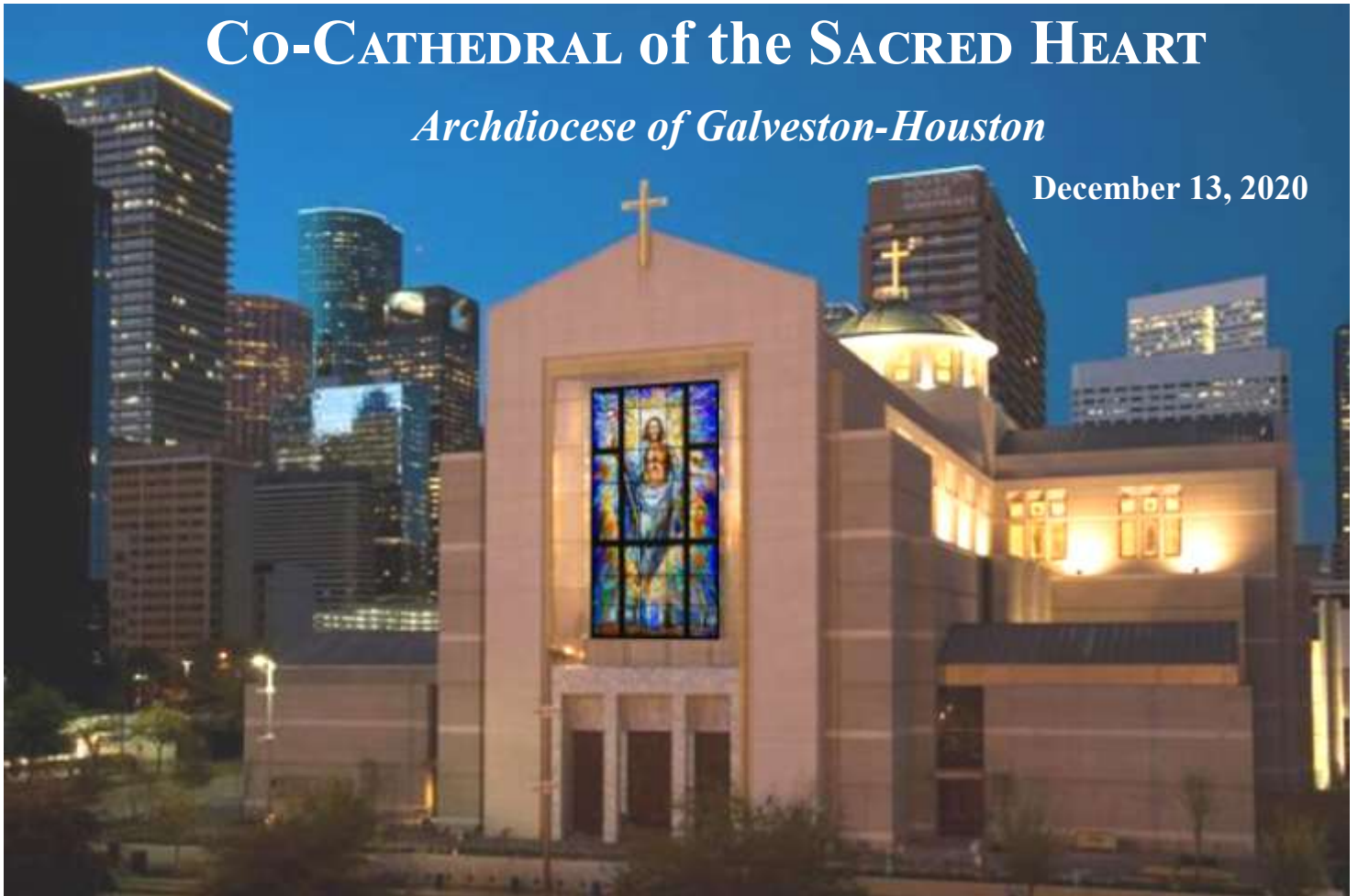


# CO-CATHEDRAL of the SACRED HEART

*Archdiocese of Galveston-Houston*

December 13, 2020



## Third Sunday of Advent

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 8:30am-6:30pm

### Weekday Mass Schedule

*7 am & 12:10 pm*

### Confession Schedule

**Weekdays**  
*30 minutes*  
*prior to Mass*

**Saturday**  
*3:30-4:45 pm*

**Sunday**  
*8:30-8:50 am*  
*10-10:45 am*  
*4-4:45 pm*

### Weekend Mass Schedule

**Saturday** *5 pm Vigil Mass English*

### **Sunday**

*9am Vietnamese*

*11am English with*  
Vietnamese and Spanish readings  
*\*Will be Live Streamed\**

*5pm Spanish*



CO-CATHEDRAL  
*of the SACRED HEART*

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

[www.sacredhearthouston.org](http://www.sacredhearthouston.org)  
[office@sacredhearthouston.org](mailto:office@sacredhearthouston.org)



# Archdiocese of Galveston-Houston

**His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.**

*Archbishop of Galveston-Houston*

**The Most Reverend George A. Sheltz, D.D.,** *Auxiliary Bishop*

**The Most Reverend Joseph A. Fiorenza, D.D.,** *Archbishop Emeritus*

**The Most Reverend Vincent M. Rizzotto, D.D., J.C.L.,** *Retired Auxiliary Bishop*



## Co-Cathedral of the Sacred Heart

### Clergy

**The Very Reverend Jeffrey L. Bame,** *Rector & Parish Administrator*

**Reverend Loc D. Phan,** *Parochial Vicar*

### Deacons

**Deacon John Carrara \* Deacon Daniel Addis \* Deacon Lynn Carney \* Deacon Gilberto Vela**

## Co-Cathedral Staff

### Faith Formation & Evangelization

#### **Director of Evangelization & Faith Formation**

*Selma DeMarco*

[sdemarco@sacredhearhouston.org](mailto:sdemarco@sacredhearhouston.org)

#### **Faith Formation Associate (K--8<sup>th</sup>)**

*Carmen Benitez*

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#### **Faith Formation Associate (High School)**

*Faby Lopez*

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### Music

#### **Director of Music / Co-Cathedral Organist**

*Dr. Crista Miller*

[cmiller@sacredhearhouston.org](mailto:cmiller@sacredhearhouston.org)

#### **Associate Director & Music Operations**

*Natasha Manley*

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#### **Assistant Choir Director**

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#### **Co-Cathedral Assistant Organist**

*Dr. Jeong-Suk Bae*

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### **Facilities and Project Coordinator**

*Gwenne Buck*

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### **Secretary for Weddings & Bulletin Editor**

*Bree Delphin*

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### **Parish Outreach Coordinator**

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### **Baptismal Secretary & Receptionist**

*Katherine Buck*

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### **Business Manager**

*Deacon John Carrara*

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### **Parish Accounting**

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### **Building Engineer**

*Chris Felix*

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### **Maintenance**

*Ruben Valenzuela*

### **Church Sextons**

*Guillermo Herrera & Ray Garcia*



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/CoCathedraloftheSacredHeart

**December 13, 2020**  
**Hope and Rejoicing**

Dear Friends in Christ:

Anh chị em thân mến trong Chúa Kitô:

Estimados Amigos y Amigas en Cristo:

*Gaudete in Domino semper!*

“Rejoice in the Lord always; again I say, rejoice. Indeed, the Lord is near.” (Phil 4:4-5) Gaudete Sunday, the Third Sunday of Advent, is named after this introit for the Mass. St. Paul does not present a suggestion or recommendation, but an imperative: “Rejoice in the Lord always.” This command may seem odd or even inappropriate during times when so many feel heavily burdened. People are feeling the weight of the pandemic and the changes it has wrought on everyday life. We have suffered through a nasty election season that seems to never end. And many are ever reminded of the loss of loved ones at this time of year when there is an empty chair at the table or holiday gathering.

Nonetheless, Paul’s words are a critical reminder to us of our appropriate disposition as Christians. Paul does not invoke the words of the famous Bobby McFerrin song: “Don’t worry, be happy!” Paul, who suffered much for the Gospel, realized as well as anyone that life is not lollipops and rainbows. Yet his command to rejoice always reminds us of an important distinction between happiness and joy, even though we often use the words interchangeably. There is the emotion of happiness which is ever fleeting – the difference between getting up on the right or wrong side of the bed. We have good days and bad days. Emotions are ever fleeting as conditions and stimuli change.

Christian joy on the other hand, is rooted in the knowledge that God’s love for us is a constant. For the Christian, this joy is unwavering, even in difficulty. Yet the disposition of the sour or gloomy Christian scandalizes against this truth. In his letter *Evangelii Gaudium*, Pope Francis points out his concern that so many Christians do not reflect this joy of the gospel: “There are Christians whose lives seem like Lent without Easter. I realize of course that joy is not expressed the same way at all times in life, especially at

moments of great difficulty. Joy adapts and changes, but it always endures, even as a flicker of light born of our personal certainty that, when everything is said and done, we are infinitely loved. I understand the grief of people who have to endure great suffering, yet slowly but surely we all have to let the joy of faith slowly revive as a quiet yet firm trust, even amid the greatest distress: ‘My soul is bereft of peace; I have forgotten what happiness is... But this I call to mind, and therefore I have hope: the steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning. Great is your faithfulness... It is good that one should wait quietly for the salvation of the Lord’ (*Lam 3:17, 21-23, 26*)” (*Evangelii Gaudium 6*)

Even as we plow forward, with the assistance of the Blessed Virgin Mary whose grace is so highlighted in these days, through this vale of tears, we realize that the love of the Lord is everlasting – the unfathomable love that would drive the God of the Universe to humble himself to take human flesh to come and save His people. Indeed, this call to rejoice always is closely linked with the virtue of hope, which is the mark of the Advent season. As we await the promised coming of the Lord, we are joyfully marked in something assured to us but not yet realized. The letter to the Hebrews summarizes this well: “Faith is the assurance of things hoped for, the conviction of things not seen.” (Heb 11:1) We know that Christ *has* come (Christmas), that Christ *is* here (grace and the personal encounter), and that Christ *will come* again (the final fulfillment of all things).

Therefore, if we find the command to rejoice and to hope challenging, it is not because things are too difficult but because we have settled for too little – we have allowed the world and the reign of sin to put us into a slumber of distraction with fleeting things that can never satisfy. We have not unrealistically hoped for too much, but we have settled for hoping too little. May we use the remainder of this Advent season to take off the blinders, shake off lethargy, and fix our eyes on the Morning Star – He whose love lasts forever and whose advent is upon us.

*Gaudete in Domino semper!* “Rejoice in the Lord always; again I say, rejoice. Indeed, the Lord is near.”

*O Sacred Heart of Jesus, we place all our trust in You. Amen.*

Yours in Christ,

*Very Rev. Jeffrey L. Bame*

Very Reverend Jeffrey L. Bame  
 Rector & Parish Administrator





Stay up to date with our parish by following us online!



### Upcoming Parish Events

**Family Adoration** Every Tuesday 9:30-10:00am  
"Let the children come to me!" All ages and abilities are invited to join us to pray before the Blessed Sacrament. You are invited to bring a blanket, rosary, bible, or religious toy as we teach our children what it means to come and adore. [Click here for more information](#)

**Dec 16 A Night With the Rector**  
Join us for the second instalment of our Facebook Live Q&A with Father Jeff! Join us on our Facebook page at 7pm. Have a question for Father Jeff? Send it in to [office@sacredhearthouston.org](mailto:office@sacredhearthouston.org)

**Dec 19 Drive Thru Food Distribution**  
9am. Our monthly food distribution will be held at the Cathedral Centre. Park at 1700 San Jacinto and a volunteer will direct you. No ID required. First Come- First Served. [Interested in volunteering?](#)

**Online Prayer Requests**  
Our online Prayer Request portal is open! Submit your prayer request [here](#).

*O Sacred Heart of Jesus, we place all our trust in You.*

### Social Distancing Protocols

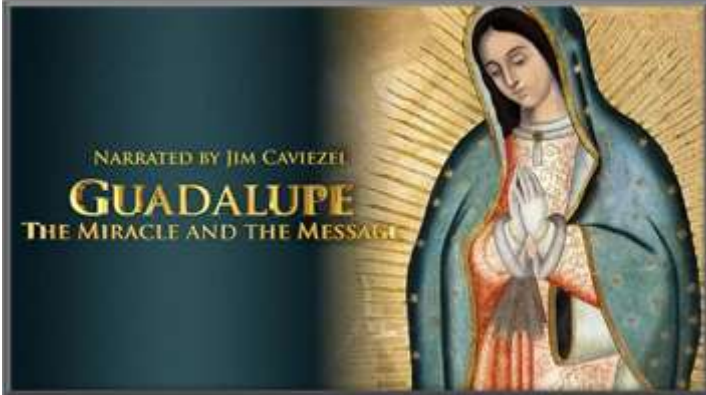
Please observe social distancing and wear a mask while inside the Co-Cathedral.

**[Click here](#)** to read the full statement from Cardinal DiNardo on the 3 COVID:19 vaccines and their moral permissibility.



The third Sunday of Advent is Gaudete Sunday. "The day when we shift our reflection from 'the Lord is coming' to 'the Lord is near.' Rejoice! We are more than halfway to Christmas Day!" (USCCB.org)

FORMED: Pick of the week



**Parish Code: 0be7ec**  
**Guadalupe: The Miracle and the Message**

The most important event in the evangelization of the New World occurred in December, 1531. Over the course of four days, the Virgin Mary, under the title of Our Lady of Guadalupe, appeared to an indigenous convert named Juan Diego.

Available in English & Spanish!

Music



**Advent III**  
**Dicite Gregorian Chant**

Communion Music for Gaudete Sunday: Dicite, Pusillanimes! Take courage, you Fainthearted! This Advent we expect to hear lots of familiar music. While we are posting some favorites of the past (from Masses and the annual Christmas Concert), this Communion plainchant sung by Cor Jesu in 2018 is probably not as recognizable. However, it's a good reminder that the ancient Church prescribed texts and music for our ears for every Sunday of the year. Telling us to take courage in the body of Christ and to rejoice in his coming was intentional.

Want to join the choir?

[musicoffice@sacredharthouston.org](mailto:musicoffice@sacredharthouston.org)

CO-CATHEDRAL OF THE SACRED HEART

**New Mass Hours**  
 Starting January 2, 2021

**Saturday**  
 5:00 pm English

**Sunday**  
 7:00 am English  
 9:00 am Vietnamese  
 11:00 am English  
 1:00 pm Spanish  
 5:30 pm English

Confessions will be held 30 minutes before each Mass. \*Except 7 am\*

Christmas at The Co-Cathedral

**Christmas Eve**  
 3:00 pm English  
 6:00 pm English  
 9:00 pm Spanish

**Christmas Day**  
 Midnight English  
 10:00 am English  
 12:00 pm Vietnamese

**Midnight Mass**  
 Caroling in the Plaza  
 10:30-11:00 pm &  
 11:10-11:40 pm



**This Week**  
Collection Goal:  
**\$26,505**

**Last Week**  
Collected \$22,509  
Budgeted \$25,698  
**Amount over (under) (\$3,189)**

**The Year**  
Collected \$524,597  
Budget \$597,289  
**Amount over (under) (\$72,692)**

Ways to contribute



*Time Treasure Talent*



Help provide toys and gifts to children and families in need this Christmas!

[CatholicCharities.org/syb](http://CatholicCharities.org/syb)

Other ways to give....

**Dec 13 Blood Drive**  
*at Cathedral Centre*

**Dec 19 Food Distribution**  
*Cathedral Centre Parking Lot*

[www.sacredhearthouston.org/outreach](http://www.sacredhearthouston.org/outreach)

*DSF Status as of: Dec. 9, 2020*

**Mandatory Amount**  
**\$135,000**

Amount Pledged: \$119,375

Amount under: **(\$16,625)**

Only **289** of our **1,876** families have given to DSF.


**Click Here** to give to DSF

## Act of Spiritual Communion

My Jesus, I believe that You are present  
in the Most Holy Sacrament.  
I love You above all things, and I desire  
to receive You into my soul.  
Since I cannot at this moment receive  
You sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were already  
there and unite myself wholly to You.  
Never permit me to be separated from  
You.

Amen.



 Co-Cathedral of the Sacred Heart

## 3º Domingo de Adviento



Hubo un hombre enviado por Dios, que se llamaba Juan. Éste vino como testigo, para dar testimonio de la luz, para que todos creyeran por medio de él. Él no era la luz, sino testigo de la luz.

Éste es el testimonio que dio Juan el Bautista, cuando los

judíos enviaron desde Jerusalén a unos sacerdotes y levitas para preguntarle: “¿Quién eres tú?” Él reconoció y no negó quién era. Él afirmó: “Yo no soy el Mesías”. De nuevo le preguntaron: “¿Quién eres, pues? ¿Eres Elías?” Él les respondió: “No lo soy”. “¿Eres el profeta?” Respondió: “No”. Le dijeron: “Entonces dínos quién eres, para poder llevar una respuesta a los que nos enviaron. ¿Qué dices de ti mismo?” Juan les contestó: “Yo soy la voz que grita en el desierto: ‘Enderecen el camino del Señor’, como anunció el profeta Isaías”.

Los enviados, que pertenecían a la secta de los fariseos, le preguntaron: “Entonces ¿por qué bautizas, si no eres el Mesías, ni Elías, ni el profeta?” Juan les respondió: “Yo bautizo con agua, pero en medio de ustedes hay uno, al que ustedes no conocen, alguien que viene detrás de mí, a quien yo no soy digno de desatarle las correas de sus sandalias”.

Esto sucedió en Betania, en la otra orilla del Jordán, donde Juan bautizaba.

### Palabras del Papa Francisco

#### La Alegría de Estar con el Señor

Desde ya hace dos semanas el Tiempo de Adviento nos invita a la vigilancia espiritual para preparar el camino al Señor que viene. En este tercer domingo la liturgia nos propone otra actitud interior con la cual vivir esta espera

del Señor, es decir, la alegría. La alegría de Jesús, como dice ese cartel: «Con Jesús la alegría está en casa». Esto es, nos propone la alegría de Jesús. El corazón del hombre desea la alegría. Todos deseamos la alegría, cada familia, cada pueblo aspira a la felicidad. ¿Pero cuál es la alegría que el cristiano está llamado a vivir y testimoniar? Es la que viene de la cercanía de Dios, de su presencia en nuestra vida. Desde que Jesús entró en la historia, con su nacimiento en Belén, la humanidad recibió un brote del reino de Dios, como un terreno que recibe la semilla, promesa de la cosecha futura. ¡Ya no es necesario buscar en otro sitio! Jesús vino a traer la alegría a todos y para siempre. No se trata de una alegría que sólo se puede esperar o postergar para el momento que llegue el paraíso: aquí en la tierra estamos tristes pero en el paraíso estaremos alegres. ¡No! No es esta, sino una alegría que ya es real y posible de experimentar ahora, porque Jesús mismo es nuestra alegría, y con Jesús la alegría está en casa, como dice ese cartel nuestro: con Jesús la alegría está en casa. Todos, digámoslo: «Con Jesús la alegría está en casa». Otra vez: «Con Jesús la alegría está en casa». Y sin Jesús, ¿hay alegría? ¡No! ¡Geniales! Él está vivo, es el Resucitado, y actúa en nosotros y entre nosotros, especialmente con la Palabra y los Sacramentos. Todos nosotros bautizados, hijos de la Iglesia, estamos llamados a acoger siempre de nuevo la presencia de Dios en medio de nosotros y ayudar a los demás a descubrirla, o a redescubrirla si la olvidaron. Se trata de una misión hermosa, semejante a la de Juan el Bautista: orientar a la gente a Cristo —no a nosotros mismos!— porque Él es la meta a quien tiende el corazón del hombre cuando busca la alegría y la felicidad. En Él es posible encontrar la paz interior y la fuerza para afrontar cada día las diversas situaciones de la vida, incluso las más pesadas y difíciles. Nunca se escuchó hablar de un santo triste o de una santa con rostro fúnebre. Nunca se oyó decir esto. Sería un contrasentido. El cristiano es una persona que tiene el corazón lleno de paz porque sabe centrar su alegría en el Señor incluso cuando atraviesa momentos difíciles de la vida. Tener fe no significa no tener momentos difíciles sino tener la fuerza de afrontarlos sabiendo que no estamos solos. Y esta es la paz que Dios dona a sus hijos.