



# Family Rosary Curriculum (FRC)

Catechetical Evangelization - Faith Formation & Sacramental Preparation



## Week 9 - The Birth of Our Lord Jesus (The Nativity)

**Parents - Instructions:** Before beginning this lesson, please take a few minutes together as a couple, or by yourself, to read and reflect on the “Scripture Reading” and “Discussion Questions”. Next, read the Scripture passage and the lesson to/with your child(ren). Then, as a family, discuss a few of the questions. Parents, please be sure to share *your* answers, thoughts, and questions with your child(ren) as well. It’s ok to not know everything about our faith. Your parish leadership is happy to help you find answers.

**Scripture Reading:** [Luke 2:1-21](#)

**Virtue:** Detachment

“I have learned the secret of facing plenty and hunger, abundance and need.  
I can do all things through him who strengthens me.” ~ St. Paul (Phil 4:12-13)

**Theme:** You Can Trust God

**Parents - Read to/with Child(ren):**

“The third Joyful Mystery of the holy Rosary is the birth of our Lord Jesus. As we pray this decade of the rosary we imagine what it must have been like when Jesus was born. When we say “decade of the Rosary” we mean, set of 1 Our Father, 10 Hail Mary’s, 1 Glory Be, and 1 O My Jesus prayer. As our mouths are praying these words over and over, our minds are freed up to think about the mystery.

Joseph and Mary had to leave their home. The government was telling them they had to travel a long way to Bethlehem and at one of the worst times! Mary was very far along in her pregnancy and she had to travel rough, dangerous roads and not in a comfortable car or train! Joseph and Mary were poor travelers. They did not have much to protect or comfort them from the heat and cold of the desert. And when they arrived where they were told to go, there was nowhere to sleep! Finally someone let them stay in a stable with the animals. Jesus was born safely and there was much rejoicing!

An angel even told nearby shepherds about this amazing event and told them the words we all need to hear and remember: “Do not be afraid...I proclaim to you good news of great joy...”. Our God always loves and cares for us. Sometimes when we have more than we need, we forget about God. Sometimes when we don’t have enough, we don’t trust God. He blesses us with what we need, even if it is not everything we want. We can do all things through Him who strengthens us! And this truly is Good News of Great Joy!”

**Discussion Questions** (to help start the family conversation)

**Young Child(ren)** (& 1st Reconciliation/1st Communion Students)

1. Share 10 things you want to thank God for, even the ones that seem little or silly.
2. When is it hard for you to trust God? What will help you remember to trust Him next time?

**Older Child(ren)** (& Confirmation Students)

1. Share a time when you were afraid. Can you see how God was present in that situation?
2. Try to think of how you might share with a friend that Jesus is truly “Good News of Great Joy”.



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**Prayer:** Each day this week, as a family, please pray 1 Our Father.

Also, please make time this week, as a family, to pray together 1 decade of the Rosary while meditating on this third Joyful Mystery - "The Birth of our Lord". Focusing on the image below can be helpful during this prayer.

(1 Decade = 1 Our Father, 10 Hail Mary's, 1 Glory Be & the Fatima (O My Jesus) Prayer - [Click Here for help](#)).

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