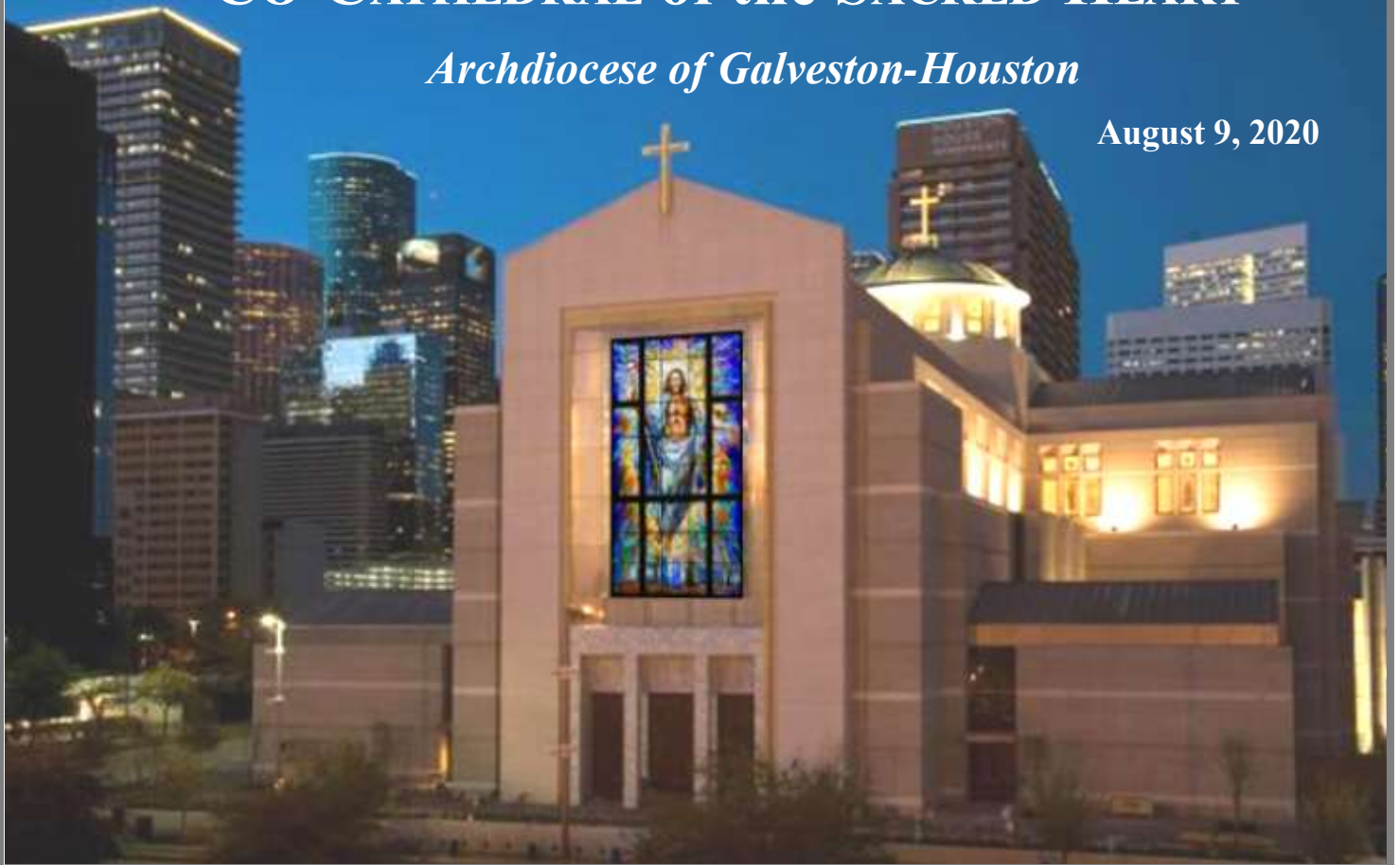


# CO-CATHEDRAL of the SACRED HEART

*Archdiocese of Galveston-Houston*

August 9, 2020



Nineteenth Sunday in Ordinary Time

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 8:30am-6:30pm

## Weekday Mass Schedule

*7 am & 12:10 pm*

## Confession Schedule

**Weekdays**  
*30 minutes*  
*prior to Mass*

**Sunday**  
*8:30-8:50 am*  
*10-10:45 am*  
*4-4:45 pm*

**Saturday**  
*3:30-4:45 pm*

## Weekend Mass Schedule

**Saturday** *5 pm Vigil Mass English*

## **Sunday**

*9am Vietnamese*

*11am English with*  
Vietnamese and Spanish readings  
*\*Will be Live Streamed\**

*5pm Spanish*



CO-CATHEDRAL  
*of the SACRED HEART*

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

[www.sacredhearthouston.org](http://www.sacredhearthouston.org)  
[office@sacredhearthouston.org](mailto:office@sacredhearthouston.org)



# Archdiocese of Galveston-Houston



**His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.**  
*Archbishop of Galveston-Houston*

**The Most Reverend George A. Sheltz, D.D.,** *Auxiliary Bishop*

**The Most Reverend Joseph A. Fiorenza, D.D.,** *Archbishop Emeritus*

**The Most Reverend Vincent M. Rizzotto, D.D., J.C.L.,** *Retired Auxiliary Bishop*

## Co-Cathedral of the Sacred Heart

### Clergy

**The Very Reverend Jeffrey L. Bame,** *Rector & Parish Administrator*

**Reverend Loc D. Phan,** *Parochial Vicar*

### Deacons

**Deacon John Carrara \* Deacon Daniel Addis \* Deacon Lynn Carney \* Deacon Gilberto Vela**

## Co-Cathedral Staff

### Faith Formation & Evangelization

#### **Director of Evangelization & Faith Formation**

*Selma DeMarco*

[sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)

#### **Faith Formation Associate (K--8<sup>th</sup>)**

*Carmen Benitez*

[cbenitez@sacredhearhouston.org](mailto:cbenitez@sacredhearhouston.org)

#### **Faith Formation Associate (High School)**

*Faby Lopez*

[flopez@sacredhearhouston.org](mailto:flopez@sacredhearhouston.org)

### Music

#### **Director of Music / Co-Cathedral Organist**

*Dr. Crista Miller*

[cmiller@sacredhearhouston.org](mailto:cmiller@sacredhearhouston.org)

#### **Associate Director & Music Operations**

*Natasha Manley*

[nmanley@sacredhearhouston.org](mailto:nmanley@sacredhearhouston.org)

#### **Assistant Choir Director**

*Patrick Schneider*

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#### **Co-Cathedral Assistant Organist**

*Dr. Jeong-Suk Bae*

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#### **Facilities and Project Coordinator**

*Gwenne Buck*

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#### **Secretary for Weddings & Bulletin Editor**

*Bree Delphin*

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#### **Parish Outreach Coordinator**

*Jordyn Woods*

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#### **Baptismal Secretary & Receptionist**

*Katherine Buck*

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#### **Business Manager**

*Deacon John Carrara*

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#### **Parish Accounting**

*Shannon Wesley*

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#### **Building Engineer**

*Chris Felix*

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#### **Maintenance**

*Ruben Valenzuela*

#### **Church Sextons**

*Guillermo Herrera & Ray Garcia*



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/CoCathedraloftheSacredHeart

**August 9, 2020**

Dear Friends in Christ:

Qui Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:

Estimados Amigos y Amigas en Cristo:

In recent weeks, we have been breaking open the topic of vocations, both in terms of our particular clergy and men and women in religious formation, as well as in theology and discernment. However, a complaint I occasionally hear is that sometimes it seems as if those are the only vocations about which the Church cares. If only a small minority of Catholics become priests, deacons, and religious, what about the rest? Do their vocations not matter?

On one hand, this objection can be overruled from a pragmatic standpoint. The Church spends a lot of time praying for these vocations, especially to the priesthood, because that is where the shortage lies. No one can doubt that the Church needs more priests, not just for witness, but for access to the sacraments for the faithful. (I would also contend that we need to balance this with intense prayer for women religious, as the Church needs a resurgence of this beautiful witness of feminine beauty and holiness!) After all, there is no “shortage” of married people.

On the other hand, the objection is valid. First of all, while there may not be a “shortage” of married people, demographic statistics do indeed show that fewer and fewer young people are getting married. Secondly, and more importantly, prayer for the vocation of marriage is not needed for numbers, but for quality. Those same statistics can show horrific divorce rates, the number of children coming from broken homes or marriages, domestic violence and abuse, sterilization of fruitfulness through abortion and contraception, and families who do not practice religion. “Mistrust and skepticism has led our culture to disregard the marriage covenant between a man and a woman, that covenant which deepens communion and safeguards the dignity of their uniqueness. When the stable and fruitful covenant between a man and a woman is devalued by society, it is a loss for everyone, especially the young.” (Pope Francis, General Audience 4/22/15)

Beyond just qualitative breakdowns, now the value and nature of the nuclear family and marriage itself finds itself under attack by dangerous ideologies at work in our current sociopolitical dialogue. “The family is threatened

by growing efforts on the part of some to redefine the very institution of marriage, by relativism, by the culture of the ephemeral, by a lack of openness to life.” (Pope Francis, Visit to the Philippines on 1/16/15) Never before has the family been under such ideological and spiritual assault!

On the contrary to such attempts to devalue marriage, Pope Francis declares that “in the family we learn to love, to forgive, to be generous and open, not closed and selfish. We learn to move beyond our needs, to encounter others and share our lives with them. That is why families are so important in God’s plan.” (ibid) The ritual text for marriage itself beautifully states the meaning of the sacrament: “By the Sacrament of Matrimony Christian spouses signify and participate in the mystery of unity and fruitful love between Christ and the Church; therefore, both in embracing conjugal life and in accepting and educating their children, they help one another to become holy and have their own place and particular gift among the People of God.” (The Order of Celebrating Matrimony, 8)

The family is the domestic church, the foundational building block of society and the Church on earth. By this beautiful sacrament, spouses learn the true meaning of self-sacrificial love and thus reveal Christ and lead each other to heaven. In turn, in conjugal love, they participate in the life of the Holy Trinity as they “are no longer two, but one flesh” (Mk 10:8) and share in the creative love of God as they are united with Him in the genesis of new human life. Parents are not only responsible for teaching their children the Faith, but by their very witness of spousal and parental love, they model and reveal to their children the love of God the Father. “It is in the family that children, from the tenderest age, can learn to perceive the meaning of God, also thanks to the teaching and example of their parents: to live in an atmosphere marked by God’s presence.” (Pope Benedict XVI, General Audience 12/28/11)

I can testify to the importance of the beautiful witness of my own parents not only in loving and supporting me, but through their dedicated spousal and parental love helping me to know the love of God and to discern my own priestly vocation. Please join me this week in offering prayers both for all married couples that they may grow and thrive in holiness but also for our young people called to this sacrament that they may embrace it joyfully.

*Sacred Heart of Jesus, we place all our trust in You. Amen.*

Yours in Christ,



Very Reverend Jeffrey L. Bame  
Rector & Parish Administrator



Stay up to date with our parish by following us online!



## Save a Life!

RSVP [here](#) for our August 23<sup>rd</sup> Parish Blood Drive.



Social Distancing Protocols

Please observe social distancing and wear a mask while inside the Co-Cathedral.

## **Adult Confirmation Preparation Sessions** **For Parishioners of the Co-Cathedral of the Sacred Heart**



**Will be held online on**  
**Wednesday Evenings:**  
**August 19 - November 18**

### **Requirements:**

- Baptized Catholic
- Have received First Eucharist
- No canonical impediments to receiving the Sacraments
- Have graduated from High School
- **Interview prior to the beginning of sessions**

To arrange the virtual interview required prior to beginning sessions  
Contact Selma DeMarco at [sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)  
Place "Adult Confirmation" in the subject line.

FORMED: Pick of the week



**Parish Code: 0be7ec**  
**The Transfiguration**

Feast Day: August 6

Dr. Elizabeth Klein considers the ways in which Raphael portrays the divinity of Jesus in his depiction of The Transfiguration.

Faith Formation Resources

CO- CATHEDRAL OF THE SACRED HEART

**Drive Thru  
FOOD DISTRIBUTION**

**Saturday, August 15**

1701 San Jacinto St.  
Houston, TX 77002  
9am till supplies last

No income requirements  
No ID Checks

Check in with volunteer in parking lot at 1700 San Jacinto.

CO-CATHEDRAL of the SACRED HEART  
A PARISH OF THE ARCHDIOCESE OF HOUSTON, TEXAS

Music



**Angels we have Heard on High**

-Arr. Wachner

Cor Jesu sings Angels we have Heard on High, arranged by Julian Wachner, at the Co-Cathedral's 2019 Christmas Concert. This year's Open Loft is "Christmas in August." Join your Co-Cathedral Music Department to discuss and sing your favorite Christmas carols over Zoom, Wednesday evenings throughout August. To RSVP or for more info: [E-Mail Us!](#)

**CO-CATHEDRAL MUSIC**

**JOIN THE CO-CATHEDRAL CHOIR FOR A DAY = OPEN LOFT!**

**OPEN LOFT 2020 IS MOVING ONLINE!**

**"CHRISTMAS IN AUGUST"**

- NO OBLIGATION, JUST FUN WITH MUSIC
- MEET OUR CHOIR AND DIRECTORS
- SING, LEARN AND DISCUSS BELOVED CAROLS
- FROM THE CONVENIENCE OF YOUR HOME!

**MEETS ONLINE: 8 - 9 PM WEDNESDAYS  
AUGUST 12, 19, 26 AND SEPTEMBER 2**

REGISTRATION / MORE INFO

[sacredhearthouston.org/music-events](https://sacredhearthouston.org/music-events)  
[Musicoffice@sacredhearthouston.org](mailto:Musicoffice@sacredhearthouston.org)

WORSHIP, TEACH, AND INSPIRE

**This Week**  
Collection Goal:  
**\$26,505**

**Last Week**  
Collected \$21,565  
Budgeted \$25,698  
**Amount over (under) (\$4,135)**

**The Year**  
Collected \$110,285  
Budget \$131,471  
**Amount over (under) (\$21,186)**

Ways to contribute



Stewardship Reflection

*Talent Time Treasure*

Teens in Confirmation prep have been volunteering with their Confirmation Sponsors at our monthly food distributions.



We are all called to give of ourselves to our brothers and sisters.

Listen how Jesus is calling you to live the extraordinary life He has intended for you.

*“He said, “Come”. Peter got out of the boat and began to walk on the water toward Jesus.”*

Discover ways to use your gifts for others  
[www.sacredhearthouston.org/outreach](http://www.sacredhearthouston.org/outreach)

*Matthew 14:29*

## Act of Spiritual Communion

My Jesus, I believe that You are present  
in the Most Holy Sacrament.  
I love You above all things, and I desire  
to receive You into my soul.  
Since I cannot at this moment receive  
You sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were already  
there and unite myself wholly to You.  
Never permit me to be separated from  
You.



## 19° Domingo del Tiempo Ordinario



En aquel tiempo, inmediatamente después de la multiplicación de los panes, Jesús hizo que sus discípulos subieran a la barca y se dirigieran a la otra orilla, mientras él despedía a la gente. Después

de despedirla, subió al monte a solas para orar. Llegada la noche, estaba él solo allí. Entretanto, la barca iba ya muy lejos de la costa, y las olas la sacudían, porque el viento era contrario. A la madrugada, Jesús fue hacia ellos, caminando sobre el agua. Los discípulos, al verlo andar sobre el agua, se espantaron, y decían: “¡Es un fantasma!” Y daban gritos de terror. Pero Jesús les dijo enseguida:

“Tranquilícense y no teman. Soy yo”. Entonces le dijo Pedro: “Señor, si eres tú, mándame ir a ti caminando sobre el agua”. Jesús le contestó: “Ven”. Pedro bajó de la barca y comenzó a caminar sobre el agua hacia Jesús; pero al sentir la fuerza del viento, le entró miedo, comenzó a hundirse y gritó: “¡Sálvame, Señor!” Inmediatamente Jesús le tendió la mano, lo sostuvo y le dijo: “Hombre de poca fe, ¿por qué dudaste?” En cuanto subieron a la barca, el viento se calmó. Los que estaban en la barca se postraron ante Jesús diciendo: “Verdaderamente tú eres el Hijo de Dios”.

### Palabras del Papa Francisco

Jesús Camina Sobre las Aguas del Lago de Galilea  
El Evangelio de hoy contiene un rico simbolismo y nos hace reflexionar sobre nuestra fe. ¿Cómo es la fe de cada uno de nosotros y la fe de nuestra comunidad? La barca es la vida de cada uno de nosotros. La invocación de Pedro:

«Señor, mándame ir a tu encuentro» y su grito: «Señor, sálvame» se asemejan tanto a nuestro deseo de sentir la cercanía del Señor, pero también el miedo y la angustia que acompañan los momentos más duros de nuestra vida y de nuestras comunidades, marcadas por fragilidades internas y por dificultades externas. A Pedro, en ese momento, no le bastó la palabra segura de Jesús, que era como la cuerda extendida a la cual sujetarse para afrontar las aguas hostiles y turbulentas. Es lo que nos puede suceder también a nosotros. Cuando no nos sujetamos a la palabra del Señor, sino para tener seguridad, para tener más seguridad se consultan horóscopos y adivinos, se comienza a hundir. La fe no es tan fuerte. El Evangelio de hoy nos recuerda que la fe en el Señor y en su palabra no nos abre un camino donde todo es fácil y tranquilo; no nos quita las tempestades de la vida. La fe nos da la seguridad de una Presencia – no olviden esto: la fe nos da la seguridad de una Presencia, esa presencia de Jesús – una Presencia que nos impulsa a superar las tormentas existenciales, la certeza de una mano que nos aferra para ayudarnos a afrontar las dificultades, indicándonos el camino incluso cuando esta oscuro. La fe, finalmente, no es una escapatoria a los problemas de la vida, sino nos sostiene en el camino y le da un sentido. Este episodio es una imagen de la realidad de la Iglesia: una barca que, a lo largo de la travesía, debe afrontar también vientos contrarios y tempestades, que amenazan con hundirla. Lo que la salva no es el coraje y las cualidades de sus hombres: la garantía contra el naufragio es la fe en Cristo y en su palabra. Sobre esta barca estamos seguros, no obstante nuestras miserias y debilidades, sobre todo cuando nos ponemos de rodillas y adoramos al Señor, como los discípulos que, al final, «se postraron ante Él, diciendo: “Verdaderamente, tú eres el Hijo de Dios”». Qué bello es decir a Jesús estas palabras.