



Week 5 - Apostles' Creed

Parents - Instructions: Before beginning this lesson, please take a few minutes together as a couple, or by yourself, to read and reflect on the "Scripture Reading" and "Discussion Questions". Next, read the Scripture passage and the lesson to/with your child(ren). Then, as a family, discuss a few of the questions. Parents, please be sure to share *your* answers, thoughts, and questions with your child(ren) as well. It's ok to not know everything about our faith. Your parish leadership is happy to help you find answers.

Scripture Reading: [John 17:22-23](#)

Virtue: Seeking Unity

"...One Lord, one faith, one baptism; one God and Father of all,
who is over all and through all and in all." ~ Ephesians 4:5-6

Theme: The Unity of Church

Parents - Read to/with your Child(ren):

"Our Church is made up of many people, with many different opinions and ways of thinking about things. It's been this way since the beginning. As you can see from these two scripture quotes, it is very important to Jesus that we try our hardest to be united. Although we are many parts, we are called to be one body. Like the Trinity, God the Father, the Son and the Holy Spirit, are distinct, yet one.

After Jesus went to heaven He sent the Holy Spirit to guide us as a Church. Through the guidance of the Holy Spirit, the Apostles, and the Bishops who came after them, help keep us together. They help us to understand when a teaching goes against what Jesus taught. The Apostles' Creed was created to clarify, and help us remember, the truth about who God is and who we are in Him.

The word Creed comes from the Latin word *Credo*, which means, *I Believe*. When we pray the Apostles' Creed, we are proclaiming what we believe as individuals, and as a Church. As we pray these truths we are united to millions of Catholics around the world. In order to stay united we must continue to seek Truth in Love. As you pray the Apostles' Creed each day this week, try to listen carefully and notice what we believe about God the Father, the Son, the Holy Spirit and how we are to live as Christians."

Discussion Questions (to help start the family conversation)

Young Child(ren) (& 1st Reconciliation/1st Communion Students)

1. What does the Apostles' Creed teach us about Jesus Christ?
2. Why is it important for a team to have the same goal and follow the same rules to the game?

Older Child(ren) (& Confirmation Students)

1. Why is it important that we understand (as best we can) what we say we believe?
2. What parts of the Apostles' Creed are confusing to you?

Prayer: Each day this week, as a family, please pray the **Apostles' Creed** (see below).

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Additional Resources: <https://watch.formed.org/videos/the-creed>



Family Rosary Curriculum (FRC)

Catechetical Evangelization - Faith Formation & Sacramental Preparation



The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

