

Confirmation Prep Process

Prior Faith Formation: To be eligible for Confirmation, students must have completed 7th and 8th grade Faith Formation, including Catholic Vision of Love. If you have not completed these, we will need to discuss an appropriate formation plan prior to Confirmation.

Preliminary Paperwork

to be completed by May 1

Register: Go to greatgrouping.org/confirmation to register and pay the materials fee of \$40 that covers the costs associated with Confirmation Prep (\$30 to the parish and \$10 for the StrengthsFinder assessment). Financial assistance is available. To complete this form, you will need all the information listed on the Candidate's Baptism Certificate. We need this information to accurately record the reception on Confirmation.

- If you were not baptized at Saints John & Paul Parish, we will need a copy of your Baptismal Certificate dated within the last six months, which can be uploaded to the registration form. We need to see both sides of the document.

You will also complete the [StrengthsExplorer](#) assessment (\$10 of the \$40 fee, this portion submitted directly to StrengthsExplorer) and [submit your results](#) by **May 1**.

Assemble Your Team: Certainly, your parents are part of your team, but there are two other important members:

- **Confirmation Saint Name:** You are choosing a heavenly patron to pray for you during your preparation. Refer to the Confirmation Name Reflection (page 4) to help you discern an appropriate Confirmation Saint Name. You will submit your name choice on the [Additional Information Form](#).
- **Confirmation Sponsor:** Your Sponsor is someone who will walk with you during your preparation and serves as an example of a living relationship with God as a Catholic Christian. Refer to pages 5-6 to help you select a Sponsor. You will need your Sponsor to complete the [Sponsor Registration Form](#) so that we can help them with any paperwork needed from them. Your Sponsor will need to ask his/her Pastor to verify his/her eligibility to serve as a Sponsor:
 - Parishioners at in the Great Grouping will verify their eligibility on the Sponsor Registration Form.
 - Parishioners from other parishes will be given instructions to contact their parish and ask for a Sponsor Certificate.

Sponsor registration and paperwork should be completed no later than May 1.

Diocesan Confirmation Curriculum

The Diocesan Confirmation Curriculum can be covered in one of three ways, and you can register for one when you complete the registration form. The options include:

6-Week Course: Confirmation Candidates and Sponsor or a Parent attend a 6-week course involving both large group instruction and small group discussions. The course options are below and you can register on the [Additional Information Form](#).

- Sundays, April 26 – May 31, 10:05-11:05 AM in the Upper Cardinal DiNardo Center
- Tuesdays, April 28 - June 2, 6:30-7:30 PM in the Upper Cardinal DiNardo Center
- Thursday, April 23 – May 28, 6:30-7:30 PM at Our Lady of Peace

Catholic School and Homeschool Students: If you attended Catholic School in 8th grade or if you homeschooled using a Catholic religion curriculum, then you have already completed the Confirmation Curriculum. You are welcome to attend the 6-Week Course or to complete the Home Study, but you are not expected to do so.

Formative Experiences

to be completed by August 15

Attend a Confirmation Evening of Reflection: An evening of reflection is a short retreat-like experience that presents an opportunity to get away from your usual surroundings and routine to better encounter Jesus. Evenings of reflection will be offered on Saturdays, May 30, June 27, and August 1, beginning with the 5:00 PM Mass and ending at 8:30 PM. Register for your date on the [Additional Information Form](#).

Complete a Service Experience: Service Experiences are an opportunity to foster growth in your emerging talents discovered in the StrengthsExplorer assessment. You can find suggestions for approaching service through your emerging talents in the Spiritual Growth Plans by Theme. more details about many other service experiences offered through the parish at greatgrouping.org/outreach.

Letter to the Pastor: All Candidates for Confirmation write a letter to the Pastor requesting that he present them to the bishop and recommend that they be confirmed. For the sake of consistency, your letter should be formatted as a letter from you, the Candidate, to the Pastor and should include the following:

- Personal introduction including your name, what school you go to, and why you want to receive the Sacrament of Confirmation.
- What is your Confirmation Saint Name, and why did you choose it? Why is this saint/name meaningful to you?
- The name of your sponsor and why you chose this person. What good Catholic qualities does this person possess that makes them a good sponsor?

Letter to the Pastor continued

- What service experience you participated in and what you learned from it.
- What receiving the sacrament of Confirmation means to you.
- What type of Christian man or woman do you envision being in the future?

This letter should be turned into the Faith Formation Department (email or hard copy), and we will give all letters to the Pastor together. Letters must be submitted by August 15 but may be submitted before then. If you email your letter, please email it to cgiuffre@greatgrouping.org and include "Letter to the Pastor" in the subject line. ***Please do not send it directly to the Pastor; it will get lost.***

Final Preparations

Participate in four LifeTeen Events by October 31: LifeTeen is our High School Youth Ministry Program that offers high school students a variety of ways to be involved at the parish and grow in their relationship with Jesus. Any event on the LifeTeen calendar counts as a LifeTeen Event for Confirmation Prep. Find out more at greatgrouping.org/teens or contact our Director of Youth Ministry, Nick Sciarappa, at nsciarappa@greatgrouping.org. Follow LifeTeen on Instagram @ssjplifeteen.

Participation in ***Catholic Heart Workcamp (July 5-11)*** counts as your Evening of Reflection, your Service Experience, and three of four LifeTeen events. Participation in the ***Steubenville Youth Conference (July 17-19)*** counts as your Evening of Reflection and three of four LifeTeen events. Contact Nick ASAP for details and to sign up.

Attend Rehearsal and Confirmation: Rehearsal will be the Saturday before Confirmation from 9:00-10:00 AM in the main church. Candidates and Sponsors should attend. If a Sponsor cannot make it, a Parent should attend in his/her place. Confession will be available immediately following rehearsal.

Confirmation Mass Day

Confirmation Masses are schedule at the discretion of the Bishop. We will not know our date and time until the Bishop's Office informs us of it. Typically we are given a Sunday afternoon in November, in which case Confirmation Mass counts as Sunday Mass.

If your Sponsor is unavailable on the date we are given, a Proxy Sponsor can stand in during the Mass. The Proxy must also register as a Sponsor (see bottom of page 1).

If you are unavailable on the date we are given, we will publicize neighboring parishes' dates once we receive them.

Confirmation Name Reflection

“Christians treat the name of a person reverently, because the name is profoundly connected with that person’s identity and dignity. From time immemorial, Christians have selected names for their children from the list of the saints; they do so in the belief that the patron saint is an example for them and will intercede with God for them in a special way.” (YOUCAT #361)

1. Why did your parents choose the name they gave you? Were you named after a beloved relative or a favorite saint? If so, who? What about this person inspired them to name you?
2. What does your name mean? (Ex: “George” means “farmer” [www.BehindTheName.com])
3. What is the name of someone whom you see as a good role model of faith?
4. What does that person’s name mean?
5. What are a few other names that you like (because they are strong names, pretty names, etc.)?
6. What does each of these names mean?
7. Who is your favorite Saint, or who is the Saint celebrated on your birthday? What does this name mean?
8. What is a personality trait(s) of a holy person that you would like to develop? (Ex: patience, piety, humility, etc)
9. What name(s) mean these traits? (Ex: Irene is a female name that means “peace”)

Now that you have several meaningful names to work with, you need to choose one that will be your Confirmation Name. Once you have chosen a name, find a Saint that is associated with that name. If there is no Saint with your name, try to find a Saint with a derivation of your name (i.e. Giovanni, Joan, Janis, Johanna, Sean, Ivan, Juan, and Jean are all derivations of John). Regardless of your gender, you can choose a Saint of either gender.

Role, Eligibility, and Verification of the Sponsor According to the Diocese of Pittsburgh

Role: A sponsor must be a person who knows the candidate and can help him/her on his/her spiritual journey and can share his/her own faith. This selection should be indicated at the beginning of the candidate's immediate preparation. Ideally, it should be someone who has been already involved in the spiritual formation of the candidate, such as a godparent or member of the local parish.

Eligibility: A sponsor:

- Must be a practicing Catholic in good standing with the Church.
- Must be at least sixteen years old (exceptions can be made with Pastor's approval).
- Must belong to the Catholic Church and have been initiated in the sacraments of Baptism, Confirmation, and Eucharist.
- Must not be prohibited by law from exercising the role of sponsor.
- May be the same sponsor the individual had at Baptism.
- May be a new sponsor selected specifically for Confirmation.
- May be either male or female for any candidate.
- Note: Parents are no longer eligible as sponsors. (1983 – Code of Cannon Law)

All Sponsors need to register at greatgrouping.org/sponsor. We will work directly with each Sponsor to get the proper verification in a timely fashion. Sponsors who belong to the Great Grouping will attest to their eligibility online using the following statements:

1. I declare that I am a baptized and confirmed Catholic, and that I am a registered member of Sts. John and Paul Parish.
2. I believe all that the Catholic Church believes and teaches, and I truly make a serious effort to live a good moral life worthy of imitation.
3. As a practicing Catholic, I participate at Mass on Sundays and Holydays, and I receive the Sacraments of Reconciliation and Eucharist regularly.
4. If married, I have been validly married in accordance with Canon Law.
5. I realize that I assume a great responsibility before God and the Church in becoming a sponsor. I intend to encourage my candidate in the practice of the Catholic faith by word and example.

Sponsors from other parishes will need to obtain a **Sponsor Form** (aka Certificate of Eligibility) from his or her parish, stating that he or she is eligible to serve as a sponsor for Confirmation (using the same or similar questions as are listed above).

Choosing a Sponsor

Your Sponsor is someone who will walk with you during your Confirmation Preparation and who serves as an example of a living relationship with God as a Catholic Christian in good standing. In addition to finding someone who is eligible to serve as a Sponsor, consider the following questions:

1. Who are my godparents? Am I comfortable talking to either of them about spiritual things?
2. Am I comfortable talking with any of my siblings, cousins, aunts, or uncles about spiritual things? If so, who?
3. When I think about good Catholic role models in my life, who comes to mind? Are any of these people someone I could ask to be my Confirmation Sponsor?
4. Of all these names, who am I most comfortable asking to serve as my Confirmation Sponsor?

Need to reach us?

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