


St. Anthony's Catholic School

November 2019

Mon	Tue	Wed	Thu	Fri
				1
1c. beef & macaroni cass. 1/2c carrots 1/2c. fruits for salad 1 pc lemon bar	3 oz. Salisbury steak 1/2c. scalloped potatoes 1/2c. peas 1/2c. pineapple	3 oz. BBQ ribs 1/2c. cheesy hash browns 1/2c. vegetable 1/2c. applesauce	1 chicken casserole 1/2c. broccoli 1/2c. mandarin oranges 1 cookie	3 oz. roast beef 1/2c. mashed potato/gravy 1/2c. vegetable 1/2c. fruit cup
4	5	6	7	8
3 oz. polish sausage 1/2c. garlic mashed potatoes 1/2c. baked beans 1/2c. strawberries over 1 pc angel food cake	1 c. lasagna 1/2c. carrots 1pc fresh fruit 1pc garlic bread	2 chicken fritters 1/2c French fries 1/2c. fruits for salad 1 cookie	3 oz. roast beef 1/2c. mashed potato/ gravy 1/2c broccoli 1/2c. peaches	3 oz. fish w/ tartar sauce 1/2c. bu. Whole potatoes 1/2c. corn 1/2c. peaches
11	12	13	14	15
1/2c. meat sauce over 1c. noodles 1/2c. broccoli 1/2c. pears 1pc garlic bread	1/2c. scrambled eggs 2 sausage 2 potato pancakes / syrup 1/2c. applesauce	1 c. chicken dumpling soup w/crackers 2 oz. ground ham 1 dill pickle 1/2c. pineapple	1 4x6 pizza 1/2c. raw veg. / dip 1/2c. pears 4 oz. chocolate ice cream	
18	19	20	21	22
1/2c. beef tips in gravy Over 1c. noodles 1/2c. mixed veg. 1pc fresh fruit 1 rice krispy bar	1 c. lasagna 1/2c peas & carrots 1 banana 1pc garlic bread	<i>No School</i>	3 oz. meatloaf 1/2c. cheesy hash browns 1/2c. carrots 1 cookie	1 c. macaroni & cheese 1/2c vegetable 1/2c. peaches w/cottage Cheese
25	26	27	28	29
			No school  HAPPY THANKSGIVING!	No school

**1% or skim chocolate milk served daily / bread, bread subs and butter served daily