

Recipe for a Happy Catholic Marriage

by a Catholic Wife

3 cups of love

2 cups of commitment

1 cup of selflessness

3/4 cup kindness

3/4 cup of forgiveness

1/2 cup of daily prayer together

2 tsp. obedience to the Church

1 tsp. joy

Pinch of laughter

Generous dash of romance

Take love and combine with commitment and selflessness. Alternately mix with kindness and forgiveness. Fold in daily prayer and obedience. Add joy, laughter and romance. Bake every Sunday for one hour at Mass. Garnish with "I'm sorry." Serve with several children on the side.

(Author's Note: I specifically put obedience to the Church as 2 teaspoons, the amount that would normally be baking powder. I did this because without baking powder the whole recipe would be an abysmal failure. That is how essential it is that we follow God's laws in our marriages. Also, with joy laughter and romance added in dashes, I was thinking about how, like with salt and spice, things might turn out ok without them, but your recipe will sure be better with them!)