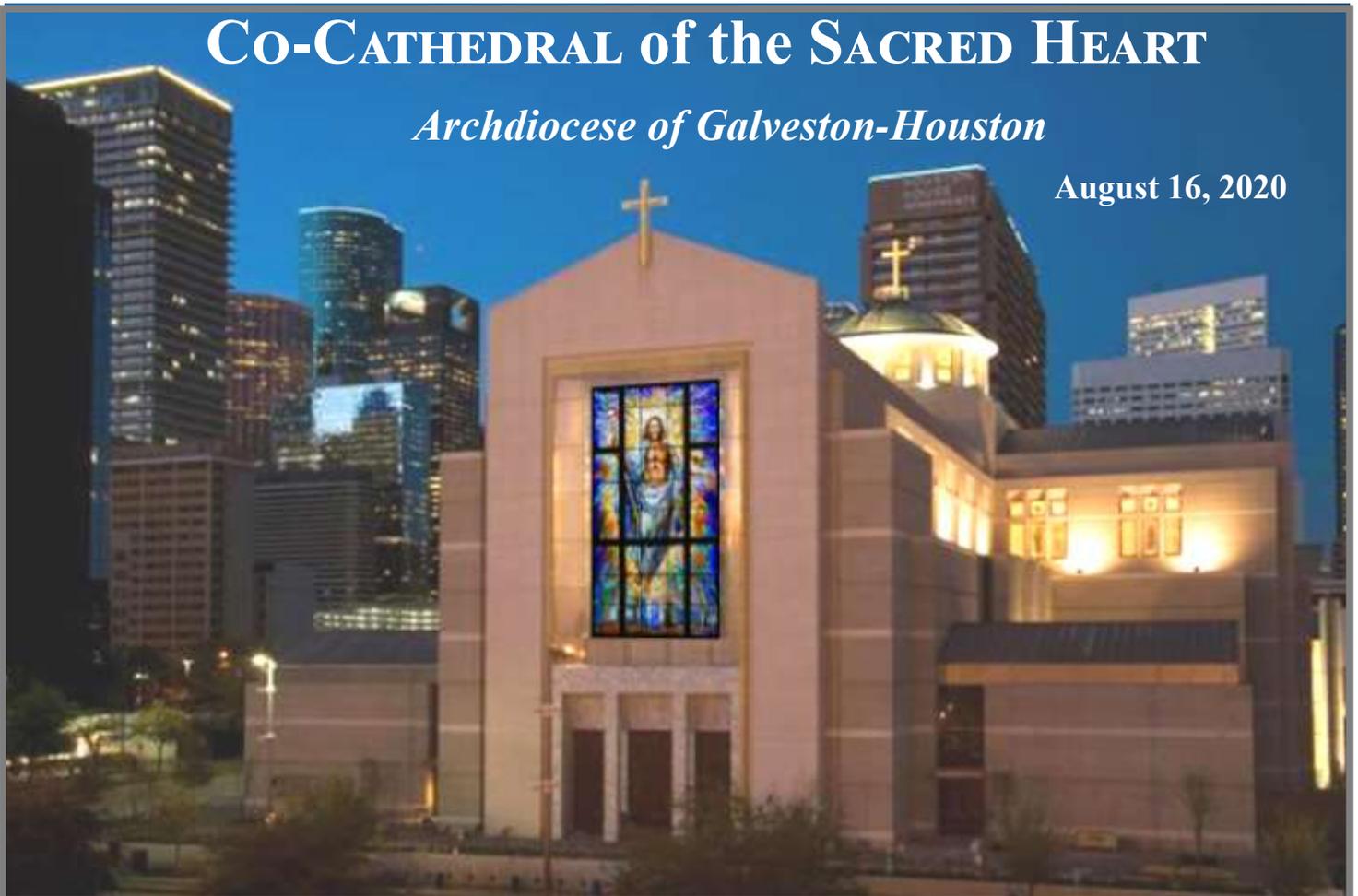


CO-CATHEDRAL of the SACRED HEART

Archdiocese of Galveston-Houston

August 16, 2020



Twentieth Sunday in Ordinary Time

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 8:30am-6:30pm

Weekday Mass Schedule

7 am & 12:10 pm

Confession Schedule

Weekdays
30 minutes
prior to Mass

Saturday
3:30-4:45 pm

Sunday
8:30-8:50 am
10-10:45 am
4-4:45 pm

Weekend Mass Schedule

Saturday *5 pm Vigil Mass English*

Sunday

9am Vietnamese

11am English with
Vietnamese and Spanish readings
Will be Live Streamed

5pm Spanish



CO-CATHEDRAL
of the SACRED HEART

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

www.sacredhearthouston.org
office@sacredhearthouston.org



Archdiocese of Galveston-Houston



His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.
Archbishop of Galveston-Houston

The Most Reverend George A. Sheltz, D.D., *Auxiliary Bishop*

The Most Reverend Joseph A. Fiorenza, D.D., *Archbishop Emeritus*

The Most Reverend Vincent M. Rizzotto, D.D., J.C.L., *Retired Auxiliary Bishop*

Co-Cathedral of the Sacred Heart

Clergy

The Very Reverend Jeffrey L. Bame, *Rector & Parish Administrator*

Reverend Loc D. Phan, *Parochial Vicar*

Deacons

Deacon John Carrara * Deacon Daniel Addis * Deacon Lynn Carney * Deacon Gilberto Vela

Co-Cathedral Staff

Faith Formation & Evangelization

Director of Evangelization & Faith Formation

Selma DeMarco

sdemarco@sacredhearthouston.org

Faith Formation Associate (K--8th)

Carmen Benitez

cbenitez@sacredhearthouston.org

Faith Formation Associate (High School)

Faby Lopez

flopez@sacredhearthouston.org

Music

Director of Music / Co-Cathedral Organist

Dr. Crista Miller

cmiller@sacredhearthouston.org

Associate Director & Music Operations

Natasha Manley

nmanley@sacredhearthouston.org

Assistant Choir Director

Patrick Schneider

pschneider@sacredhearthouston.org

Co-Cathedral Assistant Organist

Dr. Jeong-Suk Bae

windgroom@sacredhearthouston.org

Facilities and Project Coordinator

Gwenne Buck

gbuck@sacredhearthouston.org

Secretary for Weddings & Bulletin Editor

Bree Delphin

bdelphin@sacredhearthouston.org

Parish Outreach Coordinator

Jordyn Woods

outreach@sacredhearthouston.org

Baptismal Secretary & Receptionist

Katherine Buck

kbuck@sacredhearthouston.org

Business Manager

Deacon John Carrara

jcarrara@sacredhearthouston.org

Parish Accounting

Shannon Wesley

swesley@sacredhearthouston.org

Building Engineer

Chris Felix

cfelix@sacredhearthouston.org

Maintenance

Ruben Valenzuela

Church Sextons

Guillermo Herrera & Ray Garcia



@CCSHhou



/CoCathedraloftheSacredHeart

August 16, 2020

Dear Friends in Christ:

Quý Ông Bà và Anh Chị Em thân mến trong Chúa Kitô:
Estimados Amigos y Amigas en Cristo:

Over the past several weeks, our parish has been focused on vocations: priesthood, diaconate, religious life, and marriage. However, when the topic of vocations comes up, one of the frequent questions I receive, especially from young people, is “What if I am single? Where do I fit in?” This question reveals an important reality: we must not only be committed to praying for those living out vocations, but also to accompanying and praying for those who are not committed to a permanent state of life and are still discerning God’s call in their lives.

Sometimes, some promoters of vocations talk about the “single vocation” – I personally believe that this is misguided. In fact, we often equivocate the term “vocation” with what is really a state in life. A vocation is a calling from God. Some states of life, such as priesthood (celibacy), consecrated life (virginity), and marriage are inherently vocations. Yet we can speak of the single state of life without calling it a vocation – it in fact is a sort of default state of life of one who is not committed to another state of life (this includes those often forgotten in this conversation – widows and widowers). Yet simply being single is not itself a vocation.

Does this mean that single people do not have a vocation? Absolutely not! The challenge is to discern what God is asking a person to do with their life. Is it to be ordained, to consecrate themselves to virginity, to get married? Or is it to do something else in the vineyard of the Lord that does not involve entering another state of life?

At the heart of this question is the universal call to holiness. In face of a common Catholic attitude that saw the life of the Church as the activity of its clergy and religious and the role of the laity as praying, paying, and obeying, Vatican II’s Dogmatic Constitution on the Church, titled *Lumen Gentium*, was a game-changer. *Lumen Gentium* refers to the communion of all of the Church’s members with one another and in Christ, strengthened and sanctified by the grace of the sacraments: “Fortified by so many and such powerful means of salvation, all the faithful, whatever their condition or state, are called by the Lord, each in his own way, to that perfect holiness whereby the Father Himself is perfect.” (LG 11)

The groundbreaking statement can be simply summarized like this: every single baptized Christian is called (vocation!) to holiness. “Therefore all the faithful are invited and obliged to try to achieve holiness and the perfection of their own state of life.” (LG 42)

In his 2018 Apostolic Exhortation *Gaudete et Exsultate*, Pope Francis dispels the notion that only the chosen few in the Church are called to holiness. “To be holy does not require being a bishop, a priest or a religious. We are frequently tempted to think that holiness is only for those who can withdraw from ordinary affairs to spend much time in prayer. That is not the case. We are all called to be holy by living our lives with love and by bearing witness in everything we do, wherever we find ourselves. Are you called to the consecrated life? Be holy by living out your commitment with joy. Are you married? Be holy by loving and caring for your husband or wife, as Christ does for the Church. Do you work for a living? Be holy by laboring with integrity and skill in the service of your brothers and sisters. Are you a parent or grandparent? Be holy by patiently teaching the little ones how to follow Jesus. Are you in a position of authority? Be holy by working for the common good and renouncing personal gain.” (*Gaudete et Exsultate* 14)

Said differently, we can say that we all share a vocation to love. If God is love and we are made in His image and likeness, then it stands to reason that the perfect version of ourselves, the fulfillment our purpose, is to be perfected in the love of God. This call is universal, but our personal vocation is the particular way in which God calls us to live out this call to love and to be perfected in it. Some are called to love as priests or deacons, others as consecrated men and women, others as spouses and/or parents, and yet others as doctors, missionaries, educators, public servants, leaders, etc. There is a countless number of ways to love. Our duty is to discern the best way in which God is calling us. But even while we discern, we can love God and the neighbor in front of us wholeheartedly.

As a priest and shepherd of the Co-Cathedral, I conclude this series on vocations with a commitment to building and supporting a culture of vocations at our parish: not just to “recruiting” future priests, but helping all the faithful to discern and faithfully live out their particular vocations and the beautiful, universal call of discipleship: to be saints (literally “holy ones”) by being made perfect in love according to the will of God who says, “be holy, for I am holy.” (Lv 11:44, cf 1 Pt 1:16)

Sacred Heart of Jesus, we place all our trust in You. Amen.

Yours in Christ,



Very Reverend Jeffrey L. Bame
Rector & Parish Administrator



Stay up to date with our parish by following us online!



Save a Life!

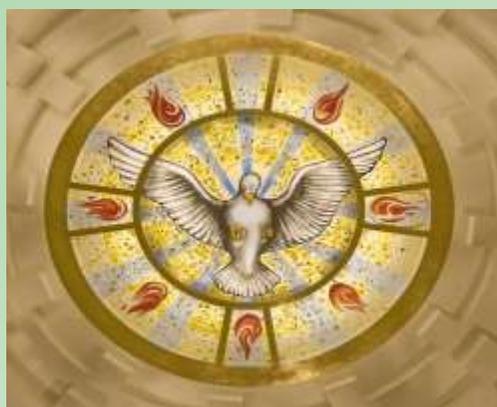
RSVP [here](#) for our August 23rd Parish Blood Drive.



Social Distancing Protocols

Please observe social distancing and wear a mask while inside the Co-Cathedral.

Adult Confirmation Preparation Sessions **For Parishioners of the Co-Cathedral of the Sacred Heart**



Will be held online on
Wednesday Evenings:
August 19 - November 18

Requirements:

- Baptized Catholic
- Have received First Eucharist
- No canonical impediments to receiving the Sacraments
- Have graduated from High School
- **Interview prior to the beginning of sessions**

To arrange the virtual interview required prior to beginning sessions
Contact Selma DeMarco at sdemarco@sacredhearhouston.org
Place "Adult Confirmation" in the subject line.

FORMED: Pick of the week



Parish Code: 0be7ec
Clare and Francis

Memorial of St. Clare: August 11

Francis renounces his inheritance of wealth to live the Gospel and serve the poor and outcasts. Clare reads deep into his heart and decides to follow him, leaving her home and family to give herself as a bride of Christ. Both found major religious orders, and together they inspire many to follow their radical call to live the Gospel. Their impact has reached across the centuries to change the world.

Music



Meet Cor Jesu Tenor
Luis Ortiz

Tenor Luis Ortiz tells us a bit about himself, his involvement with Co-Cathedral Music, and even sings a hymn while accompanying himself on the guitar!

This year's Open Loft is "Christmas in August."

Join your Co-Cathedral Music Department to discuss and sing your favorite Christmas carols over Zoom, *Wednesday evenings August 12 - September 2.*

To register or for more info, please visit [here](#).

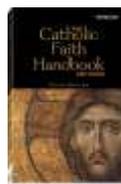
Co-Cathedral of the Sacred Heart
Faith Formation, K– 12
2020-2021



Faith Formation Registration
is now open!

Regular faith formation will be online with an option for in-person Family Connect Sundays.

To learn more about our program
[click here](#)



CO-CATHEDRAL MUSIC

JOIN THE CO-CATHEDRAL CHOIR FOR A DAY = OPEN LOFT!

OPEN LOFT 2020 IS MOVING ONLINE!

"CHRISTMAS IN AUGUST"

- NO OBLIGATION, JUST FUN WITH MUSIC
- MEET OUR CHOIR AND DIRECTORS
- SING, LEARN AND DISCUSS BELOVED CAROLS
- FROM THE CONVENIENCE OF YOUR HOME!

MEETS ONLINE : 8 - 9 PM WEDNESDAYS
AUGUST 12, 19, 26 AND SEPTEMBER 2

REGISTRATION / MORE INFO

sacredhearhouston.org/music-events
Musicoffice@sacredhearhouston.org

This Week
Collection Goal:
\$26,889

Last Week
Collected \$22,780
Budgeted \$26,505

Amount over (under) **(\$3,725)**

The Year
Collected \$133,065
Budget \$157,976

Amount over (under) **(\$24,911)**

Ways to contribute



Talent Treasure Time

9 Reasons to Make Your Contributions Through Faith Direct

1. No more checks to write or envelopes to find.
2. 52 Weeks of predictable income for your parish.
3. Greater security than cash or checks.
4. No cost for you to participate.
5. Online control of your giving – including special collections.
6. Reduction of envelope & postage expense for the Co-Cathedral. It costs us annually for parish contribution envelopes \$3,000 plus the following listed in #7.
7. Less work for our parish office staff to post contribution records (this allows them to do other things) & less mistakes in posting. This is both more efficient in time & salary so as to do other things.
8. Offertory cards enable you to witness your gift of treasure. This way others know you are contributing by placing something into the collection baskets.
9. Earn credit card points for your contributions.

eGiving through Faith Direct!
Enroll today!
www.faithdirect.net
Call today: 866-507-8757
Our church code is TX363.

God has a special mission in mind for each of us. He has given us the gifts we need to accomplish that mission.

We are called to be good stewards by using those gifts to do the work that He has planned for each of us.

If we deny our gifts or fail to use them as God calls us to use them, then some part of His work will be left undone.

“For the gifts and the call of God are irrevocable.” Romans 11:29

Discover ways to use your gifts for others
www.sacredhearthouston.org/outreach

Act of Spiritual Communion

My Jesus, I believe that You are present
in the Most Holy Sacrament.
I love You above all things, and I desire
to receive You into my soul.
Since I cannot at this moment receive
You sacramentally, come at least
spiritually into my heart.
I embrace You as if You were already
there and unite myself wholly to You.
Never permit me to be separated from
You.



20° Domingo del Tiempo Ordinario



En aquel tiempo, Jesús se retiró a la comarca de Tiro y Sidón. Entonces una mujer cananea le salió al encuentro y se puso a gritar: "Señor, hijo de David, ten

compasión de mí. Mi hija está terriblemente atormentada por un demonio". Jesús no le contestó una sola palabra; pero los discípulos se acercaron y le rogaban: "Atiéndela, porque viene gritando detrás de nosotros". Él les contestó: "Yo no he sido enviado sino a las ovejas descarriadas de la casa de Israel".

Ella se acercó entonces a Jesús y postrada ante él, le dijo: "¡Señor, ayúdame!" Él le respondió: "No está bien quitarles el pan a los hijos para echárselo a los perritos". Pero ella replicó: "Es cierto, Señor; pero también los perritos se comen las migajas que caen de la mesa de sus amos". Entonces Jesús le respondió: "Mujer, ¡qué grande es tu fe! Que se cumpla lo que deseas". Y en aquel mismo instante quedó curada su hija.

Por el bien de su hija no tuvo vergüenza de la mirada de los apóstoles. Y se acercó a Jesús para suplicarle que ayudara a su hija que estaba poseída por un espíritu impuro. A su petición Jesús respondió que había venido ante todo para las ovejas de la casa de Israel. Y se lo explica con un lenguaje duro, diciéndole: «Deja que se sacien primero los hijos. No está bien tomar el pan de los hijos y echárselo a los perritos». La mujer no respondió a Jesús con su inteligencia, sino con sus entrañas de madre, con su amor. Y dijo: «Pero también los perros, debajo de la mesa, comen las migajas que tiran los niños». Queriendo decir: «Dame estas migajas a mí». Impresionado por su fe el Señor hizo un milagro. Y, así, al llegar a su casa, se encontró a la niña acostada en la cama, y el demonio se había marchado. Es, en esencia, la historia de una madre que se había expuesto al riesgo de hacer un mal papel, pero insistió por amor a su hija. Viniendo del paganismo y de la idolatría, encontró la salud para su hija; y para sí misma encontró al Dios vivo. Su camino, es el camino de una persona de buena voluntad que busca a Dios y lo encuentra. Por su fe el Señor la bendice. Pero es también la historia de mucha gente que aún hoy recorre este camino. Y el Señor espera a estas personas, movidas por el Espíritu Santo. Cada día en la Iglesia del Señor hay personas que recorren este camino, silenciosamente, para encontrar al Señor, precisamente porque se dejan conducir por el Espíritu Santo. Hagamos el camino de la mujer cananea, de esa mujer pagana, acogiendo la Palabra de Dios que fue sembrada en nosotros y que nos conducirá a la salvación. Precisamente la Palabra de Dios, que es poderosa, nos custodie en este camino y no permita que acabemos en la corrupción y ésta nos lleve a la idolatría.

Palabras del Papa Francisco

La Fe de la Mujer Pagana

El Evangelio de Mateo presenta la figura de la mujer de origen siro-fenicio que suplica a Jesús que expulse el demonio de su hija. La mujer, dirigiéndose a Jesús, es valiente, como lo es toda madre desesperada que ante la salud de un hijo está dispuesta a hacer de todo. Le habían dicho que existía un hombre bueno, un profeta y así, fue a buscar a Jesús, incluso si ella no creía en el Dios de Israel.