

# St. Anthony's Catholic School

## October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% Or Chocolate skim milk, bread or bread sub and butter served daily.</p> 			<p>1 3 oz. meatloaf 1/2c. Cheesey potatoes 1/2c. Baby carrots 1/2c. Fruit</p>	<p>2 1c. Macaroni &amp; Cheese 1/2c. Calico Beans 1 pc Fresh Fruit 1pc chocolate cake</p>
<p>5 1c. Beef n gravy over 1/2c. Mashed potatoes 1/2c. Mixed vegetable 1/2c. Pears 1pc Rice Krispie bar</p>	<p>6 4 oz. BBQ chicken 1/2c. Buttered whole potato lettuce w/ dressing 1pc Fresh fruit</p>	<p>7 3 oz. Salisbury Steak 1/2c. Augratin potatoes 1/2c. Carrots 1/2c. Peaches</p>	<p>8 1 4x6 pizza 1/2c. Raw vegetables &amp; dip 1/2c. Mandarin oranges 4 oz. Ice cream</p>	<p>9 2 oz. sloppy joe on bun 1 pkg Sunchips 1/2c. Baked beans 1 banana</p>
<p>12 Columbus Day 1 c. beef stew lettuce w/ dressing 1 pc fresh fruit 4 oz. jello</p>	<p>13 2 chicken fritters w/ sauce 1/2c. French fries 1/2c. Pineapple 1 cookie</p>	<p>14 1c. Chili w/ crackers 3 oz. hotdog w/ bun dill spears 1/2c. Peaches</p>	<p>15 Build a burger w/ fixings: hamburger, cheese, lettuce, tomato, onions 1 pkg. sunchips dill spears 1/2c. Mandarin oranges</p>	<p>16 3 oz. roast beef 1/2c. Mashed potato w/gravy 1/2c. Vegetable 1 pc brownie</p>
<p>19 1 c. Beef &amp; Macaroni Casserole 1/2c. Carrots 1/2c. Pears 1 blueberry muffin</p>	<p>20 3 oz. salisbury steak 1/2c. Scalloped potatoes 1/2c. Pineapple 1 cookie</p>	<p>21 3 oz. BBQ Rib on bun 1/2c. Cheesey potatoes 1/2c. Green beans 1/2c. Applesauce</p>	<p>22 3 oz. Corndog 1/2.c French Fries 1/2c. Raw Broccoli Salad 1 pc Fresh Fruit</p>	<p>23 <b>No School</b></p>
<p>26 3 oz. polish sausage / bun 1/2c. Baked beans 1/2c. Mandarin oranges 1/2c. Strawberries over 1pc angelfood cake</p>	<p>27 1 c. Lasagna 1/2c. Carrots lettuce w/ dressing 1pc fresh fruit 1pc garlic bread</p>	<p>28 2 Chicken fritters w/ sauce 1/2c. French fries 1/2c. Fruits for salad 1 pc carrot cake</p>	<p>29 3 oz. Roast beef 1/2c. Mashed potato / gravy 1/2c. Broccoli 1/2c. Peaches</p>	<p>30 <b>No school</b></p>