




October 2019 Elementary Breakfast Menu




Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Waffle w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grilled Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits (optional) Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits (optional) Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Waffle w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grilled Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits (optional) Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Chicken Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancakes w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Breakfast Pizza AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapple (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>French Toast w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Beignets & Donuts AND Grill Cheese Triangle (Pre-K) AND Cereal & Toast AND Grits (optional) Assorted Fruit Chilled Mandarin Oranges (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>
<p>Sausage Biscuit AND Cereal & Toast AND Grits Assorted Fruit Chilled Pears (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Waffle w/ Sausage Patty AND Cereal & Toast AND Grits Assorted Fruit Chilled Applesauce (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p>	<p>Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Assorted Fruit Chilled Pineapples (Pre-K) Fresh Fruit Potato Rounds Tomato Juice Milk</p>	<p>Pancake Wrapped Sausage AND Cereal & Toast AND Grits Assorted Fruit Chilled Peaches (Pre-K) Fresh fruit Potato Rounds Tomato Juice Milk</p> <p>HAPPY HALLOWEEN </p>	



October 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (PK) Cinnamon Roll Milk</p> <p>Hot Ham & Cheese on Bun</p>	<p>BRUNCH FOR LUNCH Pancakes Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(PK) Milk</p> <p>Chicken Sandwich on Bun</p>	<p>PK---Chicken Smackers K-7th---Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Frenchbread Milk</p> <p>Hamburger w/wo Cheese on Bun</p>	<p>Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (PK) Biscuit Brownie Milk</p> <p>Boneless Wings</p>
<p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (PK) Cornbread Milk</p> <p>Sloppy Joe on Bun</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (PK) Cinnamon Roll Milk</p> <p>Pepperoni Pizza</p>	<p>Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Southern Butter Roll Milk</p> <p>Hamburger w/wo Cheese on Bun</p>	<p>Shrimp Boil with Dutch Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (PK) French Bread Milk</p> <p>White Grilled Cheese Sandwich w/ Soup</p>	<p>Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches(PK) Garlic Roll Cookie Milk</p> <p>General Tso Chicken Smackers</p>
<p>Chicken & Sausage Jambalaya (Oven Recipe) BlackEyed Peas Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Cornbread Milk</p> <p>Hamburger w/wo Cheese on Bun</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (PK) Cinnamon Stick Milk</p> <p>Chicken Tenders</p>	<p>Shrimp Pasta Carrot Souffle Seasoned Green Beans Assorted Fruit Fresh Fruit Chilled Pears (PK) Frenchbread Milk</p> <p>Loaded Nacho Supreme Bowl</p>	<p>Chicken Parmesan with Pasta Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Garlic Roll Milk</p> <p>Pepperoni Pizza</p>	<p>Beef Stew Steamed Rice Seasoned Green Peas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (PK) Southern Butter Roll Rice Krispie Treat Milk</p> <p>Chicken Sandwich</p>
<p>Sweet Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Southern Butter Roll Milk</p> <p>Sloppy Joe on Bun</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Cinnamon Roll Milk</p> <p>Yellow Grilled Cheese Sandwich</p>	<p>White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (PK) Cornbread Milk</p> <p>Hamburger w/wo Cheese on Bun</p>	<p>Meatsauce and Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (PK) Garlic Roll Milk</p> <p>Creamy Ranch Chicken Pita Pocket</p>	<p>Chicken & Sausage Gumbo Steamed Rice Seasoned Green Beans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (PK) Biscuit Cake Milk</p> <p>Pepperoni Pizza</p>
<p>Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Southern Butter Roll Milk</p> <p>Tex-Mex Melt</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (PK) Cinnamon Roll Milk</p> <p>Hot Ham & Cheese on Bun</p>	<p>BRUNCH FOR LUNCH Biscuit Scrambled Eggs Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(PK) Milk</p> <p>Chicken Sandwich on Bun</p>	<p>PK---Chicken Smackers K-7th---Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Frenchbread Milk</p> <p>HAPPY HALLOWEEN </p> <p>Hamburger w/wo Cheese on Bun</p>	<p>NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2019</p> 

Nutrition Day
Banana Peppers



October 2019 Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Hot Ham & Cheese on Bun Golden Corn Fries Assorted Fruit Fresh Fruit Chilled Pears(PK) Cinnamon Roll Milk	2 Chicken Sandwich on Bun Shredded Lettuce/Tomato/Pickle Baby Carrots Assorted Fruit Fresh Fruit Chilled Peaches (PK) Milk	3 Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Milk	4 Boneless Wings Roasted Broccoli Buttered Mashed Potatoes Assorted Fruit Fresh Fruit Chilled Pineapples(PK) Biscuit Brownie Milk
7 Sloppy Joe on Bun Baked Beans Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Milk	8 Pepperoni & Cheese Pizza Golden Corn Popeye Salad Assorted Fruit Fresh Fruit Chilled Pears (PK) Cinnamon Roll Milk	9 Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Glazed Carrots Fries Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Milk	10 White Grilled Cheese Sandwich w/ Soup Corn on Cob Caesar Salad Assorted Fruit Fresh Fruit Chilled Pineapples (PK) Milk	11 General Tso Chicken Smackers Roasted Broccoli Fries Assorted Fruit Fresh Fruit Chilled Peaches (PK) Garlic Roll Cookie Milk
14 Hamburger on Bun w/wo Cheese Baked Beans Shredded Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Chilled Applesauce(PK) Milk	15 Chicken Tenders Golden Corn Fries Assorted Fruit Fresh Fruit Chilled Peaches (PK) Cinnamon Stick Milk	16 Loaded Nacho Supreme Bowl Shredded Lettuce & Tomatoes Carrot Souffle Assorted Fruit Fresh Fruit Chilled Pears(PK) Milk <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> Nutrition Day Banana Peppers </div>	17 Pepperoni & Cheese Pizza Caesar Salad Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Milk	18 Chicken Sandwich Shredded Lettuce/Tomato/Pickle Fries Assorted Fruit Fresh Fruit Chilled Pineapples (PK) Rice Krispie Treat Milk
21 Sloppy Joe on Bun Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce(PK) Milk	22 Yellow Grilled Cheese Sandwich Golden Corn Fries Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Cinnamon Roll Milk	23 Hamburger on Bun w/wo Cheese Baked Beans Shredded Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Chilled Pears(PK) Milk	24 Creamy Ranch Chicken Pita Pocket Romaine Lettuce&Tomato Cup Fries Assorted Fruit Fresh Fruit Chilled Pineapples(PK) Milk	25 Pepperoni & Cheese Pizza Seasoned Green Beans Fries Assorted Fruit Fresh Fruit Chilled Peaches (PK) Cake Milk
28 Tex- Mex Melt Glazed Carrots Fries Assorted Fruit Fresh Fruit Chilled Applesauce (PK) Milk	29 Hot Ham & Cheese on Bun Golden Corn Fries Assorted Fruit Fresh Fruit Chilled Pears(PK) Cinnamon Roll Milk	30 Chicken Sandwich on Bun Shredded Lettuce/Tomato/Pickle Baby Carrots Assorted Fruit Fresh Fruit Chilled Peaches (PK) Milk	31 Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (PK) Milk 	<div style="background-color: #e91e63; color: white; padding: 5px; text-align: center;"> NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2019 </div>

October 2019 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Goldfish and 6.75oz Juice	2 Cereal and 8oz Milk	3 Scooby Doo Graham Cracker Sticks and 8oz Milk	4 Cool Ranch Doritos and 6.75 oz Juice Pre-K Only- Goldfish and 6.75 oz juice
7 Scooby Doo Graham Cracker Sticks and 8 oz. Milk	8 Goldfish and 6.75oz Juice	9 Cereal and 8oz Milk	10 Grandma's Chocolate Chip Cookies and 8oz Milk	11 Nacho Cheese Doritos and 6.75oz Juice Pre-K Only- Goldfish and 6.75 oz juice
14 Grandma's Chocolate Chip Cookies and 8oz Milk	15 Goldfish and 6.75oz Juice	16 Cereal and 8oz Milk	17 Scooby Doo Graham Cracker Sticks and 8oz Milk	18 Cool Ranch Doritos and 6.75 oz Juice Pre-K Only- Goldfish and 6.75 oz juice
21 Scooby Doo Graham Cracker Sticks and 8 oz. Milk	22 Goldfish and 6.75oz Juice	23 Cereal and 8oz Milk	24 Grandma's Chocolate Chip Cookies and 8oz Milk	25 Nacho Cheese Doritos and 6.75oz Juice Pre-K Only- Goldfish and 6.75 oz juice
28 Grandma's Chocolate Chip Cookies and 8oz Milk	29 Goldfish and 6.75oz Juice	30 Cereal and 8oz Milk	31 Scooby Doo Graham Cracker Sticks and 8oz Milk HAPPY HALLOWEEN 	