



# Family Rosary Curriculum (FRC)

Evangelizing Catechesis - Faith Formation and Sacramental Preparation



## Overview

*“The cycles of meditation proposed by the Holy Rosary...bring to mind what is essential and they awaken in the soul a thirst for a knowledge of Christ continually nourished by the pure source of the Gospel”*

*~ Pope St. John Paul II.*

**Description:** In-home faith formation led by parents for young people preparing to receive the Sacraments of Reconciliation, First Holy Communion, and Confirmation. Using the rosary as a guide, parents and children will come to better understand many of the traditional prayers of the Catholic faith, and through discussion and prayer, as a family will enter deeper into the life, death, and resurrection of our Lord Jesus Christ.

Wk	Prayer Focus	Virtue/Fruit	Sacramental Preparation Theme
1.	Sign of the Cross (Matthew 28:19-20)	Prayer	The Holy Trinity
2.	Our Father (Matthew 6:9-14)	Trust	God Loves You
3.	Hail Mary (Luke 1:28 & Luke 1:42)	Faithful Family	The “Mother of God”
4.	Glory Be / Fatima Prayer (Psalm 117:1-2)	Awe/Reverence	Eyes on Heaven
5.	Apostles’ Creed (John 17:23)	Seeking Unity	The Unity of Church
6.	Act of Contrition (Luke 15:18-24)	Openness to Guidance	Contrition
7.	<b>Joyful Mysteries</b> The Annunciation of Gabriel to Mary (Luke 1:26-38)	Humility	Love God (Free Will)
8.	The Visitation of Mary to Elizabeth (Luke 1:39-56)	Charity	Love Your Neighbor
9.	The Birth of Our Lord (Luke 2:1-21)	Detachment	You Can Trust God
10.	The Presentation of Our Lord (Luke 2:22-38)	Obedience	Why We Need Church
11.	The Finding of Our Lord in the Temple (Luke 2:41-52)	Piety	Listening to the Word of God
12.	<b>Luminous Mysteries</b> The Baptism of Our Lord in the River Jordan (Mt 3:13-16)	Openness to the Holy Spirit	Living as the Beloved
13.	The Wedding at Cana (Jn 2:1-11)	To Jesus through Mary	“Have Life More Abundantly”
14.	The Proclamation of the Kingdom of God (Mark 1:14-15)	Repentance & Trust in God	“Sacrament” & Reconciliation

15.	The Transfiguration of Our Lord (Matthew 17:1-8)	Desire for Holiness	True Happiness (Morality / Commandments)
16.	The Last Supper – Institution of the Holy Eucharist (Mt 26)	Love of Eucharist	Eucharist - True Presence
17.	<b>Sorrowful Mysteries</b> The Agony of Our Lord in the Garden (Matthew 26:36-56)	Contrition & Conversion	Temptation & Conscience
18.	Our Lord is Scourged at the Pillar (Matthew 27:26)	Purity	Sin = Destruction
19.	Our Lord is Crowned with Thorns (Matthew 27:27-31)	Fortitude	Continuous Conversion
20.	Our Lord Carries the Cross to Calvary (Matthew 27:32)	Perseverance in Trials	Grace (God's Life in Us)
21.	The Crucifixion of Our Lord (Matthew 27:33-56)	Forgiveness of Others	Forgiving Others
22.	<b>Glorious Mysteries</b> The Glorious Resurrection of Our Lord (John 20:1-29)	Faith	Power of Prayer
23.	The Ascension of Our Lord (Luke 24:36-53)	Hope	Gratitude
24.	The Descent of the Holy Spirit at Pentecost (Acts 2:1-41)	Gifts of the Holy Spirit	The Holy Spirit in Your Life - Confirmation
25.	The Assumption of Mary into Heaven (Hebrews 12:1)	Devotion to Our Lady	Communion of Saints
26.	The Coronation of Mary as Queen of Heaven and Earth (Revelation 12:1 & John 19:26-27)	Eternal Happiness	Living as Church in the World – You Are Sent