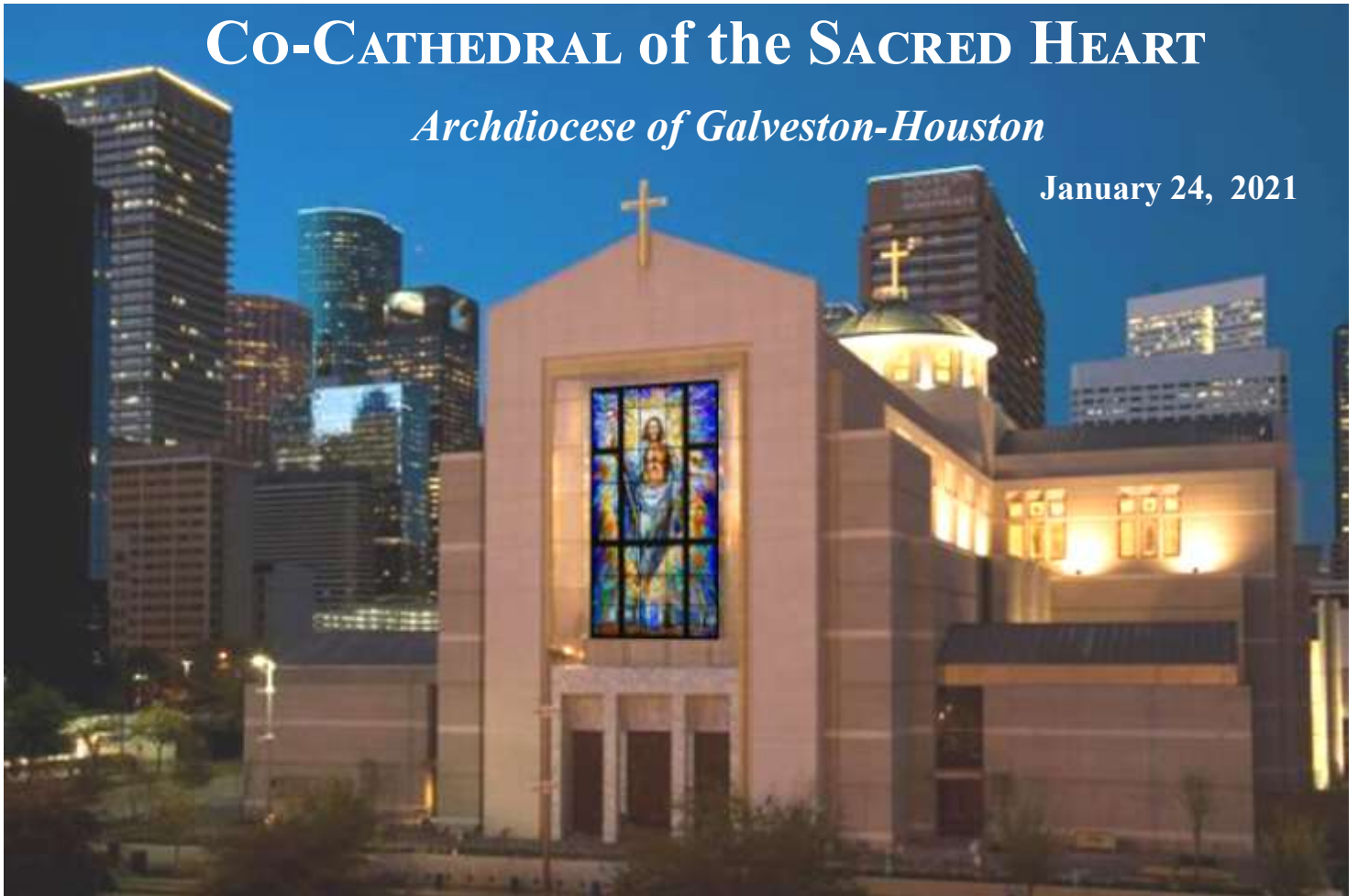


CO-CATHEDRAL of the SACRED HEART

Archdiocese of Galveston-Houston

January 24, 2021



3rd Sunday of Ordinary Time

Church Hours: **Mon-Fri** 6:30am-2pm **Saturday** Noon-6:30pm **Sunday** 6:30am-7pm

Weekday Mass Schedule

7 am & 12:10 pm

Confession Schedule

Weekdays

*6:30-6:50am
11:30am-Noon*

Sunday

*8:15-8:45 am
10:15-10:45 am*

Saturday

*3:30-4:45 pm
4:30-5:15 pm*

Weekend Mass Schedule

Saturday *5 pm Vigil Mass English*

Sunday

*7am English
9am Vietnamese
11am English
1pm Spanish
5:30pm English*



CO-CATHEDRAL
of the SACRED HEART

A PARISH OF THE ARCHDIOCESE OF GALVESTON-HOUSTON



@CCSHhou

www.sacredhearthouston.org
office@sacredhearthouston.org



Archdiocese of Galveston-Houston

His Eminence Daniel Cardinal DiNardo, D.D., S.T.L.

Archbishop of Galveston-Houston

The Most Reverend George A. Sheltz, D.D., *Auxiliary Bishop*

The Most Reverend Joseph A. Fiorenza, D.D., *Archbishop Emeritus*



Co-Cathedral of the Sacred Heart

Clergy

The Very Reverend Jeffrey L. Bame, *Rector & Parish Administrator*

Reverend Loc D. Phan, *Parochial Vicar*

Deacons

Deacon John Carrara * Deacon Daniel Addis * Deacon Lynn Carney * Deacon Gilberto Vela

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/CoCathedraloftheSacredHeart

January 24, 2021

What does it mean to Respect Life?

Dear Friends in Christ:

Anh chị em thân mến trong Chúa Kitô:

Estimados Amigos y Amigas en Cristo:

When you hear the term Respect Life, what comes to mind? For most people that means anti-abortion and certainly that is an important part of respecting life. But we need to be aware that Respect Life includes much, much more. Respect Life also includes concerns about the death penalty, discrimination against persons with disabilities, intentional euthanasia, genocide, human trafficking, oppressive or dangerous working conditions, racism, sexism, suicide, and the list goes on.

Each year we celebrate a Mass dedicated to Respect Life. That Mass will be celebrated by Cardinal DiNardo here at the Co-Cathedral this Saturday, January 23rd at 11:00am Mass. Because of the pandemic attendance in person is by pre-registration only through the Archdiocesan Office of Pro-Life Activities. However, the Mass will be livestreamed so we invite you to join us remotely to pray for all of the Respect Life intentions.

As Catholics we understand that “respecting life” entails recognizing the fact that all persons are created in the image and likeness of God and therefore all human life must be respected from conception until natural death. Unfortunately, popular culture and the society in which we live rarely help us promote and recognize the God-given dignity that each life deserves. Given all that is happening in the United States and beyond it is easy to become discouraged and feel as though your voice and your actions do not matter or are not making a difference. Your voice and actions do matter-especially when it comes to respect life issues.

Each year, at the opening of the Texas Legislative Session, a group of people from the Archdiocese of Galveston-Houston makes a bus trip to Austin to make themselves heard by the current legislative bodies as it pertains to respect life issues. Abortion is always the main item on the agenda. Because of the pandemic that is not feasible this year. Instead, the Pro-Life Activities Office of the Archdiocese is holding a Day of Prayer at the Co-Cathedral on Friday January 22nd. They will resume their trips to the State Capitol in

future years letting those who make the laws know that respect life issues are a priority.

As I said, for many, respect life means being against abortion and that is a significant element in the respect life movement. Respecting life also includes protection of the elderly and the vulnerable and the moral decisions associated with the illnesses of aging and end of life issues. Decisions are often made concerning the elderly and the vulnerable and their illnesses that are not in keeping with the teachings of the Catholic Church. Sometimes these decisions are made by people in the medical profession and sometimes made by family members out of a misguided sense of charity for the person who is suffering.

For example, there is currently a “10-Day Rule” in the Texas Advance Directives Act that allows physicians to deny patients basic life-sustaining treatment after approval from a hospital committee. After the 10-day period the physician and the hospital are completely immune if their actions hasten a patient’s death. These are the kinds of rules and laws that the Respect Life advocates are trying to get changed when they appeal to our legislative representatives.

It is important for us to be aware of **all** of the insidious and sometimes subtle assaults on the dignity of human life in our country, in our culture and across the globe.

Let me close this letter with a prayer:

O Mary, bright dawn of the new world, Mother of the living, to you do we entrust the cause of life: Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy. Grant that all who believe in your Son may proclaim the Gospel of Life with honesty and love to the people of our time. Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives and the courage to bear witness to it resolutely, in order to build, together with all people of good will the civilization of truth and love, to the praise and glory of God, the creator and lover of life. AMEN.

Deacon John A. Carrara

Deacon John Carrara

Welcome!

If you are new to the area and would like to become part of our parish faith community, contact our parish office:

Phone: 713-659-1561

Or register online by visiting

www.sacredheartouston.org/join

Stay up to date with our parish by following us online!



Deacon John Carrara
Business Manager



For the repose of the souls of our faithfully departed:

Bishop Vincent Rizzotto†
Retired Auxiliary Bishop

Fr. Edward Coreas†
Pastor at Our Lady of St. John

Christina Vigil– Thompson†
Daughter of Mary Esther Vigil

Gumercida Rosales†

Social Distancing Protocols

Please observe social distancing and wear a mask while inside the Co-Cathedral.

MASS INTENTIONS

Saturday, January 23

(Eng) 5:00pm Cheryl Barnes Fritsche †

Sunday, January 24

(Eng) 7:00am Edward P. White Family

(Vt) 9:00am For Community Intentions

(Eng) 11:00am For the People of the Parish

(Sp) 1:00pm Enrique Jeronimo Colen & Family

(Eng) 5:30pm Bernadine † & F.R. Pizzitola †

Monday, January 25

(Eng) 7:00am For a private intention

(Eng) 12:10pm Archbishop Joseph Fiorenza

Tuesday, January 26

(Eng) 7:00am Reyes Licea †

(Eng) 12:10pm Agatha Smith †

Wednesday, January 27

(Eng) 7:00am Phero Pham van Hinh †

(Eng) 12:10pm Teresa Vu Thi Yen †

Thursday, January 28

(Eng) 7:00am Tom Maldonado †

(Eng) 12:10pm Trisha Patten & Family

Friday, January 29

(Eng) 7:00am Leticia Gloria †

(Eng) 12:10pm Theresa Morath †

Saturday, January 30

(Eng) 5:00pm Harry † & Gloria † Miller

Sunday, January 31

(Eng) 7:00am Mark Johnson, Sr.

(Vt) 9:00am For Community Intentions

(Eng) 11:00am For the People of the Parish

(Sp) 1:00pm John & Jess Hagale

(Eng) 5:30pm Bernadine † & F.R. Pizzitola †

Deceased †

FORMED: Pick of the week



Parish Code: 0be7ec
Saint Francis de Sales:
Pastor of Souls

Determined from his youth to pursue the priesthood, Saint Francis de Sales lived a storied life as a priest and missionary before settling down to the duties of a small-town bishop in the foothills of the French Alps. The spiritual writings of this beloved teacher of everyday holiness are justly celebrated. In his doctrine, we find the summation of the teaching of the Catholic Reformation.

Music



Joy to the World!
 - Julian Wachner

Sing Along: Joy to the World!
 As mentioned last week, we're musically remembering the Good News of Christmas until the Feast of the Presentation on February 2nd. Here is a sing along for you previously recorded from our Concert in December 2019. We pray the third verse of this hymn for all affected by illness and sadness: "No more let sins and sorrows grow, nor thorns infect the ground. He comes to make his blessings flow far as the curse is found." May God bless us and free us from all curses in 2021!

CO-CATHEDRAL OF THE SACRED HEART

New Mass Hours
 Starting January 2, 2021

Weekday
 7:00 am & 12:10 pm
 Confessions 6:30-6:50am & 11:30am-Noon

Saturday
 5:00 pm English
 Confessions 3:30 pm - 4:45 pm

Sunday
 7:00 am English
 9:00 am Vietnamese
 Confessions 8:15 am - 8:45 am
 11:00 am English
 Confessions 10:15 am - 10:45 am
 1:00 pm Spanish
 Confessions 12:15 pm - 12:45 pm
 5:30 pm English
 Confessions 4:30 pm - 5:15 pm

New Co-Cathedral Hours
 Starting January 2, 2021

Monday-Friday
 6:30 am - 2:00 pm

Saturday
 Noon - 6:30 pm

Sunday
 6:30 am - 7:00 pm

Retired Auxiliary Bishop Rizzotto



With sadness we announce that the Most Reverend Vincent M. Rizzotto, Retired Auxiliary Bishop of Galveston-Houston died of natural causes early this [Sunday, January 17, 2021] morning. He was 89 years old.

"I express my deepest sympathy to Bishop Rizzotto's family and friends, and to his brother priests in Galveston-Houston," said Daniel Cardinal DiNardo, Archbishop of Galveston-Houston. "Bishop Rizzotto was an exemplary priest and a holy bishop"

"May we be one in Christ as we pray for the joyful repose of the soul of the Most Reverend Vincent M. Rizzotto."

A viewing and Vigil service was held on 1/20/21 at St. Cecilia's and the funeral was held on 1/21/21 at the Co-Cathedral of the Sacred Heart.

Upcoming Events

PRAYER | TRANSFORMATION | BEAUTY

Adoration by Candlelight

At the Co-Cathedral of the Sacred Heart
1111 St Joseph Pkwy, Houston, TX 77002
7- 8 pm, each 4th Monday of the month
Sep 28, Oct 26, Nov 23, Jan 25, Feb 22, Mar 22

STEPS FOR STUDENTS VIRTUAL 5K
Raising Awareness & Support for Catholic Education

JOIN US ON
FEBRUARY 20, 2021
in your neighborhood

ONLY \$20 PER RUNNER!

REGISTER TODAY AT STEPS4STUDENTS.ORG

This Week	Last Week		The Year	
Collection Goal: \$26,681	Collected	\$25,508	Collected	\$681,105
	Budgeted	\$26,889	Budget	\$756,456
	Amount over (under)	(\$1,381)	Amount over (under)	(\$75,351)

Ways to contribute

*Treasure Time Talent*

8 Reasons to make your contributions with Faith Direct

1. No more checks to write or envelopes to find.
2. 52 Weeks of predictable income for your parish.
3. Greater security than cash or check.
4. No cost for you to participate.
5. Online control of your giving – including special collections.
6. Reduction of envelope & postage expense for the Co-Cathedral. It costs us annually for parish contribution envelopes \$3,000
7. Less work for our parish office staff to post contribution records (this allows them to do other things) & less mistakes in posting. This is both more efficient in time & salary so as to do other things.
8. Earn credit card points for your contributions.

[Click Here to Give with Faith Direct](#)

34% of registered parishioners are already giving with Faith Direct– will you join them?

Stewardship Reflection

Jesus' call to "Follow me" is a call to all Christians! The call is in the here and now, in our present circumstances, not when we think we are "ready" or have everything in order. Good stewardship of our God given gifts means that things aren't always going to go according to our schedule and that God has a much better plan in store for each of us.


"Follow me and I will make you fishers of men."
- Mark 1:17

Act of Spiritual Communion

My Jesus, I believe that You are present
in the Most Holy Sacrament.
I love You above all things, and I desire
to receive You into my soul.
Since I cannot at this moment receive
You sacramentally, come at least
spiritually into my heart.
I embrace You as if You were already
there and unite myself wholly to You.
Never permit me to be separated from
You.

Amen.



 Co-Cathedral of the Sacred Heart

3° Domingo del Tiempo Ordinario



Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepiéntanse y crean en el Evangelio”.

Caminaba Jesús por la orilla del lago de Galilea, cuando vio a Simón y a su hermano, Andrés, echando las redes en el lago, pues eran pescadores. Jesús les dijo: “Síguenme y haré de ustedes pescadores de hombres”. Inmediatamente dejaron las redes y lo siguieron.

Un poco más adelante, vio a Santiago y a Juan, hijos de Zebedeo, que estaban en una barca, remendando sus redes. Los llamó, y ellos, dejando en la barca a su padre con los trabajadores, se fueron con Jesús.

Palabras del Papa Francisco

Pescadores de Hombres

La Iglesia es y debe ser la familia de Dios. Jesús, al llamar a Pedro para seguirlo, le dijo que le haría «pescador de hombres»; y por esto es necesario un nuevo tipo de redes. Podríamos decir que hoy las familias son una de las redes más importantes para la misión de Pedro y de la Iglesia. ¡Esta no es una red que hace prisioneros! Al contrario, libera de las malas aguas del abandono y la indiferencia, que ahogan a muchos seres humanos en el mar de la

soledad y de la indiferencia. Las familias saben bien qué es la dignidad de sentirse hijos y no esclavos, o extraños, o solo un número de documento de identidad. Desde aquí, desde la familia, Jesús comienza de nuevo su paso entre los seres humanos para persuadirlos que Dios no les ha olvidado. De aquí, Pedro toma fuerzas para su ministerio. De aquí la Iglesia, obedeciendo a la palabra del Maestro, sale a pescar al lago, segura que, si esto sucede, la pesca será milagrosa. Cada uno en su corazón puede preguntarse sobre su relación personal con Jesús, y examinar lo que ya ha aceptado –o tal vez rechazado– para poder responder a su llamado a seguirlo más de cerca. El grito de los mensajeros resuena hoy más que nunca en nuestros oídos, sobre todo en tiempos difíciles; aquel grito que resuena por “toda la tierra [...] y hasta los confines del orbe”. Y resuena también hoy aquí, en esta tierra de Centroáfrica; resuena en nuestros corazones, en nuestras familias, en nuestras parroquias, allá donde quiera que vivamos, y nos invita a perseverar con entusiasmo en la misión, una misión que necesita de nuevos mensajeros, más numerosos todavía, más generosos, más alegres, más santos. Todos y cada uno de nosotros estamos llamados a ser este mensajero que nuestro hermano, de cualquier etnia, religión y cultura, espera a menudo sin saberlo. En efecto, ¿cómo podrá este hermano – en Cristo si no oye ni se le anuncia la Palabra? Nosotros tenemos que estar llenos de esperanza con la perseverancia de la fe. La otra orilla está al alcance de la mano, y Jesús atraviesa el río con nosotros

January 2021

Christmas Greetings to our parish, the Co-Cathedral of the Sacred Heart! Now that we've celebrated the Baptism of the Lord, the Church begins a new liturgical season with a few brief weeks of Winter Ordinary Time before we begin 40 days of Lent on February 17. We normally create an aural environment of these seasons in the choices we make for liturgical music. Here's an update on some music you'll hear in Mass, and in our media space, in the coming weeks.

In the old Church calendar, Christmas ended on February 2, the Presentation of the Lord in the Temple, or Candlemas. There is a wealth of Christmas music. Some is not well known by the faithful, but nonetheless is beautifully designed especially for this time that leads up to the Presentation of the Lord. We normally incorporate that repertoire at the Co-Cathedral, so you'll detect some familiar Christmas melodies or titles in the organ music in the coming weeks. You can expect to hear some texts in the sung music like last Sunday's "Verbum caro factus est," or the Word Became Flesh. It's our way of reminding of the hope of Christmas even though the visual environmental has returned to Ordinary Time.

I know that you know, navigating the various guidance around singing during Covid time has required us to adapt many of our normal practices out of concern for those around us. We're constantly learning, and continue to monitor the current research papers as we can, as well as share anecdotal evidence with other musicians from cathedrals and universities around the country. Here are some plans going forward. Of course, our plans may change if authorities dictate thus, but nonetheless, here's what we are planning.

1. Singing the Mass, even though reduced right now, is not leaving the Co-Cathedral in the long term. You are a model singing assembly. We know many of you do not like not singing. Please hold on to that: singing the Mass is not going away in the long term.
2. In the coming weeks, expect to hear a wider pool of cantors leading at the various Masses as some favorite voices have returned to the cantor rotation to join leaders Natasha Manley and Patrick Schneider.
3. In addition, our organ scholar Jared Cook brings his repertoire to the instrumental music providing additional variety. In a time that there are very few opportunities to hear live music in person, much less sacred music, we hope the co-cathedral can continue to serve as a center for 1000 years of Catholic music for instrument and voice.
4. Expect to hear the occasional return of small-ensemble choral singing at 11 AM Mass as we implement what we have learned thus far. Usually this will occur around the time of the Monday night choral Adoration services occurring here at the Co-Cathedral. The next time that will occur is Sunday, 1/24 prior to Adoration on Monday 1/25.
 - a. As an aside, I want you to know that we have adjusted how our singers prepare for Mass. These things are a bit inconvenient, but it's worth it to do our best, safely, in the service Jesus at Mass. I want you to know so that you do not get the impression that some get to sing in church and others don't. Out of caution, our rehearsed singers are following the lead of local schools and Arts organizations: we are singing in masks; we are rehearsing outside as much as possible, in public spaces, sometimes in the dark and cold; we are marking off a maximum distance between us ahead of time; we are going to lengths not to share materials; and we are controlling our standing formation, monitoring wind direction, and limiting the amount of time we spend in one formation without moving. In addition, before our many Masses at Christmas, our group agreed to be Covid tested before gathering (as was recommended by NATS in March 2020.) All singers were confirmed negative prior to our liturgical activities over Christmas. This has been more rigorous process than simply entering the church and singing.
5. The eager person in the pew might ask: "It's great that our musicians are singing more at Mass, but what about me?" As we continue to open to 50% capacity, keeping in mind the Church's own instruction for liturgical solemnity in the directives of *Musicam Sacram*, we will now slowly phase in additional singing, and evaluate. Again, we are taking a long term approach, and knowing that singing is not going away permanently, we are moving deliberately. Here's what's new in 2021:

- a. Expect in the coming weeks to sing the a capella Mass dialogues with the presiders and deacons as they lead you at Mass.
 - b. If the presider desires to sing the Our Father, the assembly will do so.
 - c. In the Liturgy of the Word, we will now reinstate the assembly's singing of the Alleluia, particularly these weeks before Lent.
 - d. During this time of increased congregational singing, please participate in a normal, reverent tone and volume within your mask. This is a time to practice what we call in rehearsal "soft, warm tone." The reverberant, natural acoustics of our space are designed to amplify your voice beyond what each individual detects around him or her; it is not necessary to belt or over-sing the responses to be heard by the Lord or others.
6. The Mass Ordinaries at both English and Spanish Masses will change both in the coming weeks of Winter Ordinary Time and Lent. Normally when the Mass parts change we teach the people before Mass, beginning with the Sanctus. That practice will return eventually, but at the current time, the cantor will continue to sing the Ordinary on your behalf in this phase of re-opening.
- a. In both English and Spanish Mass, the text during this time is in the vernacular for intelligibility.
 - b. The Spanish Ordinary, the Misa Juan Diego, is in a festive cultural style maintaining the joy of Christmas.
 - c. In both languages, the setting for the Gloria has a refrain, so that the listener in the pews has milestones for the hymn's text. Continue to refer to your worship aid for maximum visual clarity, noting:
 - i. The English refrain is the text of the greeting of the Christmas Angels. This is an intentional flavor of the Christmas season running until the Presentation, and highlights the scriptural source of this hymn of Praise.
 - ii. The refrain melody quotes the Church's ancient Mass of the Angels. It is Latin for "Glory to God in the highest and on earth peace to people of good will." This refrain thus facilitates learning via repetition of an important phrase of scripture for Catholics to know in its completion. (And all other Gloria text is in English.)
7. Finally, in the coming weeks, you may notice some familiar hymns in the prelude before Mass. We hope these assist your devotion and preparation (and reward for coming to church early!) as we adjust to the new Mass schedule.

Friends, on behalf of all of us at Co-Cathedral Music, thank you as always for your dedication to sacred music. We were really pleased to praise God in song with you at Christmas. Thank you especially for coming to Carols at the Carillon as we sang outdoors. I regret we didn't take photos because after isolation, it was so wonderful to have eye contact with you. We wish you all God's blessings in the New Year, 2021.

In Christ,

Dr. Crista Miller
Director of Music