the Church’s life, when Communion under both species was the norm, there were always instances when the Eucharist was received under only the form of bread or wine. Those who received Holy Communion at home or who were sick would usually receive under only one species, as would the whole Church during the Good Friday Liturgy. Thus, the Church has always taught the doctrine of concomitance, by which we know that under each species alone, the whole Christ is sacramentally present and we “receive all the fruit of Eucharistic grace.” (#15 Norms for the Distribution and Reception of Holy Communion under Both Kinds in the Dioceses of the United States of America)

On Saturday, June 20th, Deacon Robert Moreno, Jr., will be ordained a priest for the Diocese of Brownsville. See p. 4. We were privileged to have Deacon Robert with us since September. But then the Covid19 issue made his stay briefer. Deacon Robert is a talented man who will serve well the Church. Please pray for Deacon Robert. Pray for more vocations to the priesthood.



Praised be the Sacred Heart of Jesus! Now and forever, amen!
Hãy chúc tụng Thánh Tâm Chúa Giêsu đến muôn đời, amen!
¡Alabado sea el Sagrado Corazón de Jesús! ¡Por siempre, amen!

Lawrence W. Jozwiak

Fr. Lawrence W. Jozwiak
Pastor / Rector



Stay up to date with our parish by following us online!



Join Us!

Decorate your car and make a poster for a Farewell Parade for Father Lawrence as he prepares for his new assignment!

June 27th

6pm

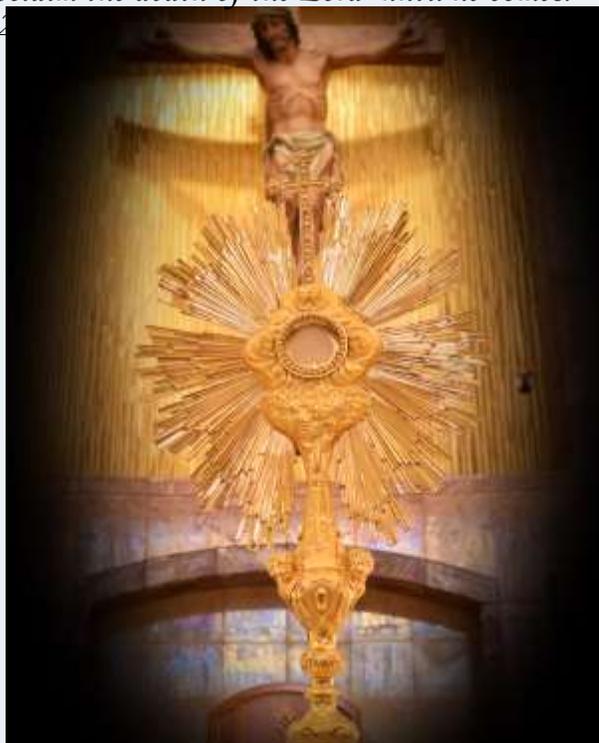
(after the 5pm Vigil Mass)
In front of the Co-Cathedral.

Click here to see the Facebook Event



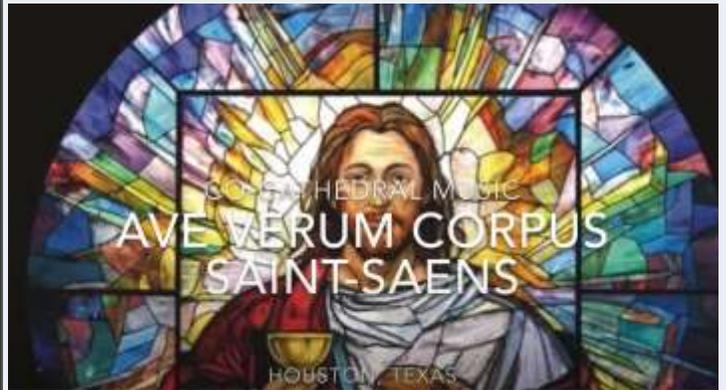
Corpus Christi Sunday

*"As often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes."
1 Corinthians 11:26*



FORMED: Pick of the week

Music



Parish Code: 0be7ec

Brother Francis: Bread of Life

Join Brother Francis in the delightfully inspirational and instructive presentation that teaches children all about the sacrament of the Eucharist!

Check out this and other great music for this weekend's Solemnity! Thank you for your support of our choirs, singing Ave Verum Corpus (with translations!) in this clip. This week, find the Sequence to be sung on Sunday, the hymn Alleluia, Sing to Jesus and



CCE RESOURCES

COVID: 19 & Group Singing

Ave Maria Program Notes

COVID: 19



Drive Thru Food Distribution

Saturday • June 20th • 9am

No Income Requirements
Parking at 1700 Jefferson

Let your friends and family know!

Please observe social distancing and wear a mask while inside the Co-Cathedral.

Volunteers Needed!

www.sacredhearhouston.org/outreach

Social Distancing Protocols

Ordination Update!



**Introducing
Soon to be Father Robert
Moreno, Jr.!**

We were blessed to have Deacon Robert serve our parish during his transitional Diaconate year. He will be ordained in his home Diocese of Brownsville on June 20th.

Click the video below to re-watch our interview with Deacon Robert when he was first assigned to our parish.



Subscribe to our YouTube page for all the latest parish videos!

www.sacredhearhouston.org

This Week	Last Week		The Year	
Collection Goal: \$29,792	Collected	\$31,674	Collected	\$1,494,927
	Budgeted	\$34,833	Budget	\$1,668,834
	Amount over (under)	(\$3,159)	Amount over (under)	(\$173,907)

Ways to contribute



Stewardship Notes

Corpus Christi Collection

This weekend, Corpus Christi Sunday, it has been the archdiocesan custom that normally the entire first collection of all parishes goes to St. Mary's Seminary to support the education of our seminarians so that we will have future priests. This year, the Archdiocese has stated 90% of the entire collection goes to the Seminary, and 10% remains with the parish in light of the shortfall in collections due to the pandemic.

Thank you.



Learn more about St. Mary's Seminary
www.smseminary.org

Stewardship Reflection

As disciples of Jesus, we are called to lead holy lives and invite others to join us. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus and the Holy Spirit. It becomes our roadmap to Heaven. Let's help each other get there!

"Because there is one bread, we who are many are one body, for we all partake of the one bread." 1 Corinthians 10:17

Act of Spiritual Communion

My Jesus, I believe that You are present
in the Most Holy Sacrament.
I love You above all things, and I desire
to receive You into my soul.
Since I cannot at this moment receive
You sacramentally, come at least
spiritually into my heart.
I embrace You as if You were already
there and unite myself wholly to You.
Never permit me to be separated from
You.

Amen.



 Co-Cathedral of the Sacred Heart

Solemnidad del Cuerpo y la Sangre de Cristo



En aquel tiempo, Jesús dijo a los judíos: "Yo soy el pan vivo que ha bajado del cielo; el que coma de este pan vivirá para siempre. Y el pan que yo les voy a dar es mi carne para que el mundo tenga vida".

Entonces los judíos se pusieron a discutir entre sí:

"¿Cómo puede éste darnos a comer su carne?"

Jesús les dijo: "Yo les aseguro: Si no comen la carne del Hijo del hombre y no beben su sangre, no podrán tener vida en ustedes. El que come mi carne y bebe mi sangre, tiene vida eterna y yo lo resucitaré el último día.

Mi carne es verdadera comida y mi sangre es verdadera bebida. El que come mi carne y bebe mi sangre, permanece en mí y yo en él. Como el Padre, que me ha enviado, posee la vida y yo vivo por él, así también el que me come vivirá por mí.

Éste es el pan que ha bajado del cielo; no es como el maná que comieron sus padres, pues murieron. El que come de este pan vivirá para siempre".

Palabras del Papa Francisco

Unión con Jesús a Través de la Eucaristía

Nosotros buscamos seguir a Jesús para escucharle, para entrar en comunión con Él en la Eucaristía, para acompañarle y para que nos acompañe. Preguntémosnos: ¿cómo sigo yo a Jesús? Jesús habla en silencio en el Misterio de la

Eucaristía y cada vez nos recuerda que seguirle quiere decir salir de nosotros mismos y hacer de nuestra vida no una posesión nuestra, sino un don a Él y a los demás. Esta tarde, nosotros estamos alrededor de la mesa del Señor, de la mesa del Sacrificio Eucarístico, en la que Él nos dona de nuevo su Cuerpo, hace presente el único sacrificio de la Cruz. Es en la escucha de su Palabra, alimentándonos de su Cuerpo y de su Sangre, como Él hace que pasemos de ser multitud a ser comunidad, del anonimato a la comunión. La Eucaristía es el Sacramento de la comunión, que nos hace salir del individualismo para vivir juntos el seguimiento, la fe en Él. Entonces todos deberíamos preguntarnos ante el Señor: ¿cómo vivo yo la Eucaristía? ¿La vivo de modo anónimo o como momento de verdadera comunión con el Señor, pero también con todos los hermanos y las hermanas que comparten esta misma mesa? ¿Cómo son nuestras celebraciones eucarísticas? Esta tarde, de nuevo, el Señor distribuye para nosotros el pan que es su Cuerpo, Él se hace don. Y también nosotros experimentamos la «solidaridad de Dios» con el hombre, una solidaridad que jamás se agota, una solidaridad que no acaba de sorprendernos: Dios se hace cercano a nosotros, en el sacrificio de la Cruz se abaja entrando en la oscuridad de la muerte para darnos su vida, que vence el mal, el egoísmo y la muerte. Jesús también esta tarde se da a nosotros en la Eucaristía, comparte nuestro mismo camino, es más, se hace alimento, el verdadero alimento que sostiene nuestra vida también en los momentos en los que el camino se hace duro, los obstáculos ralentizan nuestros pasos. Y en la Eucaristía el Señor nos hace recorrer su camino, el del servicio, el de compartir, el del don, y lo poco que tenemos, lo poco que somos, si se comparte, se convierte en riqueza, porque el poder de Dios, que es el del amor, desciende sobre nuestra pobreza para transformarla.