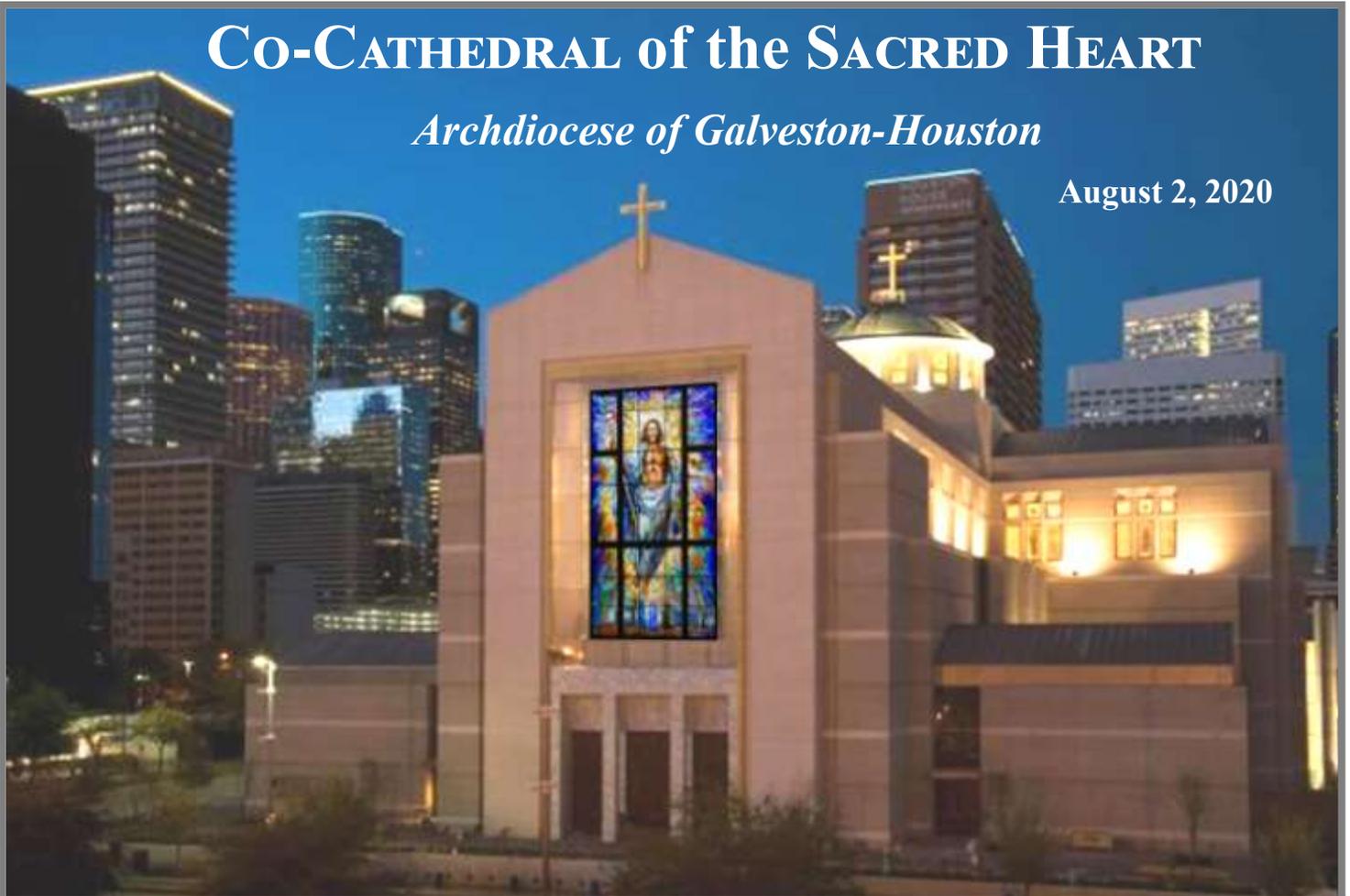


# CO-CATHEDRAL of the SACRED HEART

*Archdiocese of Galveston-Houston*

August 2, 2020



Eighteenth Sunday in Ordinary Time

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 8:30am-6:30pm

## Weekday Mass Schedule

*7 am & 12:10 pm*

## Confession Schedule

**Weekdays**  
*30 minutes*  
*prior to Mass*

**Saturday**  
*3:30-4:45 pm*

**Sunday**  
*8:30-8:50 am*  
*10-10:45 am*  
*4-4:45 pm*

## Weekend Mass Schedule

**Saturday** *5 pm Vigil Mass English*

## **Sunday**

*9am Vietnamese*

*11am English with*  
Vietnamese and Spanish readings  
*\*Will be Live Streamed\**

*5pm Spanish*



CO-CATHEDRAL  
*of the SACRED HEART*

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

[www.sacredhearthouston.org](http://www.sacredhearthouston.org)  
[office@sacredhearthouston.org](mailto:office@sacredhearthouston.org)



# Archdiocese of Galveston-Houston



**His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.**  
*Archbishop of Galveston-Houston*

**The Most Reverend George A. Sheltz, D.D.,** *Auxiliary Bishop*

**The Most Reverend Joseph A. Fiorenza, D.D.,** *Archbishop Emeritus*

**The Most Reverend Vincent M. Rizzotto, D.D., J.C.L.,** *Retired Auxiliary Bishop*

## Co-Cathedral of the Sacred Heart

### Clergy

**The Very Reverend Jeffrey L. Bame, J.C.L.** *Rector & Parish Administrator*

**Reverend Loc D. Phan** *Parochial Vicar*

### Deacons

**Deacon John Carrara \* Deacon Daniel Addis \* Deacon Lynn Carney \* Deacon Gilberto Vela**

## Co-Cathedral Staff

### Faith Formation & Evangelization

#### **Director of Evangelization & Faith Formation**

*Selma DeMarco*

[sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)

#### **Faith Formation Associate (K--8<sup>th</sup>)**

*Carmen Benitez*

[cbenitez@sacredhearhouston.org](mailto:cbenitez@sacredhearhouston.org)

#### **Faith Formation Associate (High School)**

*Faby Lopez*

[flopez@sacredhearhouston.org](mailto:flopez@sacredhearhouston.org)

### Music

#### **Director of Music / Co-Cathedral Organist**

*Dr. Crista Miller*

[cmiller@sacredhearhouston.org](mailto:cmiller@sacredhearhouston.org)

#### **Associate Director & Music Operations**

*Natasha Manley*

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#### **Assistant Choir Director**

*Patrick Schneider*

[pschneider@sacredhearhouston.org](mailto:pschneider@sacredhearhouston.org)

#### **Co-Cathedral Assistant Organist**

*Dr. Jeong-Suk Bae*

[windgroom@sacredhearhouston.org](mailto:windgroom@sacredhearhouston.org)

#### **Facilities and Project Coordinator**

*Gwenne Buck*

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#### **Secretary for Weddings & Bulletin Editor**

*Bree Delphin*

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#### **Parish Outreach Coordinator**

*Jordyn Woods*

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#### **Baptismal Secretary & Receptionist**

*Katherine Buck*

[kbuck@sacredhearhouston.org](mailto:kbuck@sacredhearhouston.org)

#### **Business Manager**

*Deacon John Carrara*

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#### **Parish Accounting**

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#### **Building Engineer**

*Chris Felix*

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#### **Maintenance**

*Ruben Valenzuela*

#### **Church Sextons**

*Guillermo Herrera & Ray Garcia*



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/CoCathedraloftheSacredHeart

**August 2, 2020**

Dear Friends in Christ:

Quý Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:  
Estimados Amigos y Amigas en Cristo:

I find myself back at the Co-Cathedral after a fruitful two weeks away in rest and retreat. I am grateful for your prayers for me during this time and spent quite a bit of time praying for this community and for the particular intentions offered to me.

However, the tail end of my “vacation” time was a little interesting to say the least. I made the trip to the Rio Grande Valley this past weekend to visit with my elderly grandparents who are homebound and thus have not seen me in three years since I was unable to get away during my previous assignment. This visit was a little emotional as not only had it been a long time, but it was also the first time my father and I could see them since the death of my mother in March – despite the great pain in losing their daughter, they were unable to travel for the funeral. Furthermore, my cousin (their grandson) passed away in a tragic car accident on June 2, so this turned into a trip to visit and mourn the loss of two family members.

Thus, on top of their own particular physical and mental suffering in old age, we add the grief of loss on top of COVID madness and all of the ways in which our world is turned upside down right now. Enough, right?

Well, since we were not having enough fun already, mother nature decided to throw a hurricane our way. What-was-never-supposed-to-be-a-Hurricane Hanna bore down on the Rio Grand Valley with some historic flooding – enough so that I was trapped down there for an extra day without (real) food and electricity. Fortunately, the roads became passible on Monday, and hence I am back home.

Where is this story leading, aside from storytelling of personal and family drama? The experience of enduring Hurricane Hanna came just three years after the horrors of Hurricane Harvey (beware the letter ‘H’ apparently) on top of all of the other turmoil reminded me of the image, recorded in each of the three synoptic Gospels (Mt 8:23-27, Mk 4:35-41, & Lk 8:22-25), of Jesus calming a storm at sea. In this story, the disciples are in

a boat on the Sea of Galilee when a mighty storm tosses them and threatens to sink them. The disciples are not only afraid but distressed that Jesus sleeps in the boat through the storm and seems not to be concerned that they are in danger. When they cry out to Him, Jesus rebukes the storm, calms it with a word, and then asks his disciples why they were afraid and lacking in faith.

Hanging in my office, I have a painting of the 17<sup>th</sup> century Dutch painter Ludolf Bakhuizen titled “Christ in the Storm on the Sea of Galilee” (see my bulletin video this week if you want to see the painting). It is a dark and distressing image that I keep on my wall not to provoke anxiety, but to remind me that we can often feel as though the boats of our lives or even of our world are capsizing – and yet, Jesus remains in the boat. Even when we might perceive that he is sleeping and indifferent, the Lord of Sea and Sky has power over all creation. He asks us not to not to focus on the storm, but on Him – much as is reflected in a different sea episode when Jesus invites Peter to walk on the water with him. Peter mimics the miraculous sea-treading of the Lord as long as he looks at Jesus but begins to sink as soon as his attention shifts to the mighty wind.

During Hurricane season, we are always prompted to be prepared. We are to make sure that we have reserves of food, water, batteries, and medicines and that we keep our gas tanks filled. These are practical preparations which are prudent (and indeed I am glad we had snacks and water on hand once we got flooded in at our hotel during the hurricane). However, practical measures do not eliminate the most important step, whether dealing with hurricanes or the other storms of life: the need to pray! The Lord has given us bodies and minds to manipulate the world around us, technology and science to aid us in this pursuit, and material goods to see to our needs. In turn we are asked to be responsible in caring for ourselves and others. Yet in the end, we are not ultimately in control. Just as human beings cannot control nature or the weather, we lack the power to control our own outcomes.

Our trust must ultimately be in God who always holds us in the palm of his hand. Therefore, let recent events motivate us to be prepared – both for hurricanes and other storms on the horizon – but also to be vigilant in prayer for God’s Providential protection for ourselves, our families, and for all who may find themselves in harm’s way.



*Sacred Heart of Jesus, we place all our trust in You. Amen.*

Yours in Christ,

Very Reverend Jeffrey L. Bame  
Rector & Parish Administrator



Stay up to date with our parish by following us online!



## Pray for the Deceased

For the repose of the souls of our faithful departed:

**Seferino De Leon†,**  
**Uncle of Araceli Monsivaiz**

Eternal rest grant unto them, O Lord.  
—And let perpetual light shine upon them.  
May they rest in peace. —Amen.

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace.  
—Amen.

For consolation & God's healing graces upon the family and friends of the deceased. Heal their pain and dispel the darkness and doubt that comes from grief. —Amen.

## Social Distancing Protocols

Please observe social distancing and wear a mask while inside the Co-Cathedral.

## Have you ever considered becoming Catholic?

—If you are not a Catholic, we invite you to explore the possibility of becoming a member of our Catholic Faith & Community through the Rite of Christian Initiation of Adults.

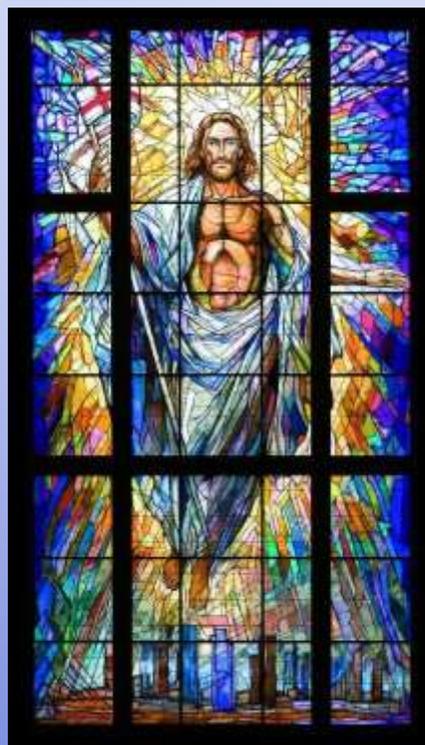
—If you are a baptized Catholic lacking Confirmation & Eucharist, RCIA is for you.

Our next RCIA process will be on Tuesday evenings beginning August 4.

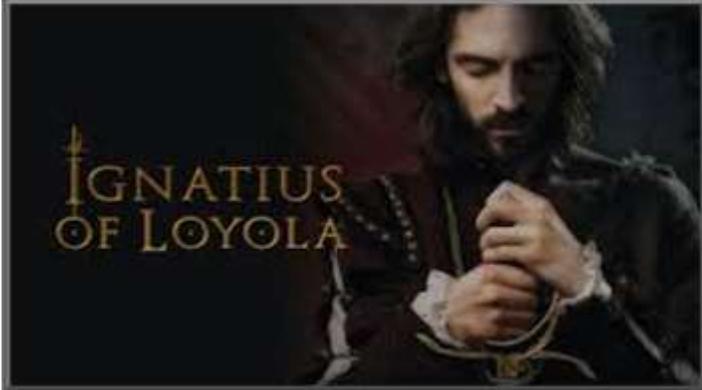
If you are interested, we would love to hear from you.

For more information email Selma DeMarco at [sdemarco@sacredhearthouston.org](mailto:sdemarco@sacredhearthouston.org)

Place "RCIA" in the subject line.



FORMED: Pick of the week



**Parish Code: 0be7ec**  
**Ignatius of Loyola**

Feast Day: July 31:

This modern and very human take on the story of St. Ignatius of Loyola, the founder of the Jesuits, often called "The Saint of Second Chances," is an incisive and thrilling look at the life of the real man behind the legend. In his lifelong quest to become the heroic knight of his fantasies, Ignatius stares death in the face again and again, having his leg shattered by a cannonball in battle, driven to near suicide by his inner demons, finding himself imprisoned, accused of being an illuminati, and finally finding his life in the hands of the Inquisition. Through it all, he would come to see the hand of God working in his life, shaping the self-obsessed sinner into the loyal and passionate soldier-saint.

Music



**Soul, Adorn Yourself with Gladness**

-Scott Perkins

In this time where many must rely spiritual communion, here is a Eucharistic anthem about receiving Jesus in the soul. Cor Jesu sings Scott Perkins' lush anthem Soul, Adorn Yourself with Gladness, recorded live in Mass this past year.

Faith Formation Resources

**Adult Confirmation Preparation Sessions**  
*For Parishioners of the Co-Cathedral of the Sacred Heart*



**Will be held online on**  
**Wednesday Evenings:**  
**August 19 - November 18**

**Requirements:**

- Baptized Catholic
- Have received First Eucharist
- No canonical impediments to receiving the Sacraments
- Have graduated from High School
- Interview prior to the beginning of sessions

To arrange the virtual interview required prior to beginning sessions  
Contact Selma DeMarco at [sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)  
Place "Adult Confirmation" in the subject line.

**CO-CATHEDRAL MUSIC**

**JOIN THE CO-CATHEDRAL CHOIR FOR A DAY = OPEN LOFT!**

**OPEN LOFT 2020 IS MOVING ONLINE!**

**"CHRISTMAS IN AUGUST"**

- NO OBLIGATION, JUST FUN WITH MUSIC
- MEET OUR CHOIR AND DIRECTORS
- SING, LEARN AND DISCUSS BELOVED CAROLS
- FROM THE CONVENIENCE OF YOUR HOME!

**MEETS ONLINE : 8 - 9 PM WEDNESDAYS**  
**AUGUST 12, 19, 26 AND SEPTEMBER 2**

REGISTRATION / MORE INFO

[sacredhearhouston.org/music-events](http://sacredhearhouston.org/music-events)  
[Musicoffice@sacredhearhouston.org](mailto:Musicoffice@sacredhearhouston.org)

WORSHIP, TEACH, AND INSPIRE

**This Week**  
Collection Goal:  
**\$25,698**

**Last Week**  
Collected \$28,298  
Budgeted \$26,681  
**Amount over (under) (\$1,617)**

**The Year**  
Collected \$88,722  
Budget \$105,773  
**Amount over (under) (\$17,051)**

## Ways to contribute



## Stewardship Reflection

*“Jesus said to them,  
‘There is no need for them  
to go away; give them  
some food yourselves’.”  
Matthew 14:16*

This is what Jesus said right before he fed the five thousand men. How often do we really place our trust in Jesus when the situation looks grim? With Jesus, no gift is too small or insignificant when offered with love. But, we have to do our part. We should trust that Jesus will provide all that we need. We need to believe that Jesus has a better plan in store for us.

## Parish Update

Our new Jerusalem Cross has been installed in the Baptismal Font!



The Cross had corrosion that marred its finish and compromised the underlying metal. This \$4,500 cost was covered by the generosity of a Catholic organization.

## Act of Spiritual Communion

My Jesus, I believe that You are present  
in the Most Holy Sacrament.  
I love You above all things, and I desire  
to receive You into my soul.  
Since I cannot at this moment receive  
You sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were already  
there and unite myself wholly to You.  
Never permit me to be separated from  
You.



## 18º Domingo del Tiempo Ordinario



En aquel tiempo, al enterarse Jesús de la muerte de Juan el Bautista, subió a una barca y se dirigió a un lugar apartado y solitario. Al saberlo la gente, lo siguió por tierra desde los pueblos. Cuando Jesús desembarcó, vio aquella muchedumbre,

se compadeció de ella y curó a los enfermos.

Como ya se hacía tarde, se acercaron sus discípulos a decirle: **“Estamos en despoblado y empieza a oscurecer. Despide a la gente para que vayan a los caseríos y compren algo de comer”**. Pero Jesús les replicó: **“No hace falta que vayan. Denles ustedes de comer”**. Ellos le contestaron: **“No tenemos aquí más que cinco panes y dos pescados”**. Él les dijo: **“Tráiganmelos”**.

Luego mandó que la gente se sentara sobre el pasto. Tomó los cinco panes y los dos pescados, y mirando al cielo, pronunció una bendición, partió los panes y se los dio a los discípulos para que los distribuyeran a la gente. Todos comieron hasta saciarse, y con los pedazos que habían sobrado, se llenaron doce canastos. Los que comieron eran unos cinco mil hombres, sin contar a las mujeres y a los niños.

### Palabras del Papa Francisco

La Multiplicación de los Panes

El Evangelio de este domingo presenta el grane signo de la multiplicación de los panes. Jesús se encuentra a orillas del lago de Galilea, y lo rodea «muchas gente», atraída por los «signos que hacía con los enfermos». En él actúa el poder

misericordioso de Dios, que cura todo mal del cuerpo y del espíritu. Pero Jesús no es sólo alguien que cura, es también maestro: en efecto, sube al monte y se sienta, con la típica actitud del maestro cuando enseña: sube a la «cátedra» natural creada por su Padre celestial. Jesús, que sabe bien lo que está por hacer, en este momento pone a prueba a sus discípulos. **Ellos le contestaron: “No tenemos aquí más que cinco panes y dos pescados”**. Él les dijo: **“Tráiganmelos”**. Jesús esperaba justamente eso. Ordena a los discípulos que hagan sentar a la gente, luego toma los panes y los peces, da gracias al Padre y los distribuye. Estos gestos anticipan los de la última Cena, que dan al pan de Jesús su significado más auténtico. El pan de Dios es Jesús mismo. Al comulgar con Él, recibimos su vida en nosotros y nos convertimos en hijos del Padre celestial y hermanos entre nosotros. Recibiendo la comunión nos encontramos con Jesús realmente vivo y resucitado. Participar en la Eucaristía significa entrar en la lógica de Jesús, la lógica de la gratuidad, de la fraternidad. Y, por pobres que seamos, todos podemos dar algo. «Recibir la Comunión» significa recibir de Cristo la gracia que nos hace capaces de compartir con los demás lo que somos y tenemos. La multitud quedó impresionada por el prodigio de la multiplicación de los panes; pero el don que Jesús ofrece es plenitud de vida para el hombre hambriento. Jesús sacia no sólo el hambre material, sino el más profundo, el hambre de sentido de la vida, el hambre de Dios. Ante el sufrimiento, la soledad, la pobreza y las dificultades de tanta gente, ¿qué podemos hacer nosotros? Lamentarse no resuelve nada, pero podemos ofrecer ese poco que tenemos, como el joven del Evangelio. Seguramente tenemos alguna hora de tiempo, algún talento, alguna competencia... ¿Quién de nosotros no tiene sus «cinco panes y dos peces»? ¡Todos los tenemos!