

Shiner Catholic School  
COVID-19 Athletic Guidelines  
2020-21

1. Hand washing will always be the first preference before and after activity. However, hand sanitizer will be provided and required upon entering and exiting locker rooms, weight room, gymnasium, and on the bus and any other situation where washing hands may not be possible.
2. Face coverings will be required in locker rooms at all times. Face coverings will be required in the weight room and gymnasium when not engaged in physical activity.
3. Athletes may wear face coverings if they choose during activity but it is not required.
4. Social distancing will be required in all situations when possible.
5. All indoor facilities will be kept to 50% capacity.
6. Locker rooms, weight room, and gymnasium will be cleaned and sanitized after use.
7. All equipment will be cleaned and sanitized after use.
8. Athletes must bring clean water containers and clean personal towels each day. They should bring water to start practice and we will provide clean sanitary methods for refilling water during practice.
9. Only authorized personnel wearing gloves will be allowed to refill water. Athletes will not be able to do this.
10. Bus rides will be socially distanced and face coverings will be required. Athletes will use hand sanitizer when boarding and exiting the bus.
11. **Students who are sick will not attend athletic practices or sporting events.**