

Drawing Life from the Eucharist

Dear brothers and sisters in Christ,

I am glad to return back to Holy Trinity and to parish life centered on the Eucharist with few restrictions - something we have anticipated for many months! At this remarkable time I would like to encourage us to remember the goal of parish life is to enter into an encounter with Christ with our whole selves, convinced of God's power in the Eucharist. What part is God calling you to play in the eucharistic life of his people in our parish?

Here are the general principles and guidelines going forward:

- *All indoor liturgical celebrations will return to normal practice - without capacity limitations, social distancing, sign-up systems, or segregation between those vaccinated and those unvaccinated. Masks may be worn but are not required.*
- *All previous liturgical restrictions are lifted, except for the following:*
 1. *The Precious Blood will not be offered to the faithful.*
 2. *The Sign of Peace will not be exchanged through physical contact.*
- *Cleaning after Masses will continue to take place.*
- *Coffee and donuts will resume as soon as it can be coordinated.*

Effective Friday, July 16, 2021, Archbishop Sample rescinds the dispensation from the obligation to attend Holy Mass on Sundays and holy days of obligation. Canon Law still allows those who are vulnerable, sick, or who have other grave reasons, to miss Holy Mass if necessary. Those unable to attend the Sunday Eucharist for such reasons are asked to honor the Lord in another way that day by watching a livestreamed Mass, praying the rosary, reading sacred Scripture, or otherwise setting aside time to be with the Lord.

Let us proceed with renewed faith and hope in our Eucharistic Lord.

In Christ,

Father Anthony Ahamefula
Pastor